

RESOURCE GUIDE

FOR RELATIVE CAREGIVERS
IN BOULDER COUNTY

2011



FAMILY OUTREACH PROGRAM
BOULDER COUNTY DEPARTMENT OF HOUSING AND HUMAN SERVICES
3400 BROADWAY, BOULDER, COLORADO

This Directory Is Brought You To By:
Boulder County Housing and Human Services
Family Outreach Program

Kinship Support Services



We are dedicated to providing specialized resource and referral to any family raising relative children in Boulder County.

Our community has a growing number of grandparents, aunts, uncles and other family members raising relative children. Through community support and education, the kinship program strives to strengthen and empower families, helping to create a secure, safe and stable home.

For more information, please contact the Family Outreach Program at 303-441-1512



www.bouldercounty.org/family/foster/pages/kinshisuppsvc.aspx

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HOUSING

Emergency Shelters—Housing Programs

EMERGENCY SHELTERS

Attention Homes

- Provides emergency shelter services to at-risk youth in Boulder County
 - www.attentionhomes.org
 - 303-447-1206
 - Boulder: 3080 Broadway, Ste. C

Boulder Shelter for the Homeless

- Safe shelter, food and support services for homeless adults
- Winter emergency beds allocated on a lottery based system, as well as a year round transition program with morning services, breakfast, laundry, showers, mail and phone messages
 - www.bouldershelter.org
 - 303-442-4646
 - Boulder: 4869 N. Broadway

Colorado Coalition for the Homeless

- A community based collaboration for prevention of homelessness and critical assistance for homeless and at-risk individuals
- Services include housing referrals, therapeutic support, life skills training, benefits acquisition, employment counseling, family support and case management
 - www.coloradocoalition.org
 - 303-293-2217
 - Denver: 2111 Champa

Emergency Family Assistance Association, Inc. (EFAA)

- Temporary emergency shelter for Boulder County residents
- Call for information; wait lists may apply
 - www.efaa.org
 - Boulder
 - 303-442-3042
 - 1575 Yarmouth, Boulder
 - Longmont
 - 303-651-2388
 - Atwood Shelter, 819 Atwood
 - Lafayette
 - 303-665-8064
 - 400 E. Simpson #203

The Inn Between of Longmont

- Transitional housing and case management services for homeless individuals, families and teens
- Referrals made through Boulder County Housing and Human Services, Longmont Senior Center, Atwood Shelter, Boulder Shelter, GENESIS Program, Boulder County Mental Health, OUR Center, St. Vrain School District, EFAA and Safe Shelter of St. Vrain
 - www.theinnbetween.org
 - 303-684-0810
 - Longmont: 250 Kimbark

Safehouse Progressive Alliance for Non-Violence

- Temporary shelter and support for women and children affected by domestic violence
 - www.safehousealliance.org
 - 24 Hr. Crisis Line: 303-444-2424
 - Boulder
 - Info & Administration: 303-449-8623
 - 835 North St.
 - Lafayette
 - 303-673-9000
 - 655 Aspen Ridge Dr.

Safe Shelter of St. Vrain Valley

- Temporary shelter and support for women and children affected by domestic violence in the Longmont community
 - www.safeshelterofstvrain.org/
 - Info & Administration: 303-772-0432
 - 24 Hr. Crisis Line: 303-772-4422

HOUSING PROGRAMS

Boulder County Homeownership Programs

- Affordable housing opportunities for income eligible homebuyers
- A single application is used for all programs below but requirements and criteria may differ
 - www.bouldercounty.org/family/housing/pages/default.aspx

City of Boulder Homeownership Programs

- New homes, resales and down payment assistance at below market rate prices, within the city limits of Boulder
 - www.boulderaffordablehomes.com
 - 303-441-3157
 - Boulder: 1101 Arapahoe, 2nd floor

City of Longmont Community Housing Program

- New homes, resale and down payment assistance at below market rate prices, within the city limits of Longmont
 - www.ci.longmont.co.us/cdbg
 - 303-651-8530

Boulder County Down Payment Assistance Program

- Assistance for first time homebuyers purchasing properties anywhere in Boulder County outside of Boulder city limits
 - www.ci.longmont.co.us/cdbg
 - 303-651-8530
 - Longmont: 350 Kimbark

Thistle Community Housing

- New homes, resale's and down payment assistance at below market rate prices, throughout Boulder County
 - www.thistlecommunities.org
 - 303-443-0007
 - Boulder: 1845 Folsom

Boulder County Department of Housing and Human Services

Subsidized Housing

- Low income subsidized housing, Section 8 Housing and rental assistance for Boulder and Broomfield County residents
- IMPORTANT: Wait lists apply; call for updates.
- For more information call the number below or visit the website under "Housing Assistance"
 - www.bouldercounty.org/family/housing/pages/housingassistance.aspx
 - 303-441-3929
 - Boulder: 2525 13th, Ste. 204

Housing Counseling Services

- Free housing counseling services include: homeownership training, financial fitness workshops, homebuyer counseling, reverse mortgage information, foreclosure intervention, budget and credit repair counseling
- To schedule an appointment or register for classes, call the number below or visit the website under "Housing Counseling and Classes"
 - <http://www.bouldercounty.org/family/housing/pages/hhshchome.aspx>
 - 720-564-2279
 - Boulder: 2525 13th, Ste. 204
 - Longmont: 385 Kimbark

Boulder Housing Partners

- Public housing, Section 8 and rental assistance for City of Boulder low to moderate income families, seniors and disabled persons
- IMPORTANT: Wait lists apply; call for updates
- Lists of alternative Metro Area Housing Authorities, Affordable Housing Agencies and Emergency Assistance Agencies are available
 - www.boulderhousing.org
 - 720-564-4610
 - Boulder: 4800 N. Broadway

Family Self-Sufficiency

- A five year, long term commitment, program designed to help participants gain education and job skills through coordination of resources in Boulder County; wait list may apply
 - Assistance is designed for Boulder County low income families and single parents who either have public housing or Section 8 vouchers; in some cases, families who do not have housing assistance may be eligible
 - Applicants must complete a recommendation form, personal statement form and application, which can be downloaded from the website
 - www.bouldercounty.org/family//housing/pages/familyselfsufficiency.aspx
- Boulder
- 303-441-3923
 - 2685-A Mapleton
- Longmont (bilingual)
- 303-682-6717

Longmont Housing Authority

- Rental assistance program and affordable rentals
- IMPORTANT: Wait lists apply; call for updates
- Information for affordable housing without financial aid may be obtained from their main phone number or by accessing their web site
 - www.longmontha.com
 - 303-651-8581
 - Longmont: 1228 Main

Thistle Community Housing

- Low to moderate income subsidized housing in Boulder and Longmont
 - www.thistlecommunities.org
- Boulder
- 303-443-0007
 - 1845 Folsom
- Longmont
- 303-776-3833
 - 1050 16th

FOOD AND CLOTHING

*Food Assistance—Church Sponsored Food Assistance
Clothing Centers—Thrift Stores*

FOOD ASSISTANCE

Boulder County Housing and Human Services

- SNAP (formerly known as Food Stamps) helps low-income households buy the food needed for a nutritionally adequate diet
- Based on eligibility, financial assistance is provided on an Electronic Benefits Transfer (QUEST) Card
 - www.bouldercounty.org/family/food/pages/foodassistance.aspx
 - 303-441-1000
 - Boulder: 3460 N. Broadway
 - Longmont: 529 Coffman, Suite 100

Boulder County Public Health—Women, Infants and Children (WIC) Program

- Health care referrals, supplemental food vouchers, nutrition and health education, height and weight check ups
- Pregnant women, infants and children under 5, children of low-income families and children on Medicaid can qualify
 - www.bouldercounty.org/family/pregnancy/pages/wicindex.aspx
 - Boulder
 - 303-413-7500
 - 3482 N. Broadway
 - Longmont
 - 303-678-6130
 - 529 Coffman
 - Lafayette
 - 303-666-4168
 - 1345 Plaza Court North, Suite 4A

Boulder Shelter for the Homeless

- Safe shelter, food and support services for homeless adults
- Winter emergency beds allocated on a lottery based system, as well as a year round transition program with morning services, breakfast, laundry, showers, mail and phone messages
 - www.bouldershelter.org
 - 303-442-4646
 - Boulder: 4869 N. Broadway

Bridge House

- A daytime shelter providing access to a case worker, medical and mental health services, and resources Monday – Friday 9:00 am – 3:00 pm
- Hot meals are served weekdays 11:30 am – 1:00 pm; dinners are available at specific local churches 5:00 pm – 6:00 pm weekdays
 - www.boulderbridgehouse.org
 - 303-442-8300
 - Boulder: 1120 ½ Pine (behind First Congregational Church)

Community Food Share

General Distribution

- Grocery distribution program, with a mobile pantry designed to supplement the food budgets of low-income individuals in Boulder County; site delivery twice a month in Boulder and Lafayette
 - www.communityfoodshare.org
 - 303-652-3663
 - Longmont: 6363 Horizon Lane

Elder Share

- Twice a month delivery to sites in Boulder and Broomfield Counties, for those 60+, or 50+ on disability; registration required and home delivery, as needed
 - www.communityfoodshare.org/HowItWorks/FoodPrograms/ElderShare.aspx3
 - 303-652-1307
 - Longmont: 6363 Horizon Lane

Emergency Family Assistance Association, Inc. (EFAA)

- Monthly access to assistance with basic food needs, personal care products and furniture, in times of temporary financial crisis for Boulder County Residents
 - www.efaa.org
 - 303-442-3042
 - Boulder: 1575 Yarmouth

Good News Center

- Emergency food and personal care supplies – spiritually based
 - 303-678-9550
 - Longmont: 1035 Coffman

OUR Center (Outreach United Resource Center)

- For Longmont and St. Vrain Valley School District residents
- Meal program Monday through Friday noon – 1:00 p.m.
- Food and personal care pantry
 - www.ourcenter.org
 - Longmont: 250 3rd
 - 303-772-1342

Salvation Army

- Emergency food bank
- Caseworker must bring client to office to complete application
 - www.salvationarmyusa.org
 - 303-635-3018
 - Broomfield: 1080 Birch

Sister Carmen Community Center

- Food bank, personal care products and household supplies available twice a month
- Serves residents of Lafayette, Louisville, Erie (Boulder Valley School District only) and Superior
- Supplemental food items delivered to homebound individuals weekly
 - www.sistercarmen.org
 - 303-665-4342
 - Lafayette: 655 Aspen Ridge

CHURCH SPONSORED FOOD ASSISTANCE

(Call for distribution times)

Nederland Food Pantry and USDA Food Distribution

- Nederland Community Presbyterian Church and St. Rita's Catholic Parish join together in distributing food to western Boulder County residents in need; must have local address or P.O. Box
 - www.nederlandcpc.org
 - 303-258-3579 (message)
 - 303-642-7227 (pastor)
 - Nederland: 210 Jefferson

New Covenant Church

- www.newcovenantap.com
- 303-747-1114
- Allenspark: 1423 County Road 84 W

Sacred Heart of Jesus Church

- Application and Boulder County I.D. required
 - www.shjboulder.org
 - 2312 14th, Boulder
 - 303-442-6158

St. Thomas Aquinas

- www.thomascenter.org
- 303-443-8383
- Boulder: 904 14th

United Methodist Church of Louisville

- Serves Louisville residents only
 - www.louisvilleumc.org
 - 303-666-8812
 - Louisville: 741 Jefferson Ave

Wellspring Storehouse at Vinelife Community Church

- Food bags, seasonal clothing, toiletries and resources for single moms with infants
- Serves people in transition, such as new parents, or those in need due to job loss, divorce, illness, homelessness or poverty
 - www.vinelifelife.com/ministries/local-outreach/
 - 303-449-3330
 - Longmont: 7845 Lookout

First Christian Church

- 303-442-1861
- Lafayette: 1700 Stonehenge

Mountain View Methodist Church

- 303-494-5025
- Boulder: 355, Ponca Pl.

St. John's Episcopal Church

- 303-442-5246
- Boulder: 1419 Pine St.

Trinity Lutheran Church

- 303-442-2300
- Boulder: 2200 Broadway

First United Methodist Church

- 303-442-3770
- Boulder: 1421 Spruce St.

