

## Testing Do's

And

Don'ts

- Call the testing line <every> day and as early as possible after 5:00 a.m. When you have to test, you'll be able to plan your day accordingly.
- Planning your day includes having the money necessary to test and consuming a moderate amount of liquids (that you are allowed to consume) until you provide that day's test. This will avoid providing a dilute sample.
- Plan ahead: Have more than one testing facility planned, just in case your primary location is closed or you need different hours on a given day.
- Be polite and patient while at the testing facility.
- Don't show up less than 30 minutes before your testing facility's closing time.
- Don't bring others with you.