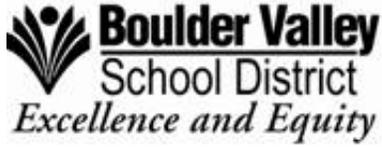




Boulder Valley School District - Middle School
2011 Youth Risk Behavior Survey (YRBS)

Partners



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Foreword

In late 2011, Boulder Valley School District (BVSD), St. Vrain Valley School District (SVVSD), Boulder County Healthy Youth Alliance (HYA), and Boulder County Public Health (BCPH) advanced our collaborative effort to learn more about how we can protect and enhance the well-being of our county's school-age youth. Together, we conducted the sixth Youth Risk Behavior Survey (YRBS) among a representative sample of Boulder County high school students. Additionally, a middle school survey was administered to 7th and 8th grade students in BVSD to further improve our ability to promote healthy decision-making and prevent behaviors that can lead to long-lasting, negative impacts.

The data presented in this report reflect a single point in time when the survey was conducted; however, comparing this data to previous YRBS data, we can begin to identify more long-term trends that help in planning interventions. Since the original survey was conducted in 2001, the data have been used to develop school- and community-based strategies that have been implemented to reduce behavioral risk factors among adolescents. Whether strengthening the health curriculum or addressing disparities among racial, ethnic, or sexual orientation lines, we have seen many improvements, and yet we still face many challenges. Continued efforts that strengthen the knowledge and skills of our children, as well as that of our youths' parents and other community members, can help to promote preventive behavior and reduce risk behaviors among our youth.

As we look at these data, four preliminary insights emerge. These insights can be useful as a guide to understanding and responding to these data:

- There are many positive values, beliefs, attitudes, and behaviors (social norms) that we can reinforce and promote (e.g., use of seatbelts).
- There are many risk behaviors that, with effective interventions, can be prevented, reduced, or postponed (e.g., alcohol use, binge drinking, and driving or riding with a driver who has consumed alcohol).
- There are some risk factors that call for immediate intervention and help (e.g., forced sexual intercourse, clinical depression, and suicide ideation).

This information provides the school districts with a valuable opportunity to partner with the communities in which our youth reside and to support our youth as they move toward the future as healthy, educated, and productive adults.

For additional information, please visit www.BoulderCountyYRBS.org.

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Introduction

The Youth Risk Behavior Survey (YRBS) is a tool developed by the Centers for Disease Control and Prevention (CDC) to assist in monitoring priority health-risk behaviors among youth. Since 1991, state and local health departments and education agencies have used the YRBS to meet the shared goal of healthy, educated students who become healthy, successful adults.

Boulder County Public Health (BCPH), Boulder Valley School District (BVSD), St. Vrain Valley School District (SVVSD), and Boulder County Healthy Youth Alliance (BCHYA) collaborate to implement the Youth Risk Behavior Survey (YRBS) biennially (i.e., every other year). Since 2001, Boulder County YRBS results have measured health-risk and health-promoting behaviors, as well as trends over time. Survey results inform the development and effectiveness of school and community programs to reduce youth risk behaviors and encourage health, safety, and academic achievement.

Most recently, the YRBS was administered in October and November 2011 to a random sample of BVSD grade 7-12 classrooms and SVVSD grade 9-12 classrooms. The high school survey consisted of 109 questions, and the middle school survey consisted of 51 questions; each survey took approximately 45 minutes to complete. A total of 2,197 high school and 613 middle school surveys were completed, yielding excellent response rates of 83.3% in SVVSD high schools, 81.8% in BVSD high schools, and 86.0% in BVSD middle schools.

2011 YRBS results

Data from the 2011 Boulder County YRBS for each school district, as well as data which are in a combined Boulder County format for high schools, will be posted at www.BoulderCountyYRBS.org. Data are presented by grade, gender, race, and ethnicity (i.e., “Hispanic,” “white non-Hispanic,” or “other non-Hispanic”). Data about sexual orientation (i.e., “heterosexual” or “LGBQ” [lesbian, gay, bisexual, or questioning]) are reported at the county level. The results are generalizable to the entire population (either school district or county) from which each sample was selected.

Data from the 2011 Colorado YRBS and the 2011 national YRBS are included where relevant. While every effort was made to collect and analyze the data using similar protocols, these data are not directly comparable and should be used for reference only. Colorado YRBS data and methods are detailed at <http://hkcs.omni.org>; national YRBS data and methods are described at www.cdc.gov/HealthyYouth/yrbs/index.htm.

Conducting the YRBS

The Boulder County YRBS survey procedures are based on the CDC protocol (www.cdc.gov/healthyouth/yrbs/data/index.htm).

Sample selection

Nine SVVSD high schools, 9 BVSD high schools, and 15 BVSD middle schools were selected for inclusion in the 2011 YRBS. Each school chose a day and class period in October or November 2011 for survey administration. At each school, classes were randomly selected to be surveyed. This yielded 51 SVVSD high school, 52 BVSD high school, and 33 BVSD middle school classrooms that were selected to participate. Information was mailed to the parents of each student in the selected classrooms to inform them about the survey, student selection, and to provide information about how they could ask questions and exclude their students from participating (i.e., phone, mail, or website).

Survey administration

Survey implementation procedures were designed to protect students' privacy by allowing for anonymous and voluntary participation. Participating students completed the survey during regular class time, under the supervision of trained volunteers.

Data analysis

Prevalence estimates and 95% confidence intervals were calculated and are presented in the data tables. The high response rate enabled the data to be weighted by gender and grade level so that the results are representative of the entire population from which the sample was selected. Therefore, the percentages reported are estimates of the occurrence of the behaviors in the *entire population* from which the sample was selected, *not just for the students who took the survey*.

Data tables

A sample data table appears on the next page. Data presented in the tables are *prevalence estimates*. Prevalence estimates have been replaced by “***” where numbers were too small to report for statistical or confidentiality reasons and “---” when data analysis was not completed for the specified category for confidentiality reasons or because the question was not asked.

Also included are *95% confidence intervals* (to the right of each prevalence estimate). These intervals indicate the range in which the *actual prevalence* (when generalized from the sample to the survey population) was likely to fall. The size of the confidence interval reflects the certainty of the accuracy of the estimate. Larger confidence intervals reflect less certainty; smaller confidence intervals reflect greater certainty. Confidence intervals may be used to determine the statistical significance of differences in observed results. Confidence intervals that do not overlap indicate that the difference in estimates is statistically significant (assuming a significance level of $\alpha = 0.05$).

Using the YRBS

The YRBS data are a catalyst for the community process that has emerged to address the health and well-being of Boulder County youth. The data are used as an evaluative tool to monitor the progress of school- and community-based strategies that are being implemented to improve and/or maintain the health of our youth. Although the data tell us what the youth are doing, it is the community response that creates change and positively impacts our youth.

For more information

www.BoulderCountyYRBS.org

Boulder Valley School District 2011 YRBS Sample Middle School Data Table

Prevalence Estimate Health Behavior

TABLE 39. Regular physical activity*

Category	Female		Male		Total	
	%	CI [§]	%	CI [§]	%	CI [§]
Grade						
7	87.9	85.3 - 90.1	87.6	85.3 - 89.5	87.7	86.0 - 89.2
8	92.1	90.6 - 93.5	84.7	82.4 - 86.8	88.7	87.3 - 89.9
Race/Ethnicity						
White non-Hispanic	--	--	--	--	91.0	89.9 - 92.1
Hispanic	--	--	--	--	76.9	73.4 - 80.0
Other non-Hispanic	--	--	--	--	88.0	84.8 - 90.6
Total	90.2	88.8 - 91.5	86.1	84.5 - 87.6	88.2	87.2 - 89.2

§ 95% confidence interval
 *At least 60 minutes per day during the 7 days preceding the survey
 -- Not available

95% Confidence Interval

Boulder Valley School District (BVSD) Middle School Narrative and Results

The narrative following each data table reports the overall prevalence estimate for each behavior, followed by all statistically significant differences by race/ethnicity total and gender total. Prevalence rates that changed significantly (increased or decreased) from 7th to 8th grade are reported. If differences within this group are not noted in the narrative, prevalence estimates are not statistically different and should not be interpreted as such. Statistically significant differences by gender by grade (e.g., 8th grade females versus 8th grade males) may exist, but are not reported in the narrative.