First Presbyterian Church

- www.fpcboulder.org
- 303-402-6400
- Boulder: 1820 15th St.

CLOTHING CENTERS

Emergency Family Assistance Association, Inc. (EFAA)

- Vouchers to Ares Thrift Store available through intake appointment in times of temporary financial crisis for Boulder County Residents
 - www.efaa.org
 - 303-442-3042
 - Boulder: 1575 Yarmouth

First Presbyterian Deacon's Closet

- Clothing bank available 9:30 – 10:30 a.m. on Thursdays only
 - www.fpcboulder.org
 - 303-402-6400
 - Boulder: 1820 15th St.

Good News Center

- Emergency clothing, baby needs and personal care supplies – spiritually based
 - 303-678-9550
 - Longmont: 1035 Coffman

Life Choices Pregnancy Center

- Infant clothing, cribs & car seats free of charge – spiritually based
 - www.lifechoices.org
 - 303-651-205
 - Longmont: 20 W. Mountain View

OUR Center

- Clothing bank and household goods for residents of Longmont, Monday, Wednesday and Friday, 8:30 – 11:30 a.m. (no referral needed)
 - www.ourcenter.org
 - 303-772-7773
 - Longmont: 50 E. Rogers

Real Choices Pregnancy Care Center

- Infant clothing, cribs & car seats free of charge – spiritually based
 - www.realchoicespcc.org
 - Boulder
 - 303-494-3282
 - 3340 Arapahoe
 - Boulder – University of Colorado Campus
 - 303-492-8778
 - 1669 Euclid, Room 441, UMC CB 207

Sister Carmen Community Center

- Emergency clothing and furniture for residents of Louisville and Lafayette
- Referrals made for other needed services
 - www.sistercarmen.org
 - 303-665-4342
 - Lafayette: 655 Aspen Ridge

St. Andrew Presbyterian Deacon's Closet

- Available 1st and 3rd Saturdays of each month, 9:00am–12:00pm
- First-come, first-serve basis, so church advises people to arrive as early as possible
 - www.standrewboulder.org
 - 303-402-6400
 - Boulder: 3700 Baseline

THRIFT STORES

Arc Thrift Store

- 303-439-7255
- Broomfield: 6500 W. 120th Ave.

Ares Thrift Shop

- 303-444-8088
- Boulder: 2536 Spruce, Ste. A

Ares Thrift Shop

- 303-532-3344
- Longmont: 818 Coffman

Birds of Prey Quality Thrift Shoppe

- www.birds-of-prey.org
- 720-890-4311
- Louisville: 917 Front, Ste.100

Goodwill

- 303-494-5145
- Boulder: 2486 Baseline

Greenwood Wildlife Gift and Thrift

- www.greenwoodwildlife.org
- 303-245-0800
- Boulder: 3083 Walnut

Habitat for Humanity Thrift Stores

Flatirons Habitat ReStore

- www.flatironsthift.com
- 303-404-2008
- Broomfield: 6900 W. 117th, Ste. 400

St. Vrain ReStore

- www.stvrainhfh.org
- 303-776-3334
- Longmont: 1351 Sherman, Longmont

Hospice Care & Share Thrift Store

- www.hospicecareonline.org
- 303-604-5353
- Boulder: 5290 Arapahoe

Humane Society of Boulder Valley Thrift & Gift Shop

- www.boulderhumane.org
- 303-415-0685
- Boulder: 5320 Arapahoe

Longmont Humane Society Community Thrift Store

- www.longmonthumane.org

Longmont

- 720-494-8348
- 1265 Bramwood

Longmont

- 303-774-6517
- 2351 Main

Salvation Army Thrift Shop

- 303-939-8502
- Boulder: 1701 33rd

Savers

- www.savers.com
- 303-499-6978
- Boulder: 695 Broadway

Sister Carmen Community Center Thrift Store

- www.sistercarmen.org
- 303-665-4342
- Lafayette: 701 W. Baseline Rd

FINANCIAL ASSISTANCE

BOULDER COUNTY DEPARTMENT OF HOUSING AND HUMAN SERVICES

OFFICE LOCATIONS

- www.bouldercounty.org/hhs
- To apply on-line: www.colorado.gov/PEAK/
- Main Number: 303-441-1000
- Boulder: 3460 N. Broadway
- Longmont: 529 Coffman #100

Aid to the Needy Disabled (AND)

- Financial assistance to eligible disabled persons who are 18 to 60 years of age

Boulder County Healthy Kids

- A program to improve child health by linking eligible children, families and pregnant women in Boulder County to available benefits and health coverage options
- Outreach workers can help families to enroll in CHP+ and Medicaid programs and assess other local agencies for services
- Services available in both English and Spanish
 - www.healthykids.org
 - 303-441-1589
 - Boulder: 3482 N. Broadway

Child Health Plan Plus (CHP+)

- Low-cost health insurance program for uninsured Colorado children ages 18 and under whose families earn too much to qualify for Medicaid but cannot afford private insurance.
- CHP+ also offers benefits to uninsured Colorado pregnant women who live in households that meet certain income requirements
- Enrollment for eligible persons may be done through the Department of Housing and Human Services or by downloading applications at the website
 - www.bouldercounty.org/family/medical/pages/hhschp.aspx
 - 303-441-1589

Colorado Works/Temporary Assistance to Needy Families (TANF)

- TANF is designed to provide basic cash assistance to families in need
- Families may also qualify for additional services including Medicaid and food stamps; approval is separate for each program

Child-Only TANF

- Financial assistance available for adult caretakers raising relative children or those considered “kinship”
- Child-Only TANF has no income qualifications, but proof of children’s immunizations, and cooperation with the Child Support Enforcement Unit to pursue any possible means of child support are required

Regular TANF

- Takes into account the number of adults and children in the household, as well as income and available resources
- Requirements include involvement with work related activities
 - <http://www.bouldercounty.org/family/financial/pages/hhstanf.aspx>

Food Assistance (FA)/Supplemental Nutrition Assistance Program (SNAP)

- SNAP (formerly known as Food Stamps) helps low-income households buy the food needed for a nutritionally adequate diet
- Based on eligibility

Low-Income Energy Assistance Program (LEAP)

- Assistance for low-income qualified households who need help paying for winter season heating bills
- LEAP is available November 1 through April 30 for applicants who meet income guidelines
- Can apply at the Boulder and Longmont offices as well as Sister Carmen Community Center, OUR Center and EFAA (Emergency Family Assistance Association)
 - <http://www.bouldercounty.org/family/housing/pages/hhsleap.aspx>
 - 303-678-6097

State LEAP Information Line

- www.cdhs.state.co.us/LEAP
- 1-866-432-8435

Energy Outreach Colorado

- www.energyoutreach.org
- 303-825-8750

Medicaid

- A health care benefits program for low-income and special needs Coloradoans who meet eligibility requirements
- Care and services are provided by many local hospitals, facilities, physicians and pharmacies
- Applications can be downloaded or may be picked up at Department of Housing and Human Services or Public Health offices
- The application can be submitted online through participating organizations including Sister Carmen Community Center, OUR Center and EFAA (Emergency Family Assistance Association)
- Information regarding qualifications, the application process, downloads and benefits may also be viewed at the following websites
 - <http://www.bouldercounty.org/family/medical/pages/hhsmedicaid.aspx>

Old Age Pension (OAP)

- Provides financial assistance and Medicaid to eligible persons who are 60 years of age and older

ADDITIONAL RESOURCES

AARP Tax-Aide

- Tax preparation and assistance service for low and middle income taxpayers, with special attention to those ages 60 and older
- Available free of charge, from February 1 to April 15 each year at multiple locations, including senior centers
- Telephone and internet assistance are also available for frequently asked questions and to help individuals prepare basic tax forms and other standard schedules
 - www.aarp.org
 - 1-866-554-5376

Boulder County District Attorney's Office Boulder Consumer Affairs Division

- Consumer protection issues and advice pertaining to alerts, complaints, fraud, identity theft and landlord/tenant concerns
 - www.bouldercounty.org/government/offices/pages/damain.aspx
 - 303-441-3700
 - District Attorney Justice Center
 - Boulder: 1777 6th St.

City of Boulder Food Tax Rebate Program

- A one-time food tax rebate available to low income eligible citizens who have lived within the city limits for 12 months during the previous year
- Eligibility includes family with at least one child 18 or younger living in the household, seniors age 62 and over and adults with disabilities determined on a case by case basis
- Applications are accepted March 1 through June 30 and may be picked up at the West Senior Center or mailed by request from the numbers below
 - 303-441-3148
 - Boulder: West Senior Center, 909 Arapahoe
 - City of Boulder Housing and Human Services Food Tax Rebate Line: 303-441-1836

Colorado Child Care Assistance Program (CCAP) Managed by Aspen Family Services

- Subsidized child care programs for low income families that are working, searching for employment or in training
- Eligibility includes families enrolled in the Colorado Works Program that need child care services to support their efforts toward self-sufficiency
 - <http://www.bouldercounty.org/family/financial/pages/ccap.aspx>
 - 303-604-1043
 - Lafayette: Aspen Family Services, 450 Courtney Way, Ste. 101

Colorado Foreclosure Prevention Hotline

- Free counseling for Colorado homeowners who are in jeopardy of foreclosure or who have missed a payment or think they may miss a payment
- Help with housing money management, including better terms with lenders
 - www.coloradoforeclosurehotline.org
 - 1-877-601-HOPE (4673)
 - **Note:** People in jeopardy of foreclosure in Boulder County should call the Boulder County Housing Authority's Housing Counseling Program directly at 720-564-2279 or visit the website below
 - <http://www.bouldercounty.org/family/housing/pages/hcforeclosure.aspx>

Colorado Property Tax/Rent/Heat Rebate

- Provides a rebate of a portion of the property tax rent or heating bills paid by eligible low-income senior or disabled citizens
- Qualified applicants may obtain information and an application by selecting “Form 104 PTC” on the website or call the number below
 - www.taxcolorado.com
 - 303-238-3278

Consumer Credit Counseling Services of Northern Colorado and Southwestern Wyoming

- Nonprofit agency with services including financial counseling, educational workshops and debt management
 - www.ccsnc.org
 - 1-800-424-2227
 - Longmont: McIntosh Village Building, 2919 W. 17th #109

Emergency Family Assistance Association, Inc. (EFAA)

- Help for Boulder County residents to meet basic material needs in times of financial crisis
- May include food, prescription, rent and utility assistance
 - Boulder
 - 303-442-3042
 - 1575 Yarmouth, Boulder
 - Lafayette
 - 303-665-8064
 - 400 E. Simpson #203

Energy Outreach Colorado

- Emergency program for low income families with a past-due energy utility bill
- To apply you must have a letter from LEAP stating whether you qualified or were denied assistance and must pay your energy bill directly to an energy provider
- Only one payment from any agency is allowed within the same timeframe
- To locate an agency that may be able to help, call the toll free number or visit the website:
 - www.energyoutreach.org
 - 1-866-432-8435

Free/Reduced Lunch Program

- Free and reduced price meals at school are available to students whose families qualify, including foster children.
- Applications are available in school offices and may be submitted anytime throughout the year

Boulder Valley School District

- www.bvsd.org
- 720-561-5942

St. Vrain Valley School District

- www.stvrain.k12.co.us/
- 303-682-7251

OUR Center (Outreach United Resource Center)

- Help for Longmont and St. Vrain Valley School District residents to meet basic material needs in times of financial crisis
- May include food, prescription, rent and utility assistance
 - www.ourcenter.org
 - Longmont: 250 3rd
 - 303-772-1342

Salvation Army

- Limited assistance (once in a twelve month period) for rent eviction or utilities shut-off (cannot receive help for both at the same time) in Broomfield and Boulder counties
- Proof of crisis and stable income required
- Once help has been received twice with rent and/or utilities, clients are no longer eligible
 - www.salvationarmyusa.org
 - 303-635-3018
 - Broomfield: 1080 Birch

