

24 Hour Crisis &
Information Hotline:
303.444.2424

Advocates are
available 24 hours
a day, seven days a
week, and offer:

- Crisis intervention, support and safety planning
- Screening for SPAN services
- Referrals to community resources
- Information on the dynamics of domestic violence

Who should call
SPAN's Crisis &
Information Hotline?

- Individuals who have experienced violence and abuse in their relationship
- People who are struggling with past experiences of domestic violence
- Friends, family, co-workers, caregivers of survivors who want to learn more about domestic violence and how to help
- Service providers working with survivors



Support SPAN

Make a Contribution

Donate online at:
www.safehousealliance.org

Mail your donation to:
**SPAN, 835 North Street,
Boulder, CO 80304**

- Become a SPAN Volunteer
- Donate
- Host a donations drive or fundraiser

Contact: info@safehousealliance.org

Call: 303.449.8623



safehouse
progressive alliance
for nonviolence

SPAN is a human rights organization committed to ending violence against adults, youth and children through support, advocacy, education and community organizing.

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24-Hour Crisis & Information Hotline
303.444.2424

Boulder Outreach Center
835 North Street, Boulder CO 80304
303.449.8623

Tri-City Program
655 Aspen Ridge Drive,
Lafayette CO 80026
303.673.9000

www.safehousealliance.org

info@safehousealliance.org

SPAN Services:

Emergency Shelter

Shelter, food, clothing, counseling and case management are available for adults and their children at SPAN's confidential shelter facility.

Counseling

Individual and group counseling sessions are available at SPAN offices in Boulder, Lafayette, and Broomfield for survivors and their children. Services are available in both English & Spanish.

Legal Advocacy

Support, assistance and information around legal issues related to civil, criminal, and immigration matters. Court Advocates are available at Boulder and Broomfield Courts to assist with Civil Protection Orders, answer questions about the legal process, and accompany victims to hearings.

Transitional Services

Long term case management, support and assistance in applying for community resources, including affordable housing programs, skill building workshops and support groups.

Training & Education

Presentations and trainings are available for civic, professional, and community groups. K-12 school-based violence prevention curriculum for students, consultation, and training for school staff, parent education, and assistance are available in both Spanish & English.

Safety Planning Basics

Safety planning addresses the current risks that you have identified and helps you prioritize for safety around each of these risk factors. Safety planning can include strategies for remaining in a relationship or for leaving.

Safety planning is specific to you, your situation, your priorities. Remember: you are the expert in your own life. You cannot control a partner's behavior but you can choose how you respond. Trust your own instincts about what options are best for you.

- Tell someone about the abuse if you can.
- Determine a safe location where you can go if you feel threatened.
- Be aware that using your debit or credit card can potentially be easily accessed by your partner and may reveal your location.
- Be careful when using technology. Clear your internet browsing history. Use privacy controls on social media. Find out more at www.stoprelationshipabuse.org/technology-safety.
- Keep a dated and detailed record of abuse, threats, stalking.
- Calling the police may be useful for some individuals, either to provide immediate help or to document an incident or history of abuse.

We are here to help! Call SPAN's Crisis & Information Hotline at 303.444.2424 for help crafting your own safety plan.

Are you in an abusive relationship? Are you worried about someone you know?

Safehouse Progressive Alliance for Nonviolence (SPAN) offers support and services that provide healing, hope and opportunity to adults, youth and children who have been impacted by domestic or dating violence.

Since 1979, SPAN has supported thousands of survivors and their children as they build lives that are safe, stable and self sufficient.

SPAN's 24-hour crisis hotline is available 7 days a week with information, resources and referrals.

Services include:

Emergency shelter, crisis intervention, counseling for adults and children, legal advocacy, transitional services and community education/training.

All services are available in English and Spanish.

Services for survivors and their children are confidential and free.*

(*Please consult SPAN advocates about issues involving child abuse or when an individual is in imminent risk to themselves or others.)