There were 695 students in 33 classrooms sampled to participate in the 2011 Boulder Valley School District Middle School YRBS. Completed surveys were collected from 613 Boulder Valley School District middle school students, and 15 schools participated, yielding an overall response rate of 86.0%. The following table summarizes the demographics of the survey population

Sex		Grade		Race/Ethnicity	
Female	51.5%	7 th	47.3%	White, non-Hispanic	72.1%
Male	48.5%	8 th	52.7%	Hispanic	14.8%
				Other, non-Hispanic	13.1%

The overall response rate of 86.0% allowed for weighting of the data to represent all students in 7th and 8th grades at the participating middle schools. In essence, this means that the prevalence rates presented in this report are estimates of the prevalence in this entire population of middle school students; they are not merely the prevalence rates within the sample group of students.



Never or Rarely Wore Bicycle Helmet

More than 1 in 4 students in surveyed BVSD middle schools (26.3%) had never or rarely wore a bicycle helmet while riding a bicycle. Overall, the prevalence of never or rarely wearing a bicycle helmet while riding a bicycle was higher among Hispanic students (55.8%) than other non-Hispanic students (28.6%), and both were higher than white non-Hispanic students (20.3%).

Table 1. Never or rarely wore bicycle helmet*

Category	Female				Male				Total			
	%		CI [§]		%		CI [§]		%		CI [§]	
Grade												
7	24.5	21.5	-	27.7	25.2	22.3	-	28.3	24.8	22.8	-	27.0
8	29.2	26.6	-	31.9	25.9	23.6	-	28.4	27.6	25.9	-	29.4
Race/Ethnicity												
White non-Hispanic	--	--		--	--	--		--	20.3	18.8	-	21.9
Hispanic	--	--		--	--	--		--	55.8	51.3	-	60.2
Other non-Hispanic	--	--		--	--	--		--	28.6	24.7	-	32.8
Total	27.0	25.0	-	29.0	25.6	23.7	-	27.5	26.3	25.0	-	27.7

* Among the 92.8% of students who rode a bicycle

§ 95% confidence interval

-- Not available

Never or Rarely Used Helmet When Rollerblading/Skateboarding

More than 2 in 5 students in surveyed BVSD middle schools (41.6%) who rollerbladed or skateboarded also reported they never or rarely wore a helmet while doing so. Overall, the prevalence of never or rarely wearing a helmet while rollerblading or skateboarding was higher among both Hispanic and other non-Hispanic students (63.7% and 53.9%, respectively) than white non-Hispanic students (35.1%).

Table 2. Never or rarely used helmet when rollerblading/skateboarding*

Category	Female			Male			Total		
	%	CI [§]		%	CI [§]		%	CI [§]	
Grade									
7	38.8	34.2	- 43.6	39.1	34.7	- 43.7	39.0	35.8	- 42.2
8	46.2	42.0	- 50.5	41.4	37.4	- 45.4	43.7	40.8	- 46.6
Race/Ethnicity									
White non-Hispanic	--	--	--	--	--	--	35.1	32.6	- 37.7
Hispanic	--	--	--	--	--	--	63.7	58.1	- 68.9
Other non-Hispanic	--	--	--	--	--	--	53.9	47.8	- 59.9
Total	42.9	39.8	- 46.1	40.3	37.4	- 43.4	41.6	39.4	- 43.7

* Of the 47.0% who rollerblade or skateboard

§ 95% confidence interval

-- Not available



Never or Rarely Wore Seatbelt

Among students in surveyed BVSD middle schools, 2.9% never or rarely wore a seatbelt when riding in a car. Overall, the prevalence of never or rarely wearing a seatbelt when riding in a car was higher among Hispanic students (6.1%) than white non-Hispanic students (2.4%). It was also higher among male students (4.0%) than female students (1.9%).

Table 3. Never or rarely wore seatbelt

Category	Female			Male			Total		
	%	CI ^s		%	CI ^s		%	CI ^s	
Grade									
7	3.0	1.9	- 4.8	3.7	2.1	- 6.4	3.4	2.3	- 4.8
8	***	***	***	4.2	3.3	- 5.3	2.5	2.0	- 3.2
Race/Ethnicity									
White non-Hispanic	--	--	--	--	--	--	2.4	1.8	- 3.1
Hispanic	--	--	--	--	--	--	6.1	5.0	- 7.5
Other non-Hispanic	--	--	--	--	--	--	***	***	***
Total	1.9	1.3	- 2.9	4.0	3.0	- 5.2	2.9	2.3	- 3.7

§ 95% confidence interval

*** Numerator <3 and/or denominator <30

-- Not available



Ever Rode With a Driver Who Had Been Drinking Alcohol

Among students in surveyed BVSD middle schools, 14.9% had ridden in a car driven by someone who had been drinking alcohol. Overall, the prevalence of having ridden in a car driven by someone who had been drinking alcohol was higher among 8th grade students (18.9%) than 7th grade students (10.4%).

Table 4. Ever rode with a driver who had been drinking alcohol

Category	Female			Male			Total			
	%	CI [§]		%	CI [§]		%	CI [§]		
Grade										
7	8.4	6.6	- 10.7	12.5	10.1	15.5	10.4	8.9	- 12.3	
8	21.9	19.6	- 24.5	15.6	13.5	17.8	18.9	17.3	- 20.6	
Race/Ethnicity										
White non-Hispanic	--	--	--	--	--	--	15.3	13.9	- 16.8	
Hispanic	--	--	--	--	--	--	15.9	13.4	- 18.8	
Other non-Hispanic	--	--	--	--	--	--	13.8	11.4	- 16.8	
Total	15.7	14.1	- 17.3	14.1	12.5	15.9	14.9	13.8	- 16.1	

§ 95% confidence interval

-- Not available





Ever Carried a Weapon

More than 1 in 4 students in surveyed BVSD middle schools (28.6%) reported they had ever carried a weapon, such as a gun, club, or knife. Overall, the prevalence of carrying such a weapon was higher among other non-Hispanic students and white non-Hispanic students (32.7% and 29.4%, respectively) than Hispanic students (23.0%). The prevalence was also higher among male students (45.5%) than female students (12.9%).

Table 5. Ever carried a weapon

Category	Female			Male			Total			
	%	CI [§]		%	CI [§]		%	CI [§]		
Grade										
7	11.6	9.4	- 14.3	47.1	43.1	- 51.2	29.0	26.5	- 31.6	
8	14.0	12.2	- 16.1	43.9	41.0	- 46.9	28.2	26.4	- 30.1	
Race/Ethnicity										
White non-Hispanic	--	--	--	--	--	--	29.4	27.5	- 31.4	
Hispanic	--	--	--	--	--	--	23.0	19.9	- 26.5	
Other non-Hispanic	--	--	--	--	--	--	32.7	28.9	- 36.8	
Total	12.9	11.4	- 14.5	45.5	43.0	- 47.9	28.6	27.1	- 30.2	

§ 95% confidence interval
 -- Not available



Ever Been in a Physical Fight

More than 3 in 10 students in surveyed BVSD middle schools (30.4%) had ever been in a physical fight. Overall, the prevalence of having been in a physical fight was higher among other non-Hispanic and Hispanic students (43.6% and 38.3%, respectively) than white non-Hispanic students (26.5%). The prevalence was higher among male students (43.7%) than female students (17.8%). It was also higher among 8th grade students (32.5%) than 7th grade students (28.0%).