Senior Property Tax Exemption Program

- Colorado's Senior Homestead Exemption Program is designed to provide property tax relief for seniors 65 years or older who have owned and lived in their homes for ten years
- It is determined whether or not this exemption will be funded by the legislature on a yearly basis and the application must be filed by July 15 of the year for which exemption is requested
- If you have applied and qualified in previous years, you do not need to re-apply
- Applications and status of funding can be downloaded at the website or requested by phone
 - www.bouldercountyassessor.org
 - 303-441-3530

Sense of Security

- An organization providing financial assistance with basic living expenses such as rent, groceries, utilities and child care to women undergoing breast cancer treatment
- Applicants must be living in Colorado and be income eligible; applications may be downloaded from the website below
 - www.senseofsecurity.org
 - 303-669-3113
 - Westminster: 8774 Yates Dr. #330

Sister Carmen Community Center

- Food bank, personal care products and household supplies available twice a month
- Serves residents of Lafayette, Louisville, Erie (Boulder Valley School District only) and Superior
- Supplemental food items delivered to homebound individuals weekly
 - www.sistercarmen.org
 - 303-665-4342
 - Lafayette: 655 Aspen Ridge

Social Security Programs

Retirement, Survivors Benefits and Disability Programs (SSDI and SSI)

- Assistance in filing claims for retirement, survivors and disability programs (SSDI), including Social Security Supplemental Income (SSI), needs based income for the aged, blind and disabled
- Information regarding Medicare and earning records and referrals, as needed
- Online forms and information may be downloaded at the website
 - www.socialsecurity.gov
 - 303-543-9492
 - Toll free: 1-800-772-1213
 - Boulder: 4949 Pearl East Circle, Ste. 101

HEALTH CARE

*MEDICAL SERVICES – WOMEN’S HEALTH – TEEN RESOURCES
DENTAL – VISION – – WELLNESS – HIV/AIDS/HEPATITIS ASSISTANCE*

MEDICAL SERVICES

Boulder County Medicare Counselor (formerly the Ombudsman Program)

- Provides objective information on Medicare benefits, HMOs, supplemental insurance policies, Medicare Part D Plans and beneficiaries rights
 - <http://www.bouldercounty.org/family/seniors/pages/medicareombud.aspx>
 - 303-441-1546

Boulder County Public Health

Early & Periodic Screening, Diagnosis & Treatment Program (E.P.S.D.T.)

- Comprehensive free health care benefits for Medicaid enrolled children through age 20, with focus on prevention, early diagnosis and treatment of medical conditions
- EPSDT outreach specialists are available to help find physicians, dentists, eye doctors and community resources
- Services include scheduling appointments and assisting with Medicaid billing problems

➤ <http://www.bouldercounty.org/family/medical/pages/hhsepsdt.aspx>

Boulder (Serving Boulder, Nederland, Ward, Lafayette, Louisville, Superior)

➤ 303-413-7518

➤ Sundquist Building

➤ 3482 Broadway

Longmont (Serving Longmont, Erie, Lyons, Niwot)

➤ 303-678-6141

➤ 529 Coffman, Suite 200

Immunization Program

- Immunizations from six months to 18 years old; no child will be denied service because of inability to pay
- Appointments recommended
- For adult vaccines – see Colorado Influenza and Pneumococcal Alert Coalition (CIPAC) listing
 - <http://www.bouldercounty.org/family/pregnancy/pages/immunizationindex.aspx>

Influenza Immunization Hotline

- 303-441-1450

Boulder

- 303-413-7500
- Sundquist Building
- 3482 Broadway

Longmont

- 303-678-6166
- 529 Coffman, Suite 200

Women, Infants and Children (WIC) Program

- Infant checkups, health referrals, food vouchers and breastfeeding support for Boulder County residents
- Program is available to income-eligible women who are pregnant or breastfeeding, infants, and children under 5
- Families who get Medicaid, Food Stamps and/or TANF are automatically income-eligible
 - <http://www.bouldercounty.org/family/pregnancy/pages/wicindex.aspx>

Boulder

- 303-413-7520
- 3482 N. Broadway

Longmont

- 303-678-6130
- 529 Coffman, Suite 200

Lafayette

- 303-666-4168
- 1345 Plaza Court North, Suite 3A

Child Health Plan Plus (CHP+)

- Health care for Colorado's uninsured children and youth
- Depending on income, families may pay a very low annual fee and small co-payments or incur no cost at all
- Eligibility is limited to children, age 18 and under, who are Colorado residents, living in a financially qualified family, not eligible for Medicaid, not covered under any other insurance and are U.S. Citizens or permanent U.S. residents who have had an alien registration number for at least 5 years
- Applications and information to enroll can be accessed by the phone number or website below
 - www.chpplus.org
 - 303-441-1589

Clinica Family Health Services

- Primary medical care including pediatric and teen services, women's health services, adults and seniors services, medication assistance and specialist referrals
 - (Established medical patients at the Lafayette Clinic location are also eligible for dental services at the Thornton office)
 - Sliding scale fee; enrollment done by appointment only
 - www.clinica.org
 - 303-650-4460
 - After Hours Nurse Line: 303-442-6011
- Boulder
- 2525 13th
 - 303-449-6050
- Lafayette
- 303-665-9310
 - 2000 W. South Boulder

Colorado Drug Card Prescription Assistance Program

- Available to all Colorado residents
- Download a prescription drug card from the website and receive up to 75% off
- Prescriptions from select pharmacies throughout the state
- Must have valid email address to register
 - www.coloradodrugcard.com

Colorado Indigent Care Program (CICP)

- Discounted health care services for Colorado residents, migrant workers and legal immigrants with limited financial resources
- Applicants must meet both residency and income and asset requirements and provide required documentation
- Candidates must be uninsured or underinsured and not eligible for Medicaid or CHP+
- Services are restricted to participating hospitals or clinics; the contracted health care provider completes the application for the applicant
- For more information, follow the website category under “Clients and Applicants”
 - www.chcpf.state.co.us
 - 303-866-3513

Colorado Influenza and Pneumococcal Alert Coalition (CIPAC)

- Clinic locations, vaccine and flu information for adults
 - www.immunizecolorado.com
 - 1-877-462-2911

Medicaid

- A health care benefits program for low-income and special needs Coloradoans who meet eligibility requirements
- Care and services are provided by many local hospitals, facilities, physicians and pharmacies
- Applications can be downloaded or you may visit the local Department of Housing and Human Services
- The application cannot be submitted online; you must turn in your application at the local county Department of Human Services in the county in which you reside
 - www.chcpf.state.co.us and <http://www.bouldercounty.org/family/medical/pages/hhsmedicaid.aspx>
 - To apply on-line: www.colorado.gov/PEAK/
Boulder
 - 303-441-1000
 - 3400 N. BroadwayLongmont
 - 303-678-6166
 - 529 Coffman, Suite 200

Medicare

- Specialized medical insurance for retired seniors and people with disabilities
 - www.medicare.gov
 - 303-894-2946
 - Toll Free (English)
 - 1-888-696-7213
 - Toll Free (Spanish)
 - 1-866-665-9668

Partnership for Prescription Assistance

- Offers access to certain medications, at low cost or no cost, for income eligible consumers who lack prescription coverage
- Eligibility and application by phone or online
 - www.pparx.org
 - 1-888-477-2669

Rocky Mountain Poison and Drug Center

- Poison information and poison prevention information
 - www.rmpdc.org
 - 303-739-1123
 - 24 Hr. Crisis Line
 - 1-800-222-1222

Salud Family Health Center

- Family medicine, pediatrics, internal medicine, immunizations, referrals and dentistry
- Treatment for acute and chronic illness; on-call after hours
- Sliding scale fee
 - www.saludclinic.org
 - 303-776-3250
 - Longmont: 220 E. Rogers

WOMEN'S HEALTH

Boulder Valley Women's Health Center

- Gynecological exams and health screenings, birth control information and supplies, first trimester abortions, treatment for sexually transmitted diseases and gynecological abnormalities
- Most services offered on sliding scale fee
- Women age 40–64, without insurance and who meet income guidelines, may qualify for free mammograms and Pap tests under the Colorado Women's Cancer Control Initiative Program (CWCCI)
 - www.boulderwomenshealth.org
 - 303-442-5160
 - Boulder: 2855 Valmont

Clinica Family Health Services

- Pregnancy care and delivery, family planning, gynecological services, breast and cervical screening on a sliding scale basis
 - Women age 40–64, without insurance and who meet income guidelines, may qualify for free mammograms and Pap tests under the Colorado Women's Cancer Control Initiative Program (CWCCI)
 - www.clinica.org
 - After Hours Nurse Line
 - 303-442-6011
- Boulder Clinic
- 303-449-6050
 - 2525 13th
- Lafayette
- 303-665-9310
 - 2000 W. South Boulder

Life Choices Pregnancy Center

- Non-medical care, spiritually based center for pregnant women, with free and confidential services including testing, community referrals, childbirth and parenting classes, and adoption information
 - www.lifechoices.org
 - 303-651-2050
 - Longmont: 20 W. Mountain View

Planned Parenthood

- Pregnancy tests, annual exams, including Pap tests and breast exams, HIV testing, menopause/midlife services, abortion, birth control and emergency contraception
- Medicaid accepted; sliding scale fees
- Women age 40–64, without insurance and who meet income guidelines, may qualify for free mammograms and Pap tests under the Colorado Women’s Cancer Control Initiative Program (CWCCI)
 - www.plannedparenthood.org
 - Boulder
 - 303-447-1040
 - 2525 Arapahoe, Ste. 200
 - Longmont
 - 303-772-3600
 - 195 S. Main, Ste. 8

Real Choices Pregnancy Care Center

- Non-medical care, spiritually based center for pregnant women, with free and confidential services including testing, community referrals, childbirth and parenting classes, and adoption information
 - www.realchoicespcc.org
 - Lafayette – Main
 - 303-665-2341
 - 1275 Centaur Village,
 - Boulder
 - 303-494-3282
 - 3340 Arapahoe, Boulder
 - Campus
 - 303-492-8778
 - 1669 Euclid, Room 441
 - UMC CB 207

Salud Family Health Center

- Pregnancy care and delivery, family planning, gynecological services, breast and cervical screening on a sliding scale basis
 - www.saludclinic.org
 - 303-776-3250
 - Longmont: 220 E. Rogers

TEEN RESOURCES

GENESIS Program

- Free services designed for pregnant teens and teens parenting a child under 6 months old; clients must be 19 years or younger and reside in Boulder County
- Services are offered through the child's third birthday and include transportation to appointments, assistance with accessing prenatal, postpartum, and well-baby care, information and support on healthy pregnancy and parenting practices, referral and linkage to school/work and social services benefits
- Staff is available to meet with clients in their homes, at GENESIS offices, or at neutral sites
- Staff includes parent educators who are former teen parents that have overcome the obstacles of parenting at an early age, social workers and nurses
 - <http://www.bouldercounty.org/family/pregnancy/pages/genesservices.aspx>

Boulder

- 303-413-7529
- 3482 Broadway

Longmont

- 303-678-6155
- 529 Coffman, Ste 200

Lafayette

- 303-413-7529
- 1345 Plaza Ct

Genesister Program

- A partner program to GENESIS as a primary pregnancy prevention program for the sisters of teen parents
- Participants must be females between the ages of 11 and 17, Boulder County residents and the sibling of a pregnant or parenting teen
- Individualized case management, intervention and support activities for teens and their families
 - <http://www.bouldercounty.org/family/youth/pages/genesister.aspx>

Boulder

- 303-413-7512
- 3482 Broadway

Longmont

- 303-678-6151
- 1030 Boston

Women's Health Center – Youth Services Program

Boulder Teen Clinic

- Specialized clinic hours for males and females under 20 to receive information, support, confidential exams, testing, treatment and contraceptive services
- All services available by appointment Tuesdays 4–7 pm and Saturdays 1–6 pm
- Birth control supplies, emergency contraception and pregnancy testing are available without an appointment on Mondays 5–7 pm
- Free of charge; youth friendly
 - www.teenclinic.org
 - 303–442–5160
 - 2855 Valmont

