

# HAND WASHING STEPS for INFANTS

## For **infants** unable to support their heads:

1. Wet infant's hands with a damp paper towel.
2. Clean infant's hands with a damp, soapy paper towel.
3. Rinse infant's hands with a clean, wet paper towel.
4. Dry infant's hands with a dry paper towel.

## For **infants** who can support their heads:

1. Carry the infant to the sink.
2. Wash and dry the infant's hands following the hand washing procedure.

**DO** place one foot on a 12" stepstool and support infant on your knee (if needed).

**DO NOT** push the infant's tummy into the sink.

## For **infants** who can stand at the sink:

1. Assist child to sink if needed.
2. Help wash and dry the infant's hands following the hand washing procedure.
3. Make sure to use a paper towel to turn the faucet off.