Breastfeeding Pre-Test

For the following questions, circle **T** if the statement is true, and **F** if the statement is false.

1. You should always wear gloves when handling human milk. **T**
2. Breastfed babies have fewer ear infections. **T**
3. Babies who receive formula have more diarrhea than those who do not. **F**
4. Supporting breastfeeding is part of my job. **T**
5. If a child is not breastfed, she is more likely to die of SIDS. **T**
6. Formula contains all of the components in human milk. **F**
7. I can affect whether or not a mother continues breastfeeding her baby. **T**
8. A good way to feed a baby cereal is in a bottle. **F**
9. The longer a mother breastfeeds, the better it is for her health. **T**
10. If a mother’s diet is poor, she should not breastfeed. **F**
11. It is best if babies receive only mother’s milk until they are six months old. **T**
12. Microwaving is a good way to warm bottles. **F**
13. It is best for everyone if babies are fed on a schedule. **T**
14. Human milk will spoil if left at room temperature for an hour. **F**
15. You should always wear gloves when handling bottles of formula. **F**
16. Most babies should start eating solid foods at about 4 months of age. **T**
Breastfeeding Post-Test

For the following questions, circle T if the statement is true, and F if the statement is false.

1. You should always wear gloves when handling human milk.  
2. Breastfed babies have fewer ear infections.  
3. Babies who receive formula have more diarrhea than those who do not.  
4. Supporting breastfeeding is part of my job.  
5. If a child is not breastfed, she is more likely to die of SIDS.  
6. Formula contains all of the components in human milk.  
7. I can affect whether or not a mother continues to breastfeed her baby.  
8. A good way to feed a baby cereal is in a bottle.  
9. The longer a mother breastfeeds, the better it is for her health.  
10. If a mother’s diet is poor, she should not breastfeed.  
11. It is best if babies receive only mother’s milk until they are six months old.  
12. Microwaving is a good way to warm bottles.  
13. It is best for everyone if babies are fed on a schedule.  
14. Human milk will spoil if left at room temperature for an hour.  
15. You should always wear gloves when handling bottles of formula.  
16. Most babies should start eating solid foods at about 4 months of age.