Longmont Teen Clinic

- Specialized clinic hours for males and females under 20 to receive information, support, confidential exams, testing, treatment and contraceptive services
- All services available by appointment Mondays and Wednesdays 2–6 pm
- Birth control supplies, emergency contraception and pregnancy testing are available without an appointment on Tuesdays 2–6 pm
- Free of charge; youth friendly
 - www.teenclinic.org
 - 303–442–5160
 - 82 21st

Tobacco Education Prevention Partnership (TEPP)

- Free quit smoking resources, including information on Colorado Quitline telephone and internet service
- Youth smoking education and cessation
 - <http://www.bouldercounty.org/family/addiction/pages/abouttepp.aspx>
 - 303–413–7500
 - 3482 Broadway

DENTAL

Clinica Family Health Services

- Dental services for low income people
- Dental services available at the Thornton location for established Clinica medical clients with PCP referral
- Sliding scale fee
 - www.clinica.org
 - Lafayette
 - 303-665-9310 (Choose dental option on phone menu)
 - 2000 W. South Boulder
 - Boulder
 - 303-449-6050 (Choose dental option on phone menu)
 - 2525 13th

Colorado Foundation of Dentistry for the Handicapped

Donated Dental Services (DDS)

- Comprehensive dental treatment and orthodontics for children and adults, without dental insurance, who are disabled, medically compromised (permanent disability of chronic illness) or 65 years of age and older and have extensive dental needs
- Patients are treated in a nearby dentist office, free of charge
- Initial phone screening is done to verify patients are truly needy and have no other way of paying for dental care, before an application is mailed out
- Medicaid and non-Medicaid clients can qualify
 - www.nfdh.org
 - 303-534-5360
 - Denver: 1800 15th, #100

Colorado DHCA Low Income Dental Program

- Comprehensive dental services for low income families, no documentation required
- Fees are based on a sliding scale.
 - Boulder: 2525 28th St., #140
 - 303-430-7399

Community College of Denver Dental Hygiene Program

- Exams, x-rays, cleanings, preventative maintenance and sealings at reduced rates for children and adults (typically 30%–50% less than private practice)
- Dental hygiene students, who are carefully supervised by registered/licensed dental hygiene faculty, provide all care
- Patients are required to pay fees at the time of appointment; receipts are given for patients to submit to their insurance company for reimbursement, when applicable
 - www.ccd.edu/dental
 - 303-365-8338
 - Denver: Lowry Campus
 - 1062 Akron Way, Bldg 753

Dental Aid

- Reduced-fee preventive and restorative dental care to low income and uninsured residents of Boulder County
- \$10 registration fee required for each family or individual
- Payment required at time of service
- Dental Aid participates in [Give Kids A Smile Day](#), another annual one day program in February offering free treatment to kids without insurance and no means to cover dental costs; contact your Dental Aid provider for participation information
 - www.dentalaid.org
 - General Information: 303-499-7010
 - Boulder Adult and Children's Clinic
 - 303-499-7072
 - 4155 Darley, Suite C
 - Longmont Adult and Children's Clinic
 - 303-682-2619
 - 1715 Princess
 - Louisville Children's Clinic
 - 303-665-8228
 - 877 S. Boulder Rd.

Healthy Smiles Dental Clinic (The Children's Hospital) and the University of Colorado School of Dentistry

- Dentists are specially trained to work with kids from 6 months to 18 years
- Services include cleaning, cavity prevention, fillings, gum disease treatment and referrals for orthodontics, oral surgery, cleft lip and palate
- Most insurance plans are accepted, including Medicaid, CHP+
- Children without insurance receive a 35% discount and payment arrangements can be made with the billing coordinator
 - www.thechildrenshospital.org/conditions/dental/healthy-smiles.aspx
 - 720-777-6788
 - University of Colorado at Denver Health Sciences Center
 - Fitzsimmons Campus
 - Aurora: 1575 Wheeling

KIND (Kids in Need of Dentistry)

- A non-profit children's charity dedicated to providing low and no cost dental care to children from Colorado low income families, as well as children with Medicaid and CHP+
- Program accepts children up to 18 who do not have dental insurance and whose families are considered low income by Federal Poverty Level and KIND percentage guidelines
- Families are asked to pay \$20 per appointment, plus ten percent of the value of services provided; payment plans can be arranged with the clinic billing coordinator
- Specialty referral treatment plans (orthodontics, endodontics and oral surgery) are limited and sometimes available on a case by case basis, once the child is first considered eligible for KIND clinic services
- Clinic locations in Commerce City, Colorado Springs, Denver and Lakewood
- Download an eligibility form or call to request an application
 - www.kindsmiles.org
 - 303-733-3710

Salud Family Health Center

- Dental services for low income people
- Sliding scale fee
 - www.saludclinic.org
 - 303-772-1906
 - Longmont: 220 E. Rogers

State Department of Oral Health

- Assists Medicaid patients in finding a dentist
 - www.cdphe.state.co.us/pp/oralhealth/oralhealth.html
 - 303-692-2470

VISION

EyeCare America

- www.eyecareamerica.org
- 1-800-222-3937

Seniors EyeCare Program

- Designed for persons who are age 65 or over, are US citizens or legal residents, have not seen an ophthalmologist in three or more years and do not belong to an HMO or VA
- Comprehensive eye exams at no cost in the Boulder County area
- Does not include eyeglasses, prescription drugs, hospital services, fees of other medical professionals
- One year of treatment, at no cost, for any disease diagnosed during the initial exam

Glaucoma EyeCare Program

- Persons who have not had an eye exam in a year and are at increased risk for glaucoma (family history, African American or age 60 or older) may be eligible for a glaucoma eye exam and initiation of treatment, if indicated
- Uninsured patients receive care at no charge; insured patients are responsible for co-payments and cost

Diabetes EyeCare Program

- Designed for persons who have diabetes and are age 65 or over, are US citizens or legal residents, have not seen an ophthalmologist in three or more years and do not belong to an HMO or VA
- People eligible for a referral through the program receive a comprehensive, medical eye exam and up to one year of treatment for any disease diagnosed during the initial exam, at no cost

Vision Service Plan (VSP)

Sight for Students

- www.sightforstudents.org
- 303-413-7549
- Free eye exams and glasses to low income, uninsured children through age 18, who have not yet graduated high school and do not have Medicaid or other vision insurance
- Child or adult must be a U.S. citizen or legal immigrant with a social security number and may not have used the Sight for Students program during the past 12 months
- Eligibility, referrals and vouchers may be obtained through a network of community partners including Boulder County Public Health and local school district health services; contact the individual schools for assessment information
- Boulder County Public Health (ages 0-5 only)

WELLNESS PROGRAMS

Longmont United Hospital

Prestige Plus

- Wellness activities, educational programs, clinics, classes, counseling, screenings, such as blood pressure, weight, pulse, oxygen level and blood sugar
- Discounts on therapeutic services, low cost blood work, prescription drug discount card and complimentary introductory sessions at the hospital therapy pool and gym
- Available to those 55 and older with low cost annual membership
 - www.luhcares.org/services/prestigeplus.aspx
 - 303-651-5080
 - Prestige Plus at Longmont Senior Center
 - Longmont: 910 Longs Peak

Tobacco Education Prevention Partnership (TEPP)

- Free quit smoking resources, including information on Colorado Quitline's telephone and internet service
- Youth smoking education and cessation
 - <http://www.bouldercounty.org/family/addiction/pages/abouttepp.aspx>
 - 303-413-7500
 - Boulder: 3482 Broadway

HIV/AIDS/HEPATITIS ASSISTANCE

Boulder County AIDS Project (BCAP)

- Support, advocacy and education to those infected with, or affected by HIV and AIDS
- Outreach and information center to prevent further transmission of HIV and AIDS
- Case management to help identify needs and access services, including health treatment options, buddy program, financial assistance, BCAP food bank and spiritual counseling
- Confidentiality guaranteed for voice mail and return calls
 - www.bcap.org
 - Boulder
 - 303-444-6121
 - Spanish: 303-444-7181
 - 2118 14th
 - Longmont
 - 303-774-8827
 - Longmont: 82 21st

Boulder County Public Health

HIV/Sexually Transmitted Infections (HIV/STI) Outreach Program

- Confidential or anonymous counseling and education to individuals in an outreach and clinic based setting
- HIV testing and Hepatitis B & C testing are available for a low cost fee
 - <http://www.bouldercounty.org/family/sex/pages/hivtestcouncil.aspx>
 - Boulder
 - 303-413-7500
 - Sundquist Building
 - 3482 Broadway
 - Longmont
 - 303-678-6166
 - St. Vrain Complex
 - 529 Coffman

Howard Dental Center for HIV+ /AIDS Oral Health

- Comprehensive and compassionate dental services in a private clinic setting for men, women and children living with HIV+ /AIDS
- No fee services available to low income eligible residents of Denver, Broomfield, Jefferson, Arapahoe, Douglas and Adams counties
- Sliding scale fees for individuals with HIV and AIDS who do not qualify for no fee services
- Verification of HIV and income status is required
 - www.howarddental.org
 - 303-863-0772
 - Denver: 1420 Ogden

National AIDS Hotline

- Information, confidential advice and counseling for persons with HIV/AIDS and sexually transmitted diseases
 - 1-800-342-AIDS (2437)

National Pediatric AIDS Network (NPAN)

- Information on treatment, clinical trials, educational resources and services for children and adolescents with HIV/AIDS; website includes links to many hotline numbers
 - www.npan.org

HOME MAINTENANCE AND UTILITIES

General Resources

Low-Income Energy Assistance Program (LEAP)

- Assistance for low-income qualified households who need help paying for winter season heating bills
- LEAP is available November 1 through April 30 for applicants who meet income guidelines
- Applications and information are available at local Department of Housing and Human Services offices below; applications can also be downloaded from from DHHS website and must be submitted in person, by mail, or email
- Applications are also available at Sister Carmen Community Center, Emergency Family Assistance Association (EFAA) and OUR Center

Department of Housing and Human Services Locations:

- <http://www.bouldercounty.org/family/housing/pages/hhsleap.aspx>
- 303-441-1000
- Boulder: 3460 N. Broadway
- Longmont: 529 Coffman, #100

Colorado State LEAP Information:

- www.cdhs.state.co.us/leap/index.htm
- Information Line at 1-866-432-8435
- Note: If LEAP has been denied or the benefit has been exhausted, Energy Outreach Colorado (EOC) may be able to help at 1-866-HEAT-HELP

Crisis Intervention Program (CIP)

- Assistance with furnace repair/replacement or replacement of broken windows
- Applications are available at the LEAP office or on the website
- To qualify for CIP, you must be eligible for LEAP
 - www.cdhs.state.co.us/leap/specialprograms.htm
 - 303-678-6097
 - Longmont: 529 Coffman #100

CareConnect (Formerly RSVP)

- A non-profit organization that promotes volunteerism for those over 55 by supporting programs which provide security, comfort and independence for seniors and adults with disabilities
- Services include low cost or no cost transportation to medical appointments, grocery shopping and delivery, fix-it teams that provide minor home repairs and energy conservation tips, and snow removal for city of Boulder seniors and disabled persons in need of assistance (Icebusters)
 - www.careconnectbc.org
 - Boulder
 - 303-443-1933
 - 951 Arapahoe, Ste. 10
 - Longmont
 - 303-772-2262
 - 615 Main, Longmont

Energy Outreach Colorado

- Emergency program for low income families with a past-due energy utility bill
- To apply you must have a letter from LEAP stating whether you qualified or were denied assistance and must pay your energy bill directly to an energy provider
- Only one payment from any agency is allowed within the same timeframe
- Must apply through a participating agency; go to the website or call for a list of agencies
 - www.energyoutreach.org
 - 303-825-8750 or 1-866-432-8435

Longs Peak Energy Conservation Weatherization and Home Rehab Programs

- 720-864-6401
- Longmont: 1288 Alaska

Weatherization

- Home energy audits, furnace tune-ups and repairs, insulation and other weatherization retrofits for eligible low-income homeowners and renters
- Qualification is based on income and may also be available to households who have received Medicaid, LEAP, TANF, SSI, OAP or AND in the past 12 months
- For applications and information, visit the website or call the number above
 - <http://www.bouldercounty.org/family/housing/pages/lpeceatherization.aspx>

Home Rehab Programs

- A variety of grants and loans for health and safety repairs and energy conservation available to residents of Boulder County, depending on location and income
- For applications and information, visit the website or call the number above
 - <http://www.bouldercounty.org/family/housing/pages/housingrehabilitation.aspx>

Low – Income Telephone Assistance Program

- Known also as the Lifeline fund, eligible persons for this program may qualify for a monthly phone bill discount and charges to turn on a new phone service
- Eligibility is determined by the Colorado Department of Human Services and considered for persons receiving Old Age Pension, Aid to the Needy Disabled, Supplemental Security Income, Colorado Works/TANF or Low Income Energy Assistance Program
 - www.cdhs.state.co.us/LEAP/
 - 1-800-782-0721

Snow Removal

Snow Chasers

- Volunteer provided snow removal for *city of Longmont residents* who are seniors or persons with disabilities, and who are unable to shovel their own walks to comply with the City's snow ordinance
 - www.ci.longmont.co.us/sen_ctr/volunteer/snow_chasers.htm
 - 303-651-8495

ICEBUSTERS Program

- City of Boulder senior citizens and physically disabled persons who are unable to clear snow from their sidewalks may receive assistance through the ICEBUSTERS Program. Contact CareConnect for more information
 - 303-443-1933
 - Boulder: 951 Arapahoe Ave, Ste 10

CHILD CARE

General Resources

Bal Swan Children's Center

- A non-profit pre-school for children with special needs who are blended in the classroom with typical children
- Early intervention therapies and education services for challenged children from infancy to 8 years old
- Children with disabilities who qualify for funding receive services at no cost
 - www.balswan.org
 - 303-466-6308
 - Broomfield: 1145 E. 13th St.