Table 6. Ever been in a physical fight

Category	Female				Male				Total			
	%		CI [§]		%		CI [§]		%		CI [§]	
Grade												
7	15.5	13.2	-	18.2	40.7	36.7	-	44.7	28.0	25.6	-	30.6
8	19.8	17.7	-	22.0	46.5	43.5	-	49.4	32.5	30.7	-	34.5
Race/Ethnicity												
White non-Hispanic	--	--	--	--	--	--	--	--	26.5	24.7	-	28.3
Hispanic	--	--	--	--	--	--	--	--	38.3	34.6	-	42.1
Other non-Hispanic	--	--	--	--	--	--	--	--	43.6	39.0	-	48.2
Total	17.8	16.3	-	19.5	43.7	41.2	-	46.2	30.4	28.9	-	32.0

§ 95% confidence interval
 -- Not available





Ever Been Injured in a Physical Fight

Among students in surveyed BVSD middle schools, 2.7% had been in a physical fight and received an injury that required medical treatment. Overall, the prevalence of having ever been in a physical fight and receiving an injury that required medical treatment was higher among Hispanic students (5.3%) than white non-Hispanic students (1.9%).

Table 7. Ever been injured in a physical fight*

Category	Female				Male				Total			
	%	CI [§]			%	CI [§]			%	CI [§]		
Grade												
7	***	***	-	***	3.8	2.2	-	6.4	2.3	1.5	-	3.7
8	3.4	2.6	-	4.3	2.8	1.9	-	4.1	3.1	2.5	-	3.8
Race/Ethnicity												
White non-Hispanic	--	--	-	--	--	--	-	--	1.9	1.5	-	2.4
Hispanic	--	--	-	--	--	--	-	--	5.3	4.1	-	6.8
Other non-Hispanic	--	--	-	--	--	--	-	--	4.9	2.3	-	10.1
Total	2.2	1.8	-	2.9	3.3	2.3	-	4.6	2.7	2.2	-	3.4

* Injuries required treatment by a doctor or nurse

§ 95% confidence interval

*** Numerator <3 and/or denominator <30

-- Not available

Ever Felt Threatened or Been Injured as a Result of Gang Activity

Among students in surveyed BVSD middle schools, 6.1% had felt threatened or been injured as a result of gang activity. Overall, the prevalence of having ever felt threatened or been injured as a result of gang activity was higher among other non-Hispanic students (9.3%) than white non-Hispanic students (5.6%). It was also higher among male students (8.1%) than female students (4.2%).

Table 8. Ever felt threatened or been injured as a result of gang activity

Category	Female			Male			Total		
	%	CI ^s		%	CI ^s		%	CI ^s	
Grade									
7	4.3	3.0	- 6.3	8.8	7.2	- 10.6	6.5	5.4	- 7.8
8	4.0	3.2	- 5.0	7.5	6.0	- 9.3	5.7	4.8	- 6.7
Race/Ethnicity									
White non-Hispanic	--	--	--	--	--	--	5.6	4.8	- 6.5
Hispanic	--	--	--	--	--	--	6.4	4.8	- 8.6
Other non-Hispanic	--	--	--	--	--	--	9.3	7.1	- 12.0
Total	4.2	3.4	- 5.2	8.1	7.0	- 9.4	6.1	5.4	- 6.9

§ 95% confidence interval

-- Not available



Ever Bullied on School Property

Bullying occurs when one or more students repeatedly tease, threaten, spread rumors about, hit, shove, or hurt another student. More than 2 in 5 students in surveyed BVSD middle schools (42.9%) had been bullied on school property. Overall, the prevalence of bullying was higher among 8th grade students (46.5%) than 7th grade students (38.7%).

Table 9. Ever bullied on school property

Category	Female			Male			Total		
	%	CI [§]		%	CI [§]		%	CI [§]	
Grade									
7	37.5	33.9	- 41.3	39.9	36.1	- 43.9	38.7	36.1	- 41.5
8	44.2	41.3	- 47.1	49.2	46.2	- 52.1	46.5	44.5	- 48.6
Race/Ethnicity									
White non-Hispanic	--	--	--	--	--	--	42.6	40.6	- 44.7
Hispanic	--	--	--	--	--	--	43.4	39.4	- 47.4
Other non-Hispanic	--	--	--	--	--	--	46.3	41.6	- 51.0
Total	41.1	38.8	- 43.4	44.7	42.3	- 47.2	42.9	41.2	- 44.5

§ 95% confidence interval

-- Not available





Ever Electronically Bullied

Nearly 1 in 5 students in surveyed BVSD middle schools (18.6%) had ever been electronically bullied. Overall, the prevalence of having ever been electronically bullied was higher among female students (23.7%) than male students (13.2%).

Table 10. Ever electronically bullied*

Category	Female			Male			Total		
	%	CI [§]		%	CI [§]		%	CI [§]	
Grade									
7	20.9	18.3	- 23.7	13.8	10.9	- 17.4	17.4	15.3	- 19.6
8	26.2	23.7	- 28.9	12.6	10.6	- 14.9	19.7	18.1	- 21.5
Race/Ethnicity									
White non-Hispanic	--	--	--	--	--	--	19.2	17.6	- 20.8
Hispanic	--	--	--	--	--	--	18.4	15.4	- 21.7
Other non-Hispanic	--	--	--	--	--	--	17.7	13.6	- 22.6
Total	23.7	21.9	- 25.7	13.2	11.4	- 15.3	18.6	17.3	- 20.0

* Includes being bullied through e-mail, chat rooms, instant messaging, web sites, or texting.

§ 95% confidence interval

-- Not available





Ever Seriously Considered Attempting Suicide

Among students in surveyed BVSD middle schools, 12.9% had seriously thought about killing themselves. Overall, the prevalence of having seriously considering suicide was higher among Hispanic and other non-Hispanic students (18.3% and 17.1%, respectively) than white non-Hispanic students (11.3%).

Table 11. Ever seriously considered attempting suicide

Category	Female				Male				Total			
	%		CI [§]		%		CI [§]		%		CI [§]	
Grade												
7	11.0	9.1	-	13.1	14.4	11.6	-	17.7	12.7	10.9	-	14.6
8	15.3	13.4	-	17.4	10.6	9.1	-	12.3	13.1	11.8	-	14.4
Race/Ethnicity												
White non-Hispanic	--	--	--	--	--	--	--	--	11.3	10.2	-	12.6
Hispanic	--	--	--	--	--	--	--	--	18.3	15.5	-	21.5
Other non-Hispanic	--	--	--	--	--	--	--	--	17.1	13.5	-	21.5
Total	13.3	11.9	-	14.8	12.4	10.9	-	14.2	12.9	11.8	-	14.0

§ 95% confidence interval

-- Not available





Ever Made a Suicide Plan

Among students in surveyed BVSD middle schools, 8.1% had ever made a plan about how they would kill themselves. Overall, the prevalence of having made a suicide plan was higher among Hispanic and other non-Hispanic students (11.7% and 10.3%, respectively) than white non-Hispanic students (7.2%).

Table 12. Ever made a suicide plan

Category	Female			Male			Total		
	%	CI [§]		%	CI [§]		%	CI [§]	
Grade									
7	7.1	5.6	- 9.0	9.2	7.6	- 11.2	8.2	7.0	- 9.5
8	9.6	8.1	- 11.4	6.4	5.2	- 7.9	8.1	7.1	- 9.2
Race/Ethnicity									
White non-Hispanic	--	--	--	--	--	--	7.2	6.3	- 8.3
Hispanic	--	--	--	--	--	--	11.7	9.5	- 14.3
Other non-Hispanic	--	--	--	--	--	--	10.3	8.5	- 12.5
Total	8.4	7.3	- 9.7	7.8	6.7	- 8.9	8.1	7.3	- 9.0

§ 95% confidence interval

-- Not available





Ever Attempted Suicide

Among students in surveyed BVSD middle schools, 3.0% reported they had attempted suicide. Overall, the prevalence of attempted suicide was higher among other non-Hispanic and Hispanic students (7.1% and 6.6%, respectively) than among white non-Hispanic students (1.6%). The prevalence was higher among female students (4.2%) than male students (1.7%). It was also higher among 8th grade students (4.4%) than 7th grade students (1.5%).

