**Independent Study For Training Hours**

Foster Parent Name:  
Date:  

Name of Article or Book or Video:  

Author and Copyright Date of Materials:  

Length of Video:  
Length of Book or Article:  

List five of the main points of this material:  

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Of these five points, which one point did you find most meaningful and why?  

How will you apply this information to your current and future foster children?  

Would you recommend this material to others?  
Yes  
No  
Why? Why not?  

Approval ________________________ Training hours recorded: _______

**Note:** Of the 20 required hours of ongoing training per foster parent per contract year, no more than 10 of the training hours can be acquired through independent study with no more than 4 hours allotted for movies/television. Training hours for books are calculated at 1 hour per 50 pages for a maximum of 5 hours per book.