Boulder Day Nursery

- Child care, early learning programs and family support services for low income families
- Full time and partial week care for infants, toddlers and preschoolers
- Multi-child discounts, scholarships, CCAP payments and a sliding scale fees
 - www.boulderdaynursery.org
 - 303-442-7605
 - Boulder: 1518 Spruce St.

Boulder Valley School District

Kindergarten Enrichment (Formerly K-CARE)

- A half-day optional, childcare program that is available in elementary schools for kindergarteners needing care for the rest of the school day
- The program includes structured and unstructured projects that complement the school programs
- Program is fee-based, however scholarships are available through Colorado Child Care Assistance Program (CCAP)
 - www.bvds.org/KE/Pages/default.aspx
 - CCAP 303-604-1043
 - Kindergarten Enrichment Office 720-561-3761

School Age Care Program (SAC)

- SAC is an on-site before and after school program for students age 5 –12 that provides students with homework assistance
- Services are available from 7:00 am until school opens and school dismissal until 6:00 pm
- Programs are offered at Aspen Creek K–8, Birch, Coal Creek, Community Montessori, Douglass, Eldorado K–8, Emerald, Fireside, Heatherwood, Lafayette, Monarch K–8, Pioneer and Ryan
- Financial assistance for tuition may be possible through the Colorado Child Care Assistance Program (CCAP), or if denied, partial scholarships may be available through the SAC Office
 - www.bvsd.org/SAC/Pages/default.aspx
 - 303–720–561–3776
 - CCAP 303–604–1043
 - Boulder: Boulder Valley School District Education Center/SAC
 - 6500 Arapahoe

Boulder Valley YMCA Child Care Program

- Kindergarten enrichment, before and after school programs and summer day camps
- Limited scholarships available
 - www.ymcabv.org
 - 303–442–2778
 - Boulder: Mapleton Center, 2850 Mapleton

City of Boulder Children, Youth & Family Services

- Licensed child care referrals, including Day Care Centers and Day Care Homes for all of Boulder County
 - www.bouldercolorado.gov
 - 303–441–4357
 - Boulder: 2160 Spruce St.

Child Care Certificate Program (CLIFF)

- Financial assistance to qualifying low income families in the City of Boulder, who are not eligible for CCAP
- If approved, partial payment is made directly to your child care provider
 - www.bouldercolorado.gov
 - 303–441–4357
 - Boulder: 2160 Spruce St.

Colorado Child Care Assistance Program (CCAP) Managed by Aspen Family Services

- Subsidized child care programs for low income families that are working, searching for employment or in training
- Eligibility includes families enrolled in the Colorado Works Program that need child care services to support their efforts toward self-sufficiency
- Orientation appointment must be scheduled before beginning application process
 - <http://www.bouldercounty.org/family/financial/pages/ccap.aspx>
 - 303-604-1043
 - Lafayette: Aspen Family Services, 450 Courtney Way, Ste. 101

Colorado Preschool Program

- Serves 3-5 year old children lacking overall school readiness due to risk factors associated with poor academic performance, such as low income, homelessness, or frequent housing relocation and limited English proficiency
- Call for program eligibility

Boulder Valley School District

- www.bvgsd.org/preschools/Pages/default.aspx
- 303-447-5075

St. Vrain Valley School District

- www.stvrain.k12.co.us/academicsPrograms/preschoolKindergarten/
- 303-772-702-7815

Ed & Ruth Lehman YMCA of Longmont Child Care Program

- Pre-school, kindergarten enrichment, before and after school programs and summer day camps
- Limited scholarships available
 - www.ncoymca.org/en/childcare
 - 303-776-0370
 - Longmont: 950 Lashley

Head Start

- Preschool program for qualifying families & children with special needs, ages 3 – 5
- Full day and part day classrooms

Boulder County Head Start

- <http://www.bouldercounty.org/dept/communityservices/pages/bcheadstart.aspx>
- 303-441-3980
- Classrooms located in Boulder and Lafayette

Wild Plum Center for Young Children and Families

- www.wildplumcenter.org
- 303-776-8523
- Classrooms located in the City of Longmont

OUR Center

- Childcare for babies 6 weeks to 18 months
- Sliding scale fees
 - www.ourcenter.org
 - 303-772-4320
 - Longmont: 501 5th

The Tiny Tim Center

- Developmentally appropriate preschool experiences for all children, ages 3-5 years, regardless of disabilities or special needs
- Developmental evaluations and screening for children birth to 3 years
- Therapeutic services for children ages birth through 12
- Free and reduced lunch for income eligible children
 - www.tinytimcenter.org
 - 303-776-7417
 - Longmont: 611 Korte Parkway

YWCA Children's Alley

- Emergency temporary childcare center (10 visits/month, Mon – Sat.) for ages 6 weeks to 12 years
- Call the evening before (after 4:00 p.m.) to schedule for following day
- Sliding scale fees
 - www.ywcaboulder.org/programs/childrensalley.html
 - 303-449-1951
 - Boulder: 2222 14th

Parenting

Classes and Support

Boulder Valley School District – Parent Engagement Network (PEN)

- A parent-led community movement in collaboration with the Boulder Valley district
- PEN offers workshops, resources and coaching that promote parent skills and youth resiliency
- For more information and schedule, go to the interactive calendar section of the website
 - www.parentengagementnetwork.org

Families First

- Prevention and intervention services designed to help parents put their children's needs first
- Parent support groups, parent education classes and phone support
- Children's group free to parents attending classes or support groups
 - www.familiesfirstcolorado.org
 - Info & Administration: 303-745-0327
 - Family Support Line: 303-695-7996 (10:00 a.m. – 10:00 p.m. At other times, leave message and call will be returned within 24 hours)
 - Spanish Support Line: 1-866-527-3264
 - Denver: 2163 S. Yosemite

Parenting Place

- Weekly parent/child activity groups to help parents find emotional support, connection to other families, and parenting information, while their children interact in a stimulating environment; language based playgroups available
- Support groups include new parent, single parent, adoptive parent, and post-partum
- Offer groups in Boulder, Lafayette, Longmont and Broomfield
 - www.myparentingplace.org
 - 303-449-0177
 - Boulder (main office): 1235 Pine Street

Parenting Place – Bright Beginnings’ Programs

- www.myparentingplace.org
- www.brightbeginningsco.org
- 303-449-0177
- Boulder: 1235 Pine Street

Warm Welcome Program

- No cost visits offer support and information to parents of newborns on health, safety, community resources and early brain development
- A Warm Welcome visit includes a board book for the baby, parent resource directory, Mozart Effect for Newborn CD, child and brain development information, learning games activity booklet, child care resources and home safety tips

Moving On Program

- For parents of children ages 12 – 36 months, no cost visits offer information and tools promote healthy development
- A Moving On visit includes a learning games booklet, language power handbook, and picture book

St. Vrain Family Center

- Supportive services and resources that promote healthy parenting and family relationships
- Educational classes such as Positive Parenting, Boot Camp for Dads, Surviving Divorce, Building Healthy Relationships and Step-Parenting
- Supervised parenting time and a safe place for children who are exchanged between separated/divorced parents and guardians having a right to time with the children
 - www.stvrainfamilycenter.org
 - 303-776-5348
 - Longmont: Meeker Neighborhood Center, 839 Meeker St.

SPECIALIZED PARENTING SUPPORT

Boulder County Community Immigrant Programs

- Parent Leadership Training Program
- PLTP aims to increase and support Latino parent involvement in the school via parenting skills classes, education regarding the US school system and parents' rights and responsibilities. Monthly workshops held (dinner and childcare provided)
 - <http://www.bouldercounty.org/family/getinvolved/pages/capimmigrant.aspx>
 - 303-441-3956
 - Boulder: 3482 N. Broadway

Boulder County Public Health

Community Infant Program (CIP)

- Provides services for a limited number of high-need families with children from birth to three years of age
- Nurses and mental health therapists offer in-home support for parents who experience difficulty in adjusting to a new infant or young child
- Promotes positive parenting and family support systems, healthy nutrition and feeding practices
- Assists in identifying any health problems and needed resources
 - <http://www.bouldercounty.org/family/pregnancy/pages/cip.aspx>
 - 303-661-0433
 - Boulder: 3482 N. Broadway

GENESIS Program

- Free services designed for pregnant teens and teens parenting a child under 6 months old; clients must be 19 years or younger and reside in Boulder County
- Services are offered through the child's third birthday and include transportation to appointments, assistance with accessing prenatal, postpartum, and well-baby care, information and support on healthy pregnancy and parenting practices, referral and linkage to school/work and social services benefits
- Staff is available to meet with clients in their homes, at GENESIS offices, or at neutral sites
- Staff includes parent educators who are former teen parents that have overcome the obstacles of parenting at an early age, social workers and nurses
 - <http://www.bouldercounty.org/family/pregnancy/pages/genesservices.aspx>

Boulder

- 303-413-7529
- 3482 Broadway

Longmont

- 303-678-6155
- 529 Coffman, Ste 200

Lafayette

- 303-413-7529
- 1345 Plaza Ct

Nurse-Family Partnership

- A structured nurse home visitation program from the beginning of pregnancy until the child turns two; enrollment may be limited depending on demand
- Designed to improve pregnancy outcomes, child health and development and self-sufficiency for first time, income eligible parents
- Participants must register before the sixteenth week of pregnancy
 - <http://www.bouldercounty.org/family/pregnancy/pages/nfpindex.aspx>
 - 303-413-7500
 - Boulder: 3482 N. Broadway

Boulder Valley School District

Child Find

- Free developmental screenings and referrals to appropriate services for children exhibiting developmental delays
- Available to children in the Boulder Valley School District from birth to age 5
 - www.bvsd.org/childfind/Pages/default.aspx
 - 720-561-5078

Family Resource Schools

- Family Resource Schools (FRS) are a joint partnership between the city of Boulder and the Boulder Valley School District that promotes family self-sufficiency and removes barriers to successful education
- Services include prevention and early intervention, individual and group counseling, case management, outreach, parent development classes, and links to service providers
- Other services vary among FRS Schools and can include dental, medical, and optical care, before & after school child care, after school enrichment classes, academic tutoring and transportation assistance
- Schools: University Hill, Columbine, Creekside, Crest View and Whittier
 - www.bouldercolorado.gov (Family Services)
 - 303-441-3344

Imagine!