Table 13. Ever attempted suicide

Category	Female			Male			Total		
	%	CI [§]		%	CI [§]		%	CI [§]	
Grade									
7	***	***	***	***	***	***	1.5	0.9	- 2.3
8	6.1	5.1	- 7.3	2.5	1.6	- 3.9	4.4	3.7	- 5.2
Race/Ethnicity									
White non-Hispanic	--	--	--	--	--	--	1.6	1.1	- 2.3
Hispanic	--	--	--	--	--	--	6.6	4.8	- 8.9
Other non-Hispanic	--	--	--	--	--	--	7.1	5.7	- 8.7
Total	4.2	3.5	- 5.1	1.7	1.2	- 2.4	3.0	2.5	- 3.6

§ 95% confidence interval

*** Numerator <3 and/or denominator <30

-- Not available



Ever Smoked Cigarettes

Among students in surveyed BVSD middle schools, 9.6% had ever tried cigarette smoking, even if it was 1 or 2 puffs. Overall, the prevalence of having ever tried cigarette smoking was higher among Hispanic students (21.9%) than other non-Hispanic (13.6%), and both were higher than white non-Hispanic students (6.4%).

Table 14. Ever smoked cigarettes*

Category	Female			Male			Total		
	%	CI [§]		%	CI [§]		%	CI [§]	
Grade									
7	8.0	6.1	- 10.3	9.2	7.4	- 11.3	8.6	7.2	- 10.1
8	9.6	8.1	- 11.3	11.7	9.9	- 13.7	10.6	9.4	- 11.9
Race/Ethnicity									
White non-Hispanic	--	--	--	--	--	--	6.4	5.5	- 7.5
Hispanic	--	--	--	--	--	--	21.9	18.8	- 25.3
Other non-Hispanic	--	--	--	--	--	--	13.6	11.2	- 16.3
Total	8.8	7.6	- 10.2	10.5	9.2	- 12.0	9.6	8.7	- 10.6

* Even 1 or 2 puffs
 § 95% confidence interval
 -- Not available





Smoked Cigarette Before Age 13

Among students in surveyed BVSD middle schools, 2.5% had smoked their first whole cigarette before the age of 13. Overall, the prevalence of having smoked their first whole cigarette before the age of 13 was higher among Hispanic students (8.1%) than other non-Hispanic students (3.8%), and both were higher than white non-Hispanic students (1.2%). The prevalence was higher among male students (3.1%) than female students (1.9%). It was also higher among 8th grade students (3.2%) than 7th grade students (1.7%).

Table 15. Smoked cigarette before age 13

Category	Female				Male				Total			
	%		CI [§]		%		CI [§]		%		CI [§]	
Grade												
7	***	***	-	***	2.4	1.8	-	3.2	1.7	1.3	-	2.2
8	2.7	2.1	-	3.4	3.8	2.9	-	5.0	3.2	2.7	-	3.9
Race/Ethnicity												
White non-Hispanic	--	--	-	--	--	--	-	--	1.2	0.8	-	1.6
Hispanic	--	--	-	--	--	--	-	--	8.1	6.6	-	9.9
Other non-Hispanic	--	--	-	--	--	--	-	--	3.8	2.8	-	5.2
Total	1.9	1.5	-	2.4	3.1	2.6	-	3.8	2.5	2.1	-	2.9

§ 95% confidence interval

*** Numerator <3 and/or denominator <30

-- Not available





Current Cigarette User

Among students in surveyed BVSD middle schools, 1.5% had smoked at least once during the 30 days preceding the survey and were thus categorized as being current cigarette users. The prevalence was higher among female students (1.9%) than male students (1.1%).

Table 16. Current cigarette user*

Category	Female			Male			Total			
	%	CI [§]		%	CI [§]		%	CI [§]		
Grade										
7	***	***	***	***	***	***	***	***	***	***
8	2.6	2.1	- 3.4	1.5	1.2	- 2.0	2.1	1.8	- 2.5	
Race/Ethnicity										
White non-Hispanic	--	--	--	--	--	--	***	***	***	***
Hispanic	--	--	--	--	--	--	6.4	5.0	- 8.3	
Other non-Hispanic	--	--	--	--	--	--	***	***	***	***
Total	1.9	1.5	- 2.3	1.1	0.8	- 1.4	1.5	1.3	- 1.8	

* Smoked cigarettes on 1 or more of the 30 days preceding the survey

§ 95% confidence interval

*** Numerator <3 and/or denominator <30

-- Not available





Current Heavy Cigarette User

Among students in surveyed BVSD middle schools who reported current cigarette use, not enough reported smoking 5 or more cigarettes per day to gather meaningful data on current frequent cigarette use.

Table 17. Current heavy cigarette user*

Category	Female			Male			Total		
	%	CI [§]		%	CI [§]		%	CI [§]	
Grade									
7	***	***	***	***	***	***	***	***	***
8	***	***	***	***	***	***	***	***	***
Race/Ethnicity									
White non-Hispanic	--	--	--	--	--	--	***	***	***
Hispanic	--	--	--	--	--	--	***	***	***
Other non-Hispanic	--	--	--	--	--	--	***	***	***
Total	***	***	***	***	***	***	***	***	***

* Among the 1.5% of current cigarette users, those who smoked 10 or more cigarettes/day on the 30 days preceding the survey

§ 95% confidence interval

*** Numerator <3 and/or denominator <30

-- Not available



Bought Cigarettes From a Store

Among the BVSD middle school students who reported having smoked in the 30 days prior to the survey, not enough reported that they had bought their cigarettes from a store to gather meaningful data.

Table 18. Bought cigarettes from a store*

Category	Female			Male			Total		
	%	CI [§]		%	CI [§]		%	CI [§]	
Grade									
7	***	***	***	***	***	***	***	***	***
8	***	***	***	***	***	***	***	***	***
Race/Ethnicity									
White non-Hispanic	--	--	--	--	--	--	***	***	***
Hispanic	--	--	--	--	--	--	***	***	***
Other non-Hispanic	--	--	--	--	--	--	***	***	***
Total	***	***	***	***	***	***	***	***	***

* Among the 1.5% of current cigarette users who smoked in the 30 days preceding the survey

§ 95% confidence interval

*** Numerator <3 and/or denominator <30

-- Not available





Ever Smoked Cigarettes Daily

Among students in surveyed BVSD middle schools, 0.7% had ever smoked cigarettes daily (i.e., at least 1 cigarette every day for 30 days).

Table 19. Ever smoked cigarettes daily*

Category	Female			Male			Total			
	%	CI [§]		%	CI [§]		%	CI [§]		
Grade										
7	***	***	***	***	***	***	***	***	***	***
8	1.5	1.2	- 1.9	***	***	***	0.8	0.6	- 1.0	
Race/Ethnicity										
White non-Hispanic	--	--	--	--	--	--	***	***	***	***
Hispanic	--	--	--	--	--	--	***	***	***	***
Other non-Hispanic	--	--	--	--	--	--	***	***	***	***
Total	1.2	1.0	- 1.6	***	***	***	0.7	0.5	- 0.8	

* Smoked at least 1 cigarette every day for 30 days

§ 95% confidence interval

*** Numerator <3 and/or denominator <30

-- Not available



Current Smokeless Tobacco User

Among students in surveyed BVSD middle schools, 0.9% had used smokeless tobacco products in the 30 days prior to the survey and were thus categorized as being current smokeless tobacco users.

