Diaper Changing Procedure

1. Get Ready
   - Wash your hands and gather supplies (see supply list).
   - Put on disposable gloves.
   - Carry child to changing area.

2. Change the Diaper
   - Remove diaper and clean child with wipes front to back.
   - Throw away used diaper, wipes, and gloves.
   - Clean your hands with a wipe.
   - Clean child’s hands with a damp paper towel.
   - Place new diaper under the child, and apply diaper cream (as needed) using tissue.

3. Wash Child’s Hands
   - Wash child’s hands following the appropriate procedures.
   - Return child to supervised play.

4. Wash, Rinse and Disinfect Diapering Changing Area
   - Spray the diaper area with soapy water and wipe with single-use towel.
   - Spray with clean water and wipe with single-use towel.
   - Spray disinfecting solution onto the mat or floor area.
   - Leave on for recommended contact time and then wipe dry with single-use paper towel. Rinse if needed according to label.

5. Wash Your Hands
Diaper Changing Supplies

Before every diaper change, gather the following supplies and have them within reach:

**Gloves**

**Fresh diaper**

**Disposal wipes** removed from container. Remove enough to clean the child and to wipe your hands during the diaper change.

**Damp paper towel** to wipe the child’s hands during the diaper change.

**Diaper cream** (if needed) - removed from container and placed on tissue.

**Clean clothes** (if needed).

**Plastic bag** for soiled clothing (if needed).

**Hands-free trash container** to dispose of diaper, wipes, and gloves.