Dayspring Educational and Therapeutic Services

- Specialized services for children with cognitive and physical challenges from birth to three years and their families
- Network includes private therapists and clinics and any service provider in organizations in Boulder County
- Team members include occupational and physical therapists, early childhood development specialists and speech language therapists who work with children individually and in group settings
- Workshops on such topics as sensory processing, the value of play, facilitating language and feeding and eating concerns are also offered
 - www.imaginedayspring.org
 - 303-665-7789

Mother House

- A shelter for pregnant women sixteen years and older, where women are given guidance and emotional support for parenting or pursuing the adoption process in a positive homelike environment
- Women are allowed to stay at Mother House up to three months after the birth of the child and are referred to programs relating to prenatal care, therapy and financial assistance
- Mother House also provides tuition assistance to women continuing their studies for up to a year after leaving the shelter
- Admittance to the residence is limited and requires acceptance through a scheduled interview (i.e. it is not used as emergency housing); to schedule an interview, call the number below
 - www.mother-house.org
 - 303-447-9602

Special Education Resources in School Districts

- Services provided in schools for students with educational disabilities
- A collaborative effort of special education teachers, general education staff, paraeducators, related service providers and involved families
- General district numbers for special education follow:

Boulder Valley School District

- www.bvbsd.org
- 303-447-1010

St. Vrain Valley School District

- www.stvrain.k12.co.us
- 303-772-7700

St. Vrain Valley School District

Child Find

- Free developmental screenings and referrals to appropriate services for children exhibiting developmental delays
- Available to children in the St. Vrain Valley School District from birth to age 5
 - www.stvrain.k12.co.us/departments/ (Special Education)
 - 303-772-6649

SAFETY PRODUCTS AND INFORMATION

American Red Cross

- Online and traditional classroom education for health and safety training, including CPR, first aid, babysitter's training and pet first aid
 - www.denver-redcross.org
 - 303-722-7474
 - Denver: 444 Sherman

Car Seat Resources

Colorado Children's Auto Safety

- Car seats, techniques and assistance for installation and use
 - 303-931-3443

Longmont Fire Department

- Car seat safety checks second Wednesday's of the month and help with installations
 - 303-651-8830

Rocky Mountain Poison and Drug Center

- Poison information and poison prevention information
 - www.rmpdc.org
 - 303-739-1123
 - 24 Hr. Crisis Line: 1-800-222-1222

U.S. Consumer Product Safety Commission

- Product safety information and unsafe products reporting
 - www.cpsc.gov
 - 24 Hr. Hotline: 1-800-638-2772

EDUCATIONAL RESOURCES

Alternatives for Youth, Inc.

Homework Heroes

- Provides after-school homework help, academic help, tutoring and life skills development to St. Vrain School District middle school students
 - www.alternativesforyouth.org
 - 303-776-8184
 - Longmont: 24 9th St.

Boulder Reads!

Reading Buddies Program

- Children with reading problems, from kindergarten to 14 years old, are matched to “Big Buddies” from CU; wait lists may apply
- Help is available during fall and spring semesters at the Boulder Main Branch Library, the Meadows Branch Library and Uni-Hill; free of charge
 - www.boulderreads.org
 - 303-444-5599

City of Lafayette Public Library

Homework Center

- The Center is open September through May for in 3rd grade through high school
- Free tutoring by volunteer tutors is on hand Monday through Thursday from 3:00 pm to 6:30 pm
- Computers for word processing and internet access for research are also available
 - www.cityoflafayette.com/library
 - 303-665-5200 X3817
 - Lafayette: 775 W. Baseline

City of Longmont Recreational Services

“The Place” After School Program

- An after school drop-in program exclusively for Longs Peak Middle School and Heritage Middle School students
- Participants must pre-register but do not need to keep a set schedule
- Activities are planned and supervised and focus on educational enrichment, recreation, leisure and life skills; the vast majority of activities are free
 - www.ci.longmont.co.us/rec/teen/place.htm
 - 303-774-4562

City of Louisville Public Library

Homework Center

- After school program for students ages 11–17, when school is in session
- Homework assistance is provided by volunteers and staff librarians
- A reference collection and computers are available for internet research
 - www.louisville-library.org (Teen Loft)
 - 303–335–4845
 - Louisville: 951 Spruce St.

Crayons to Calculators

- A community wide collaboration of nonprofits that furnishes school supplies for Boulder Valley and St. Vrain Valley School District, from low-income homes
- Backpack and supply distribution begins at various location in August; supplies available while they last; contact your local school for more information
- Pre-registration is not necessary for Boulder Valley School District
- Pre-registration is necessary for St. Vrain Valley School District
 - www.crayonstocalculators.org
 - 303–524–3865 X3

Family Learning Center

- Offer after-school activities including tutoring, mentorship, sports and computers
- Staff and volunteers serve elementary, middle and high school students
- Donation requested but not required
 - www.flcboulder.org
 - 303–442–8979
 - Boulder: 3164 34th St.

GED Preparation and ESL Sites

Boulder Valley School District

Boulder Valley Family Literacy Program

- www.bvflp.org
- 303–245–5826
- Boulder: 6500 Arapahoe

St. Vrain Valley School District

St. Vrain Valley Adult Education

- www.stvrain.k12.co.us/schools/ae/
- 303-678-5662
- Longmont: 619 Bowen

University of Colorado, BUENO-HEP Program

- www.colorado.edu/education/BUENO
- 303-678-3805
- Longmont: 2121 Miller

Student Assistance Services

- Backpacks and basic school supplies are available to students in need by request through the local school offices
- Activity fees may be reduced for participants in the reduced Lunch Program
- All activity fees are waived for families temporarily in transition
 - www.stvrain.k12.co.us
 - 303-702-7809

TEEN RESOURCES

GENERAL RESOURCES

Alternatives for Youth, Inc.

- Works with Boulder County youth ages 6–17 and their parents; extensive experience with families using English as a second language
- Promotes academic persistence and positive life skills and choices by encouraging social, cultural and self-development and improving communication with parents
- Programs are offered on a low cost or no cost basis for youth and families
- Services include Celebrando la Familia, a family and activity centered preventative program to help youth succeed in school and avoid drugs and alcohol; Community Advocates, providing services and support to targeted truant students and their parents; Northstar, classes for students at risk of being suspended or expelled; Clearview Educational Center, an alternative school for St. Vrain Valley students, 11–18 years old, who have been suspended or expelled
 - www.alternativesforyouth.org
 - 303–776–8184
 - Longmont: 24 9th St.

Attention Homes

- Provides short-term and emergency shelter services, residential treatment and a sober living program to at-risk youth in Boulder County
 - www.attentionhomes.org
 - 303–776–8184
 - Boulder: 3080 Broadway, Ste. C

Boulder County Prevention and Intervention Program

- A multi-agency collaboration dedicated to providing prevention assessment, intervention, treatment and referral service for the empowerment of youth
- Services are confidential and free of charge and available at middle and high schools in the Boulder Valley and St. Vrain School Districts
- Intervention specialists address substance abuse, depression, sexuality, relationships, transitions, communication, leadership and conflict resolution
 - <http://www.bouldercounty.org/family/youth/pages/interventionprogram.aspx>
 - 303–413–7500
 - Boulder: 3482 Broadway

Boulder County Public Health

Addiction Recovery Division (ARC)

- ARC provides an Intensive Teen Outpatient Program (ITOP) for drug and alcohol treatment to teenagers, aged 14–17 years, who are involved in Boulder County District Probation, Boulder County Housing and Human Services or Mental Health Center Serving Boulder and Broomfield Counties
- A more intensive and integrated level of treatment and structure (ISIS) is also available to adolescents of the same group qualifications
- Family therapy and support is available to participants of both ITOP and ISIS
- Other addiction recovery programs include an outpatient program for drug and alcohol treatment that promotes coping and life management skills, transitional outpatient program for people who have scheduled an outpatient or DUI intake or have been in Detox, specialized women’s services program for pregnant and parenting women and an inpatient detoxification program with referrals for ongoing care
 - <http://www.bouldercounty.org/family/addiction/pages/archome.aspx>

Outpatient Services

Boulder

- 303–441–1275
- 3470 N. Broadway

Longmont

- 303–678–6166
- 529 Coffman, Ste. 200

Lafayette

- 303–666–0515
- 1345 Plaza Ct. North, #3A

Intensive Services

- 303–441–1281
- Inpatient Detox Program
- Boulder: 3180 Airport

Alcohol Diversion Program

- Substance abuse education, treatment and referral for teens, young adults and families
- If the youth is high school age or younger, a parent/legal guardian must attend also
 - <http://www.bouldercounty.org/family/addiction/pages/diversionprograms.aspx>
 - 303–413–7547
 - Boulder: 3482 N. Broadway

Boulder County Public Health Outreach and Advocacy Program

Open and Affirming Sexual Orientation/Gender Identity Support (OASOS)

- Free and confidential support and resources for lesbian, gay, bisexual transgender or questioning youth, ages 20 and under
- Support groups, crisis counseling, on-site HIV testing and community events and activities
- For more information or for directions to OASOS groups, call the number below:
 - <http://www.bouldercounty.org/family/lgbtiq/pages/oasos.aspx>
 - 303-678-6259

City of Boulder

Division of Children, Youth and Families

- Conflict resolution program on behalf of children, teens and seniors by trained volunteer adult and teen mediators
- Interactive communication and decision making classes for teens
- Mediation fees are \$20 per side within the city of Boulder, \$40 within the county
- Fees are waived in cases of financial hardship
 - www.bouldercolorado.gov (Housing and Human Services)
 - 303-441-4265
 - Boulder: 2160 Spruce St.

City of Longmont

Division of Children and Youth Resources

- Short term individual, group and family counseling, assessment and follow up; free
- Assistance in coordinating community and school services
- Ongoing support groups for parents concerned about teen gang involvement
- Activities and programs for youth that focus on the skills and attributes needed to be successful in life
 - www.ci.longmont.co.us/youth_services
 - 303-651-8580
 - Longmont: 1050 Lashley

Colorado Alateen

- Alateen is part of the Al-Anon fellowship and is for young people, aged 12–20, who are affected by a problem drinker
- No dues or fees required
- Meeting schedules and information are available online or by calling the number below
 - www.al-anon-co.org
 - 1-888-425-2666

Families First

- Prevention and intervention services helping parents put their children's needs first
- Parent support groups, parent education classes and phone support
- Children's group free to parents attending classes or support groups
 - www.familiesfirstcolorado.org
 - Family Support Line: 303-695-7996 (10:00 a.m. – 10:00 p.m. At other times, leave message and call will be returned within 24 hours)
 - Spanish Support Line: 1-866-527-3264
 - Denver: 2163 S. Yosemite

Love Is Respect/ National Teen Dating Abuse Helpline

- Support, information, advocacy and resources for seeking and maintaining healthy relationships and understanding dating abuse
- Online chats with peer advocates and phone assistance 24/7
 - www.loveisrespect.org
 - 24 Hr. Crisis Line: 1-866-331-9474

Parents, Families and Friends of Lesbians and Gays (PFLAG)

- Local chapters of a national support, education and advocacy organization, for gay, lesbian, bisexual and transgender people, their families and friends
- Confidential help lines, support group meetings, guidance and nationally produced resources

PFLAG Boulder County Chapter

- www.pflagboulder.org
- 303-444-8164

PFLAG Denver Chapter

- www.pflagdenver.org
- 303-333-0286

Planned Parenthood

- Pregnancy tests, annual exams, including Pap tests and breast exams, HIV testing, abortion, birth control and emergency contraception
- Medicaid accepted; sliding scale fees
 - www.plannedparenthood.org
 - Boulder Office
 - 303-447-1040
 - 2525 Arapahoe, Ste. 200
 - Longmont Office
 - 303-772-3600
 - 195 S. Main, Ste. 8

Safehouse Progressive Alliance for Non-Violence

Dating Abuse

- A 24-hour crisis line dedicated to providing support and information to anyone involved in an abusive relationship (you do not need to be in crisis to call the crisis line)
- Trained advocates answer questions about interpersonal violence and also help with safety planning and referrals to community resources or counseling
 - www.bouldercountysafehouse.org
 - 303-444-2424

Mental Health Partners

- Counseling (by appointment)
- Family & group therapy, adolescent therapy, parenting classes, groups for children & teens
- Sliding scale; no fee for Medicaid recipients
 - www.mhpcolorado.org
 - All Intake Appointments: 303-413-6263
 - Adult Hotline: 303-447-1665
 - Children or Adolescent Hotline: 303-413-6388 (weekdays 8:00 a.m.–8:00 p.m.; all other times call adult hotline)