Table 20. Current smokeless tobacco user*

Category	Female			Male				Total				
	%	CI [§]		%	CI [§]			%	CI [§]			
Grade												
7	***	***	***	***	***	***	***	***	***	***		
8	***	***	***	1.5	0.9	-	2.3	1.3	0.9	-	1.8	
Race/Ethnicity												
White non-Hispanic	--	--	--	--	--	--	--	***	***	***		
Hispanic	--	--	--	--	--	--	--	3.5	2.1	-	5.5	
Other non-Hispanic	--	--	--	--	--	--	--	***	***	***		
Total	1.1	0.7	-	1.6	0.8	0.5	-	1.2	0.9	0.7	-	1.3

* During the 30 days prior to the survey
 § 95% confidence interval
 *** Numerator <3 and/or denominator <30
 -- Not available





Current Cigar User

Among students in surveyed BVSD middle schools, 1.9% had smoked cigars, cigarillos, or little cigars in the 30 days preceding the survey and were thus classified as being current cigar users. Overall, the prevalence of reported current cigar, cigarillo, or little cigar use was higher among Hispanic students (4.5%) than white non-Hispanic students (1.6%).

Table 21. Current cigar user*

Category	Female			Male			Total		
	%	CI [§]		%	CI [§]		%	CI [§]	
Grade									
7	***	***	***	***	***	***	1.8	0.9	- 3.4
8	2.0	1.5	- 2.7	2.0	1.6	- 2.4	2.0	1.6	- 2.4
Race/Ethnicity									
White non-Hispanic	--	--	--	--	--	--	1.6	1.0	- 2.5
Hispanic	--	--	--	--	--	--	4.5	3.4	- 5.9
Other non-Hispanic	--	--	--	--	--	--	***	***	***
Total	2.1	1.5	- 2.9	1.7	1.0	- 2.9	1.9	1.4	- 2.6

* During the 30 days prior to the survey
 § 95% confidence interval
 *** Numerator <3 and/or denominator <30
 -- Not available



Ever Drank Alcohol

More than 1 in 7 students in surveyed BVSD middle schools (16.0%) had ever had more than a few sips of alcohol. Overall, the prevalence of having ever had a drink of alcohol was higher among Hispanic students (28.4%) than other non-Hispanic students (21.1%), and both were higher than white non-Hispanic students (13.1%). The prevalence was higher among male students (19.1%) than female students (13.1%). It was also higher among 8th grade students (18.4%) than 7th grade students (13.3%).

Table 22. Ever drank alcohol*

Category	Female			Male			Total			
	%	CI [§]		%	CI [§]		%	CI [§]		
Grade										
7	11.5	9.3	- 14.1	15.3	12.6	- 18.5	13.3	11.6	- 15.3	
8	14.5	12.6	- 16.6	22.7	20.3	- 25.2	18.4	16.9	- 20.0	
Race/Ethnicity										
White non-Hispanic	--	--	--	--	--	--	13.1	11.8	- 14.6	
Hispanic	--	--	--	--	--	--	28.4	25.1	- 32.0	
Other non-Hispanic	--	--	--	--	--	--	21.1	18.0	- 24.7	
Total	13.1	11.6	- 14.7	19.1	17.3	- 21.1	16.0	14.8	- 17.2	

§ 95% confidence interval

-- Not available





Drank Alcohol Before Age 13

Among students in surveyed BVSD middle schools, 12.2% were younger than the age of 13 when they had their first drink of more than a few sips of alcohol. Overall, the prevalence of having had their first drink of more than a few sips of alcohol before the age of 13 was higher among Hispanic students (27.4%) than other non-Hispanic students (13.4%), and both were higher than white non-Hispanic students (9.5%). It was also higher among male students (14.0%) than female students (10.5%).

Table 23. Drank alcohol before age 13

Category	Female			Male			Total		
	%	CI [§]		%	CI [§]		%	CI [§]	
Grade									
7	11.6	9.4	- 14.2	15.3	12.6	- 18.6	13.4	11.6	- 15.4
8	9.6	8.1	- 11.3	12.8	11.3	- 14.6	11.1	10.0	- 12.3
Race/Ethnicity									
White non-Hispanic	--	--	--	--	--	--	9.5	8.3	- 10.8
Hispanic	--	--	--	--	--	--	27.4	24.0	- 31.0
Other non-Hispanic	--	--	--	--	--	--	13.4	11.0	- 16.2
Total	10.5	9.2	- 12.0	14.0	12.4	- 15.8	12.2	11.2	- 13.3

§ 95% confidence interval
 -- Not available



Ever Used Marijuana

Among students in surveyed BVSD middle schools, 5.9% had ever used marijuana. Overall, the prevalence of having ever used marijuana was higher among Hispanic and other non-Hispanic students (10.4% and 9.7%, respectively) than white non-Hispanic students (4.5%). It was also higher among 8th grade students (8.2%) than 7th grade students (3.3%).

Table 24. Ever used marijuana

Category	Female			Male			Total		
	%	CI [§]		%	CI [§]		%	CI [§]	
Grade									
7	5.0	3.5	- 7.1	***	***	***	3.3	2.5	- 4.5
8	6.3	5.2	- 7.7	10.3	8.5	- 12.3	8.2	7.2	- 9.4
Race/Ethnicity									
White non-Hispanic	--	--	--	--	--	--	4.5	3.7	- 5.5
Hispanic	--	--	--	--	--	--	10.4	8.7	- 12.3
Other non-Hispanic	--	--	--	--	--	--	9.7	7.5	- 12.3
Total	5.7	4.7	- 6.8	6.2	5.2	- 7.3	5.9	5.2	- 6.7

§ 95% confidence interval

*** Numerator <3 and/or denominator <30

-- Not available





Used Marijuana Before Age 13

Among students in surveyed BVSD middle schools, 3.6% had tried marijuana before the age of 13. Overall, the prevalence of having used marijuana before the age of 13 was higher among Hispanic students (5.6%) than white non-Hispanic students (3.1%).

Table 25. Used marijuana before age 13

Category	Female			Male			Total			
	%	CI [§]		%	CI [§]		%	CI [§]		
Grade										
7	4.0	2.6	- 6.1	***	***	***	2.8	2.0	- 3.9	
8	2.4	1.6	- 3.5	6.3	5.0	- 7.7	4.3	3.5	- 5.1	
Race/Ethnicity										
White non-Hispanic	--	--	--	--	--	--	3.1	2.5	- 4.0	
Hispanic	--	--	--	--	--	--	5.6	4.5	- 6.9	
Other non-Hispanic	--	--	--	--	--	--	4.3	2.9	- 6.6	
Total	3.1	2.3	- 4.2	4.0	3.3	- 4.9	3.6	3.0	- 4.2	

§ 95% confidence interval

*** Numerator <3 and/or denominator <30

-- Not available





Ever Used Cocaine

Among students in surveyed BVSD middle schools, 1.1% had ever used any form of cocaine, including powder, crack, or freebase. Overall, the prevalence of having ever used any form of cocaine was higher among Hispanic students (3.6%) than white non-Hispanic students (0.6%).

Table 26. Ever used cocaine*

Category	Female			Male			Total			
	%	CI [§]		%	CI [§]		%	CI [§]		
Grade										
7	***	***	***	***	***	***	***	***	***	***
8	1.7	1.0	- 2.8	***	***	***	1.4	0.9	- 2.0	
Race/Ethnicity										
White non-Hispanic	--	--	--	--	--	--	0.6	0.4	- 1.0	
Hispanic	--	--	--	--	--	--	3.6	2.3	- 5.7	
Other non-Hispanic	--	--	--	--	--	--	***	***	***	
Total	1.4	0.9	- 2.0	0.8	0.5	- 1.3	1.1	0.8	- 1.5	

* Any form of cocaine (e.g., "powder," "crack," "freebase")

§ 95% confidence interval

*** Numerator <3 and/or denominator <30

-- Not available





Ever Used Inhalants

Among students in surveyed BVSD middle schools, 3.7% had ever used inhalants, such as glue, sprays, or paints, to get high. Overall, the prevalence of having ever used inhalants to get high was higher among Hispanic and other non-Hispanic students (11.8% and 5.7%, respectively) than white non-Hispanic students (1.8%). It was also higher among 7th grade students (5.0%) than 8th grade students (2.6%).