Boulder

- 303-443-8500
- 1333 Iris

Longmont

- 303-684-0555 or 303-247-8700
- 529 Coffman, Suite 300 or 834 S. Sherman

Broomfield

- 303-466-3007
- 899 Hwy 287

Workforce Boulder County

- Youth programs designed to help teenagers develop and improve employability, gain basic skills comprehension and encourage school retention and completion

- www.wfbc.org

Boulder

- 303-301-2900
- 2520 55th, Ste. 100

Longmont

- 303-651-1510
- 1500 Kansas, Ste. 4D

Governor's Summer Job Hunt

- Job readiness skills, career coaching and job referrals for ages 14-21; proof of age and citizenship are required
 - 303-301-3911 (Boulder)
 - 303-827-7407 (Longmont)

S.E.E.D. (Student Employment and Enterprise Development) Program

- Summer work opportunities and exposure for youth 16–21, who live or go to school in Boulder County
 - 303–827–2916

Workforce Community Corps

- Work experience, training and career development support, for ages 18–21, doing projects for Parks and Open Space and various Boulder County agencies
 - 303–301–2913

Women’s Health Center

Boulder Teen Clinic

- Specialized clinic hours for males and females under 20 to receive information, support, confidential exams, testing, treatment and contraceptive services
- All services available by appointment Tuesdays 4–7 pm and Saturdays 1–6 pm
- Birth control supplies, emergency contraception and pregnancy testing are available without an appointment on Mondays 5–7 pm
- Free of charge; youth friendly
 - www.teenclinic.org
 - 303–442–5160
 - Boulder: 2855 Valmont

Longmont Teen Clinic

- Specialized clinic hours for males and females under 20 to receive information, support, confidential exams, testing, treatment and contraceptive services
- All services available by appointment Mondays and Wednesdays 2–6 pm
- Birth control supplies, emergency contraception and pregnancy testing are available without an appointment on Tuesdays 2–6 pm
- Free of charge; youth friendly
 - www.teenclinic.org
 - 303–442–5160
 - Longmont 82 21st St.

RECREATION AND GROWTH ACTIVITIES FOR YOUTH

FITNESS AND SOCIAL OPPORTUNITIES

MENTORING, LEADERSHIP AND CREATIVITY

FITNESS AND SOCIAL OPPORTUNITIES

City of Boulder Parks and Recreation Department

Reduced Rate Program

- Center amenities at North, South and East Boulder include aquatics, gymnasium, weight room and cardio space, gymnastics and movement classes, climbing walls, special events and enrichment classes; availability varies by location
- City of Boulder residents who qualify can receive 50% off the current daily admission fee, annual pass or punch card to recreation centers in East Boulder, South Boulder and North Boulder, reservoir and outdoor pool
- Eligibility criteria for qualifying for the reduced rate program extends to city residents who are living in Boulder Housing Partners complexes, or who have received the City of Boulder Food Tax Rebate or who currently have Medicaid or children insured under the Colorado Health Plan (CHP)
 - www.bouldercolorado.gov
 - 303-413-7200
 - Iris Center-Administrative Offices
 - Boulder: 3198 N. Broadway

City of Lafayette Recreation Department

Reduced Rate Program

- Facilities include aquatics, gymnasium, weight room and cardio space, gymnastics and movement classes, special events and enrichment classes
- This program reduces fees by 50% for activities sponsored by the City of Lafayette Recreation Department
- Lafayette youth are eligible if their families meet one of the following program guidelines: Temporary Assistance for Needy Families (TANF), Supplemental Social Security Income (S.S.I. or S.S.D.), Section 8 or Public Housing, Child Health Plan Plus (CHP+), Food Stamps, W.I.C., Medicaid, Free/Reduced Lunch Program
 - www.cityoflafayette.com
 - 303-665-0469
 - Lafayette: 111 Baseline

City of Longmont Recreation Services Scholarship Program

- Facilities include aquatics, gymnasium, weight room and cardio space, gymnastics and movement classes, climbing walls, special events and enrichment classes; availability varies by location
- Scholarships are granted on a funds available basis for eligible youth, ages birth to 17, living within the City of Longmont; \$100 maximum per child, per year
- Activities and programs are limited to 10 visit, 20 visit or quarterly passes, group swim lessons, athletics, pre-school, day camp, spring and fall camps at Longmont Recreation Center, St. Vrain Memorial Building, Centennial Swimming Pool, Roosevelt Ice Pavilion, Sunset Swimming Pool, Kanemoto Activity Pool or Roosevelt Activity Pool
- A written letter of “financial need” must accompany the application, at least 2 weeks prior to registration for any program, class or activity; applications are subject to approval and must be signed by the parent or guardian
- Applications may be downloaded and returned to:
 - www.ci.longmont.co.us/rec/teen/scholarship.htm
 - 303-774-4750
 - City of Longmont Recreation Services
 - Attention: Scholarship Administrator
 - 310 Quail Rd., Longmont 80501

City of Louisville Recreation and Senior Services

Scholarship and Reduced Rate Programs

- Center amenities include aquatics, gymnasium, weight room and cardio space, gymnastics and movement classes, special events and enrichment classes
- This reduced rate program for eligible families decreases fees by 50% for activities and/or passes sponsored by the City of Louisville Parks and Recreation Department
- Louisville families can qualify for reduced rates if they are documented recipients of aid to dependent children, Medicaid recipients, Section 8 or Public Housing tenants or receive Supplemental Social Security Income (S.S.I.) or W.I.C.
- Scholarships are program specific, (for example, one swim lesson session, one soccer season, etc.)
 - www.louisvillerecreation.com
 - City of Louisville Recreation and Senior Services
 - 303-666-7400
 - 900 W. Appia Way

Ed and Ruth Lehman YMCA of Longmont

- Center amenities include aquatics, gymnasium, weight room and cardio space, gymnastics and movement classes, special events and enrichment classes, handball and racquetball
- When funds are available, the YMCA will provide up to 50% financial assistance based on documented household income and family size
- Scholarship assistance applications can be picked up at the “Y” or downloaded. If approved, aid may be applied towards membership fees, youth sports or swim lessons, and childcare programs, including early years center, school age care or day camp
 - www.ncoymca.org/membership/financial-assistance
 - 303-776-0370
 - Longmont: 950 Lashley

Erie Community Center

- Facilities include aquatics, gymnasium, weight room and cardio space, gymnastics and movement classes, special events and enrichment classes
- Erie households that qualify for federally funded assistance programs are eligible for reduced pass fees and recreation activity fees at the center
 - www.eriecommunitycenter.com
 - 303-926-2550
 - Erie: 450 Powers

Kids Nite Out in Lafayette

- A weekly program of games, dancing, sports, swimming and prizes that provides a safe, supervised environment for kids ages 8–14,
- Every Friday night, September through May, 7–10:30 pm, \$10 cash per person (late fees may apply if children are not picked up on time)
- Visit the website for a calendar of events or more information
 - www.kidsniteout.org
 - Bob L. Burger Recreation Center
 - 720–935–7339
 - 111 W. Baseline

Kids Nite Out in Longmont

- A weekly program of games, dancing, sports, swimming and prizes that provides a safe, supervised environment for kids ages 8–13
- Every Saturday night, September through May, 7–11 pm, \$12 cash per person (late fees may apply if children are not picked up on time)
- Visit the website for a calendar of events or more information
 - www.kidsniteout.org
 - Longmont Recreation Center
 - 720–371–9867
 - 310 Quail

TEENS, Inc. – Youth and Family Center

- A recreational center for ages 11–21, free of charge
- The facility houses a gym, sports, music and gymnastics classes and summer camps
- The after school programming is targeted at teens to do homework, socialize and learn marketable skills, as well as increase their awareness of teamwork and the environment
 - www.teensinc.org
 - 303–258–3821
 - Nederland: 151 East

“The Zone” at The Longmont Youth Center

- An after school and summer drop-in center for ages 11–19 with supervised games, pool, trips and activities
- Free referral based program through the St. Vrain Valley School District
 - www.ci.longmont.co.us/youth_services/index.htm
 - 303–651–8580
 - Longmont Youth Center
 - 1050 Lashley

YMCA of Boulder Valley

- Centers in Boulder and Lafayette with amenities including aquatics, gymnasium, weight room and cardio space, gymnastics and movement classes, special events and enrichment classes; availability varies by location
- Financial assistance is based on a family’s documented financial need; financial assistance applications may be picked at the “Y” or downloaded
 - www.ymcabv.org
 - Boulder
 - 303–442–2778
 - 2850 Mapleton
 - Lafayette
 - 303–664–5455
 - 2800 Dagny Way

MENTORING

Alternatives for Youth, Inc.

- Works with Boulder County youth ages 6–17 and their parents; extensive experience with families using English as a second language
- Promotes academic persistence and positive life skills and choices by encouraging social, cultural and self-development and improving communication with parents
- Programs are offered on a low cost or no cost basis for youth and families
- Services include Celebrando la Familia, a family and activity centered preventative program to help youth succeed in school and avoid drugs and alcohol; Community Advocates, services for targeted, truant students; Northstar, classes for students at risk of being suspended or expelled; Clearview Educational Center, an alternative school for St. Vrain Valley students, 11–18 years old either suspended or expelled
 - www.alternativesforyouth.org
 - 303–776–8184
 - Longmont: 24 9th St.

Big Brothers Big Sisters of Colorado

- Professionally supported, one-on-one supervised mentoring by an adult volunteer for at-risk youth
- Structured activities and asset building opportunities aimed to enhance youth's sense of self and community and develop a positive attitude towards school and learning
 - www.biglittlecolorado.org
 - 303-433-6002
 - Denver: 1391 N. Speer, Ste. 450

Boulder County Partners

- Adult volunteers (senior partners) are matched with at risk youth in Boulder County, ages 8 to 17 years old (junior partners) and serve as role models and friends
- Children are referred by youth serving agencies, such as Housing and Human Services, school counselors or the criminal justice department, with the goal of helping them develop a positive self-image, a feeling of belonging and a sense of responsibility
- Adult mentors and children are matched by similar interests and share a variety of one on one recreational and learning activities, spending a minimum of one hour a week together for at least a year
 - www.bcpartners.org
 - 303-772-1411
 - Longmont: 1430 Nelson, #206

LEADERSHIP AND CREATIVITY

Boulder County 4-H

- Local clubs fostering youth development, leadership, citizenship and life skills through projects and community service
- Clubs offer optional parental involvement, summer camps, county fair participation and a variety of projects such as livestock and horses, home environment, visual arts, food and clothing, sports, general and natural resources
- Enrollment costs \$25 and additional fees may be project oriented; scholarships are available for U.S. citizens
 - www.coopext.colostate.edu/boulder
 - 303-678-6238
 - CSU Cooperative Extension Office
 - Longmont: 9595 Nelson, Box B

Boy Scouts of America

Longs Peak Council

- Scouting programs designed to develop character, civic responsibility, fitness and leadership skills
- Annual membership dues is \$10 and financial assistance is available
- Cub Scouts: Boys 1st through 5th grades
- Boy Scouts: Boys 11 years old through high school (outdoor oriented)
- Venturing: Co-ed 14 to 21 years old (adventure oriented)
 - www.longspeakbsa.org
 - 303-447-8511
 - Lafayette: 505 Stacy Ct., Unit F

City of Boulder

Youth Opportunities Advisory Board (YOAB)

- YOAB is a group of middle and high school representatives, ages 14 –18 years of age, who advise and make recommendations to Boulder City Council, City departments and local agencies on youth related issues
- Youth may apply for limited funding for cultural, recreational and educational activities in return for community service; please check with YOAB to determine current availability of this program
- Applications to become a new member of the Board are posted on their site in March and due in April; no previous experience is necessary but you must live in the city of Boulder
 - www.yoab.org
 - 303-441-4357
 - Boulder: 2160 Spruce