Table 27. Ever used inhalants*

Category	Female				Male				Total			
	%		CI [§]		%		CI [§]		%		CI [§]	
Grade												
7	6.5	4.9	-	8.7	3.4	1.8	-	6.3	5.0	3.7	-	6.6
8	2.2	1.5	-	3.2	3.1	2.3	-	4.2	2.6	2.1	-	3.3
Race/Ethnicity												
White non-Hispanic	--	--	--	--	--	--	--	--	1.8	1.3	-	2.6
Hispanic	--	--	--	--	--	--	--	--	11.8	9.6	-	14.4
Other non-Hispanic	--	--	--	--	--	--	--	--	5.7	3.0	-	10.5
Total	4.2	3.3	-	5.3	3.2	2.3	-	4.6	3.7	3.1	-	4.6

* Sniffed glue, breathed contents of spray cans, or inhaled any paints or sprays to get high

§ 95% confidence interval

*** Numerator <3 and/or denominator <30

-- Not available



Ever Used Steroids Without a Doctor's Prescription

Among students in surveyed BVSD middle schools, 0.6% had ever used steroid pills or shots without a doctor's prescription.

Table 28. Ever used steroids without a doctor's prescription

Category	Female			Male			Total			
	%	CI [§]		%	CI [§]		%	CI [§]		
Grade										
7	***	***	***	***	***	***	***	***	***	***
8	***	***	***	***	***	***	0.7	0.5	-	0.9
Race/Ethnicity										
White non-Hispanic	--	--	--	--	--	--	***	***	***	***
Hispanic	--	--	--	--	--	--	***	***	***	***
Other non-Hispanic	--	--	--	--	--	--	***	***	***	***
Total	0.9	0.5	- 1.5	***	***	***	0.6	0.4	-	0.9

§ 95% confidence interval

*** Numerator <3 and/or denominator <30

-- Not available





Ever Took a Prescription Drug Without a Doctor's Prescription

Among students in surveyed BVSD middle schools, 2.6% had taken prescription drugs, such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax, without a doctor's prescription. Overall, the prevalence of having ever taken prescription drugs without a doctor's prescription was higher among Hispanic and other non-Hispanic students (6.5% and 4.6%, respectively) than white non-Hispanic students (1.5%).

Table 29. Ever taken a prescription drug without a doctor's prescription*

Category	Female				Male				Total			
	%		CI [§]		%		CI [§]		%		CI [§]	
Grade												
7	2.8	1.8	-	4.2	2.9	2.0	-	4.2	2.9	2.2	-	3.8
8	1.9	1.6	-	2.3	2.7	2.0	-	3.7	2.3	1.9	-	2.8
Race/Ethnicity												
White non-Hispanic	--	--	--	--	--	--	--	--	1.5	1.1	-	1.9
Hispanic	--	--	--	--	--	--	--	--	6.5	4.8	-	8.8
Other non-Hispanic	--	--	--	--	--	--	--	--	4.6	3.2	-	6.5
Total	2.3	1.8	-	3.0	2.8	2.2	-	3.6	2.6	2.2	-	3.0

* Such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax

§ 95% confidence interval

-- Not available



Ever Had Sexual Intercourse

Among students in surveyed BVSD middle schools, 2.7% had ever had sexual intercourse. Overall, the prevalence of having had sexual intercourse was higher among other non-Hispanic students (6.3%) and Hispanic students (5.8%) than white non-Hispanic students (1.5%).

Table 30. Ever had sexual intercourse

Category	Female				Male				Total			
	%		CI [§]		%		CI [§]		%		CI [§]	
Grade												
7	3.5	2.3	-	5.4	2.2	1.5	-	3.4	2.9	2.1	-	4.0
8	2.7	2.4	-	3.0	2.4	1.8	-	3.1	2.6	2.2	-	2.9
Race/Ethnicity												
White non-Hispanic	--	--	--	--	--	--	--	--	1.5	1.2	-	2.0
Hispanic	--	--	--	--	--	--	--	--	5.8	4.3	-	7.9
Other non-Hispanic	--	--	--	--	--	--	--	--	6.3	4.9	-	8.1
Total	3.1	2.5	-	3.9	2.3	1.8	-	3.0	2.7	2.3	-	3.2

§ 95% confidence interval

-- Not available





Sexual Intercourse Before Age 13

Among students in surveyed BVSD middle schools, 1.8% had had sexual intercourse before age 13. Overall, the prevalence of having had sexual intercourse before age 13 was higher among Hispanic students (4.2%) than white non-Hispanic students (1.3%). It was also higher among 7th grade students (2.8%) than 8th grade students (1.0%).

Table 31. Sexual intercourse before age 13

Category	Female			Male			Total			
	%	CI [§]		%	CI [§]		%	CI [§]		
Grade										
7	2.5	1.5	- 4.2	3.1	2.2	- 4.5	2.8	2.0	- 3.8	
8	***	***	***	***	***	***	1.0	0.8	- 1.2	
Race/Ethnicity										
White non-Hispanic	--	--	--	--	--	--	1.3	0.9	- 1.9	
Hispanic	--	--	--	--	--	--	4.2	2.9	- 5.9	
Other non-Hispanic	--	--	--	--	--	--	***	***	***	
Total	1.7	1.2	- 2.5	2.0	1.5	- 2.7	1.8	1.5	- 2.3	

§ 95% confidence interval

*** Numerator <3 and/or denominator <30

-- Not available



Four or More Sex Partners in Lifetime

Among students in surveyed BVSD middle schools, 0.6% had had four or more sexual partners.

Table 32. Four or more sex partners in lifetime

Category	Female			Male			Total				
	%	CI [§]		%	CI [§]		%	CI [§]			
Grade											
7	***	***	***	***	***	***	***	***	***	***	
8	***	***	***	***	***	***	0.8	0.6	-	1.0	
Race/Ethnicity											
White non-Hispanic	--	--	--	--	--	--	***	***	***	***	
Hispanic	--	--	--	--	--	--	***	***	***	***	
Other non-Hispanic	--	--	--	--	--	--	3.2	2.2	-	4.6	
Total	***	***	***	0.8	0.6	-	1.2	0.6	0.4	-	0.7

§ 95% confidence interval

*** Numerator <3 and/or denominator <30

-- Not available



Condom at Last Intercourse

Among students in surveyed BVSD middle schools who had ever had sex, not enough reported that either they or their partners had used a condom at the time of their last intercourse to gather meaningful data.

Table 33. Condom at last intercourse*

Category	Female			Male			Total		
	%	CI [§]		%	CI [§]		%	CI [§]	
Grade									
7	***	***	***	***	***	***	***	***	***
8	***	***	***	***	***	***	***	***	***
Race/Ethnicity									
White non-Hispanic	--	--	--	--	--	--	***	***	***
Hispanic	--	--	--	--	--	--	***	***	***
Other non-Hispanic	--	--	--	--	--	--	***	***	***
Total	***	***	***	***	***	***	***	***	***

* Among the 2.7% of students who ever had sex

§ 95% confidence interval

*** Numerator <3 and/or denominator <30

-- Not available



Thought They Were Overweight or Very Overweight

Students in surveyed BVSD middle schools were asked how they would describe their weight, and nearly 1 in 5 students (18.4%) thought they were overweight or very overweight. Overall, the prevalence of having perceived themselves as being overweight or very overweight was higher among other non-Hispanic and Hispanic students (23.4% and 23.2%, respectively) than white non-Hispanic students (16.4%). It was also higher among female students (20.7%) than male students (16.0%).

Table 34. Thought they were overweight or very overweight

Category	Female			Male			Total		
	%	CI [§]		%	CI [§]		%	CI [§]	
Grade									
7	20.3	17.2	- 23.8	13.4	10.6	- 16.9	17.0	14.9	- 19.4
8	21.0	18.7	- 23.4	18.3	16.1	- 20.7	19.7	18.1	- 21.4
Race/Ethnicity									
White non-Hispanic	--	--	--	--	--	--	16.4	14.8	- 18.0
Hispanic	--	--	--	--	--	--	23.2	19.8	- 26.9
Other non-Hispanic	--	--	--	--	--	--	23.4	19.2	- 28.2
Total	20.7	18.7	- 22.7	16.0	14.2	- 18.0	18.4	17.1	- 19.8

§ 95% confidence interval

-- Not available





Attempting to Lose Weight

More than 3 in 10 students in surveyed BVSD middle schools (31.4%) were attempting to lose weight. Overall, the prevalence of attempting to lose weight was higher among other non-Hispanic and Hispanic students (42.0% and 41.9%, respectively) than white non-Hispanic (27.2%). It was also higher among female students (39.7%) than male students (22.6%).

Table 35. Attempting to lose weight

Category	Female			Male			Total		
	%	CI ^s		%	CI ^s		%	CI ^s	
Grade									
7	37.0	33.5	- 40.7	24.0	20.9	- 27.5	30.7	28.2	- 33.3
8	41.9	39.1	- 44.8	21.2	18.9	- 23.7	32.1	30.3	- 34.0
Race/Ethnicity									
White non-Hispanic	--	--	--	--	--	--	27.2	25.4	- 29.0
Hispanic	--	--	--	--	--	--	41.9	38.1	- 45.8
Other non-Hispanic	--	--	--	--	--	--	42.0	37.3	- 46.8
Total	39.7	37.4	- 41.9	22.6	20.6	- 24.6	31.4	29.9	- 33.0

§ 95% confidence interval

-- Not available



Ever Fasted 24 Hours or More to Lose Weight or to Avoid Gaining Weight

Nearly 1 in 10 students in surveyed BVSD middle schools (8.5%) reported having ever gone longer than 24 hours without eating (i.e., fasting) to lose weight or to avoid gaining weight. Overall, the prevalence of having ever fasted for more than 24 hours was higher among Hispanic and other non-Hispanic students (15.7% and 13.9%, respectively) than white non-Hispanic students (6.0%). The prevalence was higher among female students (10.9%) than male students (5.9%).

Table 36. Ever fasted 24 hours or more to lose weight or to avoid gaining weight

Category	Female			Male			Total		
	%	CI [§]		%	CI [§]		%	CI [§]	
Grade									
7	9.6	7.8	- 11.7	9.0	7.2	- 11.0	9.3	8.0	- 10.7
8	12.1	10.7	- 13.8	3.1	2.3	- 4.2	7.9	7.0	- 8.8
Race/Ethnicity									
White non-Hispanic	--	--	--	--	--	--	6.0	5.2	- 6.9
Hispanic	--	--	--	--	--	--	15.7	13.3	- 18.5
Other non-Hispanic	--	--	--	--	--	--	13.9	11.6	- 16.7
Total	10.9	9.8	- 12.2	5.9	5.0	- 7.0	8.5	7.8	- 9.4

§ 95% confidence interval

-- Not available





Took Diet Pills, Powders, or Liquids to Lose Weight or to Avoid Gaining Weight

Among students in surveyed BVSD middle schools, 1.7% had ever taken diet pills, powders, or liquids without a doctor’s advice in an effort to lose weight or to avoid gaining weight. Overall, the prevalence of having ever taken diet pills, powders, or liquids was higher among 8th grade students (2.2%) than 7th grade students (1.1%).

Table 37. Took diet pills, powders, or liquids to lose weight or to avoid gaining weight

Category	Female				Male				Total			
	%		CI ^s		%		CI ^s		%		CI ^s	
Grade												
7	***	***	***	***	***	***	***	***	1.1	0.6	-	1.7
8	2.9	2.5	-	3.3	1.5	0.9	-	2.2	2.2	1.9	-	2.6
Race/Ethnicity												
White non-Hispanic	--	--	--	--	--	--	--	--	***	***	***	***
Hispanic	--	--	--	--	--	--	--	--	6.1	4.9	-	7.7
Other non-Hispanic	--	--	--	--	--	--	--	--	5.0	3.8	-	6.4
Total	2.0	1.7	-	2.3	1.3	0.9	-	2.0	1.7	1.4	-	2.0

§ 95% confidence interval

*** Numerator <3 and/or denominator <30

-- Not available



Ever Vomited or Took Laxatives to Lose Weight or to Avoid Gaining Weight

Among students in surveyed BVSD middle schools, 3.2% had ever vomited or taken laxatives to lose weight or to avoid gaining weight. Overall, the prevalence of this behavior was higher among Hispanic students (9.0%) than other non-Hispanic students (4.0%), and both were higher than white non-Hispanic students (1.9%).

Table 38. Ever vomited or took laxatives to lose weight or to avoid gaining weight

Category	Female			Male			Total		
	%	CI [§]		%	CI [§]		%	CI [§]	
Grade									
7	4.1	2.9	- 5.9	***	***	***	2.5	1.8	- 3.4
8	6.8	5.4	- 8.5	***	***	***	3.8	3.1	- 4.8
Race/Ethnicity									
White non-Hispanic	--	--	--	--	--	--	1.9	1.4	- 2.6
Hispanic	--	--	--	--	--	--	9.0	6.9	- 11.7
Other non-Hispanic	--	--	--	--	--	--	4.0	3.2	- 4.8
Total	5.6	4.6	- 6.8	***	***	***	3.2	2.7	- 3.8

§ 95% confidence interval

*** Numerator <3 and/or denominator <30

-- Not available





Regular Physical Activity

Nearly 9 in 10 students in surveyed BVSD middle schools (88.2%) were physically active for at least 60 minutes during 3 of the 7 days preceding the survey. Overall, the prevalence of having been physically active was higher among white non-Hispanic and other non-Hispanic students (91.0% and 88.0%, respectively) than Hispanic students (76.9%). It was also higher among female students (90.2%) than male students (86.1%).

Table 39. Regular physical activity*

Category	Female			Male			Total			
	%	CI [§]		%	CI [§]		%	CI [§]		
Grade										
7	87.9	85.3	- 90.1	87.6	85.3	- 89.5	87.7	86.0	- 89.2	
8	92.1	90.6	- 93.5	84.7	82.4	- 86.8	88.7	87.3	- 89.9	
Race/Ethnicity										
White non-Hispanic	--	--	--	--	--	--	91.0	89.9	- 92.1	
Hispanic	--	--	--	--	--	--	76.9	73.4	- 80.0	
Other non-Hispanic	--	--	--	--	--	--	88.0	84.8	- 90.6	
Total	90.2	88.8	- 91.5	86.1	84.5	- 87.6	88.2	87.2	- 89.2	

* At least 60 minutes per day during 3 of the 7 days preceding the survey

§ 95% confidence interval

-- Not available



Three or More Hours of TV Per Day

More than 1 in 10 students in surveyed BVSD middle schools (12.1%) had watched 3 or more hours of TV per day on an average school day. Overall, the prevalence of having watched 3 or more hours of TV per day on an average school day was higher among Hispanic students (25.7%) than both other non-Hispanic and white non-Hispanic students (10.3% and 9.6%, respectively). It was also higher among 8th grade students (14.0%) than 7th grade students (10.0%).

Table 40. 3 or more hours of TV per day*

Category	Female			Male			Total		
	%	CI [§]		%	CI [§]		%	CI [§]	
Grade									
7	11.1	8.9	- 13.7	8.9	7.3	- 10.9	10.0	8.6	- 11.6
8	11.8	10.3	- 13.5	16.5	14.5	- 18.7	14.0	12.8	- 15.3
Race/Ethnicity									
White non-Hispanic	--	--	--	--	--	--	9.6	8.6	10.8
Hispanic	--	--	--	--	--	--	25.7	22.6	29.0
Other non-Hispanic	--	--	--	--	--	--	10.3	8.2	12.7
Total	11.5	10.2	- 12.9	12.8	11.5	- 14.2	12.1	11.2	- 13.1

* On an average school day

§ 95% confidence interval

-- Not available





Three or More Hours of Video/Computer Games Per Day

Nearly 1 in 7 students in surveyed BVSD middle schools (13.3%) spent 3 or more hours on an average school day playing video or computer games or using a computer for something other than schoolwork. Overall, the prevalence of spending 3 or more hours on an average school day playing video or computer games or using a computer for something other than schoolwork was higher among Hispanic students (20.6%) than both other non-Hispanic and white non-Hispanic students (13.9% and 12.1%, respectively). The prevalence was higher among male students (17.8%) than female students (9.1%). It was also higher among 8th grade students (15.1%) than 7th grade students (11.4%).

Table 41. 3 or more hours of video/computer games per day*

Category	Female			Male			Total			
	%	CI [§]		%	CI [§]		%	CI [§]		
Grade										
7	7.0	5.6	- 8.7	15.9	13.9	- 18.1	11.4	10.1	- 12.7	
8	11.0	9.4	- 12.7	19.5	17.3	- 22.0	15.1	13.7	- 16.5	
Race/Ethnicity										
White non-Hispanic	--	--	--	--	--	--	12.1	10.9	- 13.3	
Hispanic	--	--	--	--	--	--	20.6	17.7	- 23.7	
Other non-Hispanic	--	--	--	--	--	--	13.9	11.8	- 16.3	
Total	9.1	8.0	- 10.3	17.8	16.3	- 19.4	13.3	12.4	- 14.3	

* On an average school day for something other than schoolwork
 § 95% confidence interval
 -- Not available



One or More Physical Education (PE) Classes Per Week

More than 3 in 4 students in surveyed BVSD middle schools (76.4%) attended at least 1 physical education (P.E.) class during an average school week. Overall, the prevalence of attending at least 1 P.E. class during an average school week was higher among white non-Hispanic and other non-Hispanic students (78.4% and 76.1%, respectively) than Hispanic students (67.3%). It was also higher among 8th grade students (81.3%) than 7th grade students (70.8%).

Table 42. 1 or more physical education (PE) classes per week

Category	Female			Male			Total		
	%	CI [§]		%	CI [§]		%	CI [§]	
Grade									
7	67.5	64.1	- 70.7	74.2	71.1	- 77.1	70.8	68.8	- 72.8
8	81.9	79.7	- 84.0	80.7	78.2	- 82.9	81.3	79.7	- 82.8
Race/Ethnicity									
White non-Hispanic	--	--	--	--	--	--	78.4	76.8	- 79.8
Hispanic	--	--	--	--	--	--	67.3	63.1	- 71.3
Other non-Hispanic	--	--	--	--	--	--	76.1	72.2	- 79.7
Total	75.3	73.4	- 77.2	77.6	75.6	- 79.4	76.4	75.1	- 77.6

§ 95% confidence interval

-- Not available





Played on at Least One Sports Team

More than 4 in 5 students in surveyed BVSD middle schools (80.3%) had played on at least 1 sport team during the 12 months prior to the survey.

Table 43. Played on at least one sports team*

Category	Female			Male			Total			
	%	CI [§]		%	CI [§]		%	CI [§]		
Grade										
7	77.8	74.9	- 80.4	86.5	83.3	- 89.1	82.0	80.0	- 84.0	
8	80.6	78.1	- 82.8	76.6	73.8	- 79.2	78.7	76.9	- 80.4	
Race/Ethnicity										
White non-Hispanic	--	--	--	--	--	--	81.4	79.8	- 83.0	
Hispanic	--	--	--	--	--	--	77.3	74.0	- 80.2	
Other non-Hispanic	--	--	--	--	--	--	80.3	76.4	- 83.6	
Total	79.3	77.4	- 81.0	81.4	79.3	- 83.2	80.3	78.9	- 81.6	

* During the 12 months preceding the survey
 § 95% confidence interval
 -- Not available

Ever Had AIDS/HIV Education at School

More than 3 in 5 students in surveyed BVSD middle schools (60.2%) had ever been taught about AIDS or HIV infection in school. Overall, the prevalence of having been taught about HIV or AIDS infection in school was higher among 8th grade students (79.4%) than 7th grade students (38.6%).

Table 44. Ever had AIDS/HIV education at school

Category	Female				Male				Total			
	%		CI [§]		%		CI [§]		%		CI [§]	
Grade												
7	35.3	31.9	-	38.9	41.9	38.7	-	45.2	38.6	36.4	-	40.8
8	79.5	77.3	-	81.6	79.3	76.8	-	81.6	79.4	77.8	-	81.0
Race/Ethnicity												
White non-Hispanic	--	--	--	--	--	--	--	--	61.5	59.8	-	63.3
Hispanic	--	--	--	--	--	--	--	--	58.9	54.9	-	62.8
Other non-Hispanic	--	--	--	--	--	--	--	--	60.1	55.4	-	64.6
Total	59.1	56.9	-	61.2	61.4	59.3	-	63.5	60.2	58.8	-	61.6

§ 95% confidence interval

-- Not available



Ever Diagnosed with Asthma

Among students in surveyed BVSD middle schools, 17.5% had been told by a doctor or nurse they had asthma at some point in their lives. Overall, the prevalence was higher among other non-Hispanic students (24.7%) than white non-Hispanic students (18.3%), and both were higher than Hispanic students (9.1%). It was also higher among 8th grade students (21.4%) than 7th grade students (13.2%).

Table 45. Ever diagnosed with asthma

Category	Female			Male			Total		
	%	CI [§]		%	CI [§]		%	CI [§]	
Grade									
7	10.4	8.4	- 12.7	16.1	13.1	- 19.5	13.2	11.4	- 15.2
8	20.6	18.2	- 23.2	22.2	19.8	- 24.7	21.4	19.7	- 23.1
Race/Ethnicity									
White non-Hispanic	--	--	--	--	--	--	18.3	16.7	- 20.0
Hispanic	--	--	--	--	--	--	9.1	7.3	- 11.3
Other non-Hispanic	--	--	--	--	--	--	24.7	21.5	- 28.3
Total	15.8	14.2	- 17.6	19.2	17.3	- 21.3	17.5	16.2	- 18.8

§ 95% confidence interval

-- Not available



Currently has Asthma

More than 1 in 10 students in surveyed BVSD middle schools (10.3%) had asthma at the time of the survey. Overall, the prevalence of having asthma at the time of the survey was higher among white non-Hispanic and other non-Hispanic students (11.6% and 10.8%, respectively) than Hispanic students (5.4%). It was also higher among 8th grade students (12.0%) than 7th grade students (8.6%).

Table 46. Currently has asthma

Category	Female			Male			Total		
	%	CI [§]		%	CI [§]		%	CI [§]	
Grade									
7	6.7	5.3	- 8.5	10.7	8.5	- 13.3	8.6	7.3	- 10.1
8	13.5	11.2	- 16.2	10.3	8.6	- 12.3	12.0	10.5	- 13.7
Race/Ethnicity									
White non-Hispanic	--	--	--	--	--	--	11.6	10.2	- 13.1
Hispanic	--	--	--	--	--	--	5.4	4.1	- 7.1
Other non-Hispanic	--	--	--	--	--	--	10.8	8.3	- 13.8
Total	10.2	8.8	- 11.8	10.5	9.1	- 12.1	10.3	9.3	- 11.5

§ 95% confidence interval

-- Not available