City of Longmont – Children and Youth Resources Division

Longmont Youth Council

- Activities and programs for youth that focus on the skills and attributes needed to be successful in life
- Advisory participation in city government by youth who actively make recommendations to City Council on youth perspectives
- Grants available for projects by school aged youth that benefit community
- Applications may be downloaded at their website
 - www.ci.longmont.co.us/youth_services
 - 303-774-3752
 - Longmont: 1050 Lashley

Colorado Youth Program (CYF)

- CYF connects kids with nature, environmental concerns and their communities through summer camps and school year programs
- Programs include Mountain Summer Camp, Teen Adventure Camp and Adventure Club; Adventure Club takes place on weekends and after school during the school year
- Sliding scale and a limited number of scholarships are available
 - www.coloradoyouthprogram.org
 - 303-402-9656
 - Boulder: 1906 13th, Ste. 205

Girl Scouts of Colorado

- Girl scouting is dedicated to helping girls gain courage, confidence, and character, while developing friendships and leadership skills and making the world a better place
- Girls between the ages of 5 and 17 in are eligible to join
- Annual membership dues is required but assistance is available for families with limited financial resources
 - www.girlscoutsofcolorado.org
 - 970-493-1844 or 888-801-1269

Girls' Wilderness Program

- 4-12 day outdoor programs designed to build courage, confidence and leadership for teen girls, ages 12-17; financial aid available
- Specialty course is offered for Latina girls
 - www.womenswilderness.org
 - Boulder: 5723 Arapahoe, #1B
 - 303-938-9191

Home Depot Workshops

- Designed for ages 5–12, free workshops teach do-it-yourself skills and tool safety, while instilling a sense of accomplishment
- Offered the first Saturday of each month from 9 – noon
 - www.homedepotclinics.com
 - Boulder
 - 303–449–4221
 - 1600 29th St.
 - Louisville
 - 303–661–9600
 - 1200 Dillon
 - Longmont
 - 303–494–0319
 - 393 S. Hover

Project YES

- Project YES (Youth Envisioning Social change) provides leadership opportunities for young people through the arts and service learning
- Services are free and include a Youth Center, Art in the Community projects and Service–Learning Partnership programs
- Open to Boulder County residents on a first come first served basis
 - www.project-yes.org
 - 303–926–0306
 - Lafayette: 1306 Centaur Village Dr.

September School and YMCA of Boulder Valley

Breakthrough Arts Program

- Free after school art classes for Boulder area high school age teens
- Classes vary from dance to film to art and more and are geared to developing creativity and connections to community
 - www.septemberschool.org
 - 303–443–9933
 - Boulder: 1902 Walnut

YWCA

The EDGE: The Girls Empowerment Program

- Programs designed to empower girls with the skills and attitudes they need to take healthy risks, maintain high aspirations and stay resilient
- Topics vary but may include newspaper production, digital storytelling and photography, high tech video effects and more
- Special project programs include Teen Board Directors, which enables two high school girls from Boulder County each year to learn about policy and decision making, fundraising and how nonprofit organizations work
 - www.ywcaboulder.org
 - 303-443-0419
 - Boulder: 2222 14th St.

SPECIAL NEEDS

GENERAL RESOURCES

Access-a-Ride

- Transportation for passengers with disabilities who are unable to use regular RTD buses and qualify for certification under the guidelines established by the Americans with Disabilities Act
- Eligibility extends to certified persons who are unable to board, ride or exit a wheelchair lift-equipped bus, or who do not have access to an RTD bus with a wheelchair lift or whose disability does not allow them to travel to and from a bus stop
- Reduced fares apply
 - www.rtd-denver.com/accessARide.shtml
 - 303-299-2960 or TTY 303-299-2980

Association for Community Living

- An advocacy organization for children and adults with developmental disabilities that provides information, classes and opportunities for social activities
- A Learning Center to encourage learning beyond high school with individualized learning plans and a nurturing environment, based upon student choices
 - www.aclboulder.org
 - 303-527-0888
 - Longmont: 5744 N. 71st St.

Autism Society of Boulder County (ASBC)

- Resources to assist Autism Syndrome Disorder individuals and their families and professionals
- Information related to autism, research, education, legislation and therapeutic support services
 - www.autismboulder.org
 - 720-272-8231

Boulder County Public Health

Children with Special Needs Program (CSN)

- Health information, specialized nursing services and referrals to families of children with special health care needs from birth through age 20
- The program assures metabolic and hearing screening for newborns, provides support and guidance to parents of medically complex newborns and monitors children at risk for developmental delays
 - <http://www.bouldercounty.org/family/pregnancy/pages/csnprogram.aspx>
 - 303-413-7500
 - Boulder: 3482 Broadway

Boulder Valley School District

Child Find

- Free developmental screenings and referrals for children exhibiting delays
- Available to children in the Boulder Valley School District from birth to age 5
 - www.bvsd.org/childfind
 - 720-561-5078

Parent Professional Partnership

- A support and resource organization in the Department of Special Education for families who have a child with a disability, including ADD/ADHD
- Help provided to navigate the special education system, with parent trainings, lending library, newsletters, mentors and one-on-one support
 - www.bvsd.org/ppp/pages/ppp.aspx
 - 303-447-5918

Center for People with Disabilities

- Resources, information and advocacy to assist adults with disabilities, who are over 18 years old, in overcoming barriers to independent living
- Primary service areas include housing, employment, transportation, support services and confronting discrimination
 - www.cpwd-ilc.org

Boulder

- 303-442-8662
- 1675 Range

Longmont

- 303-772-3250
- 615 N. Main St.

Colorado Department of Human Services

Traumatic Brain Injury Trust Fund Program

- Payment assistance available to eligible legal Colorado residents for specific covered services related to traumatic brain injury
 - www.cdhs.state.co.us/tbi/ (Colorado PEAK)
 - 303-866-4779

Colorado Department of Human Services

Division of Vocational Rehabilitation

- A variety of free employment services based on employment barriers or limitations, chosen employment goal and unique circumstances for individuals with documented disability
- Evaluation, guidance, training, assistive technology devices, placement and support
 - www.cdhs.state.co.us/dvr
 - Boulder Office
 - 303-444-2816
 - 4875 Pearl East Circle, Ste. 301
 - Longmont Office
 - 303-776-6878
 - 825 Delaware, Ste. 306

Exceptional Families of Boulder and Broomfield Counties

- A support organization for families with children who have developmental issues or special care needs
- One to one parent matching, support groups, resources, advocacy and special events for parents with exceptional children
 - 303-441-1555 X92243

EXPAND Program for People with Disabilities

- Exciting Programs Adventures and New Dimensions (EXPAND) is a program offered through the Boulder Parks and Recreation Department that helps people who have disabilities improve and gain new recreation and leisure skills
- Specialized programs promote an environment where people with and without disabilities recreate together, including various sports teams, Special Olympics, social outings and crafts
- Reduced rates and scholarships are available
 - www.bouldercolorado.gov
 - 303-441-4933 or 303-413-7216

Imagine!

- Specialized services for all ages with cognitive, developmental and physical disabilities, including mental retardation, autism, Down syndrome, epilepsy and cerebral palsy
- Support is also available for children from birth to three years of age who are at risk of having cognitive disabilities or who have developmental delays
 - www.imaginecolorado.org
 - 303-665-7789
 - Lafayette: 1400 Dixon

Special Transit

- Low-cost, wheelchair accessible transportation in small buses for people who have limited driving ability or can no longer drive due to age, health, disability or income
- Mileage reimbursement for approved trips when friends or family provide transportation for rural riders or when Special Transit cannot provide service
- Free training for older adults and people with disabilities on how to safely and confidently use public transportation
 - www.specialtransit.org
 - 303-447-2848
 - Boulder: 2855 N. 63rd Street

St. Vrain Valley School District

Child Find

- Free developmental screenings and referrals for children exhibiting delays
- Available to children in the St. Vrain Valley School District from birth to age 5
 - www.stvrain.k12.co.us/departments/ (Special Education)
 - 303-772-6649

TEEN PARENT RESOURCES

GENERAL RESOURCES

Boulder County Public Health

Addiction Recovery Division

- Specialized women's services program for pregnant and parenting women in need of drug and alcohol treatment

- <http://www.bouldercounty.org/family/addiction/pages/specialconnwomen.aspx>

Boulder

- 303-441-1275
- 2525 13th St.

Longmont

- 303-678-6166
- 529 Coffman, Ste. 200

Lafayette

- 303-666-0515
- 1345 Plaza Ct. North, #3A

Community Infant Program (CIP)

- Provides services for a limited number of high-need families with children from birth to three years of age
- Nurses and mental health therapists offer in-home support for parents who experience difficulty in adjusting to a new infant or young child
- Promotes positive parenting and family support systems, healthy nutrition and feeding practices
- Assists in identifying any health problems and needed resources
 - <http://www.bouldercounty.org/family/pregnancy/pages/cip.aspx>
 - 303-661-0433
 - Boulder: 3482 Broadway

GENESIS Program

- Free services designed for pregnant teens and teens parenting a child under 6 months old; clients must be 19 years or younger and reside in Boulder County
- Services are offered through the child's third birthday and include transportation to appointments, assistance with accessing prenatal, postpartum, and well-baby care, information and support on healthy pregnancy and parenting practices, referral and linkage to school/work and social services benefits
- Staff is available to meet with clients in their homes, at GENESIS offices, or at neutral sites
- Staff includes parent educators who are former teen parents that have overcome the obstacles of parenting at an early age, social workers and nurses
 - <http://www.bouldercounty.org/family/pregnancy/pages/genesservices.aspx>

Boulder

- 303-413-7529
- 3482 Broadway

Longmont

- 303-678-6155
- 529 Coffman, Ste 200

Lafayette

- 303-413-7529
- 1345 Plaza Ct

Genesister Program

- A partner program to GENESIS as a primary pregnancy prevention program for the sisters of teen parents
- Participants must be females between the ages of 11 and 17, Boulder County residents and the sibling of a pregnant or parenting teen
- Individualized case management, intervention and support activities for teens and their families
 - <http://www.bouldercounty.org/family/youth/pages/genesister.aspx>

Boulder

- 303-413-7512
- 3482 Broadway

Longmont

- 303-678-6151
- 1030 Boston

Nurse–Family Partnership

- A structured nurse home visitation program from the beginning of pregnancy until the child turns two; enrollment may be limited depending on demand
- Designed to improve pregnancy outcomes, child health and development and self-sufficiency for first time, income eligible parents
- Teens are generally referred to GENESIS first, but may choose to use this program instead; participants must register before the sixteenth week of pregnancy
 - <http://www.bouldercounty.org/family/pregnancy/pages/nfpindex.aspx>
 - 303–413–7500
 - Boulder: 3482 N. Broadway

Boulder Valley School District

Teen Parent Program

- The goal of this program is to address the needs of pregnant and parenting adolescents through a collaborative effort of the school district, the technical education center, social services, health clinics and community partners
- Teen parents are given assistance and opportunities to meet the challenges of parenting, participate in vocational education, graduate from high school and acquire employment
- The program operates within the traditional secondary school environment at the Arapahoe campus and focuses on economic self-sufficiency of teen parents, as well as improving the health and wellbeing of children born to teen parents
 - 303–447–1010
 - Boulder: 6500 Arapahoe

Life Choices Pregnancy Center

- Non-medical care, spiritually based center for pregnant women, with free and confidential services including testing, community referrals, childbirth and parenting classes and adoption information; some infant clothing and items may be available
 - www.lifechoices.org
 - 303–651–2050
 - Longmont: 20 W. Mountain View

Mother House

- A shelter for pregnant women sixteen years and older, where women are given guidance and emotional support for parenting or pursuing the adoption process in a positive homelike environment
- Women are allowed to stay at Mother House up to three months after the birth of the child and are referred to programs relating to prenatal care, therapy and financial assistance
- Mother House also provides tuition assistance to women continuing their studies for up to a year after leaving the shelter
- Admittance to the residence is limited and requires acceptance through a scheduled interview (i.e. it is not used as emergency housing); call to schedule an interview
 - www.mother-house.org
 - 303-447-9602

Real Choices Pregnancy Care Center

- Non-medical care, spiritually based center for pregnant women, with free and confidential services including testing, community referrals, childbirth and parenting classes, and adoption information; some infant clothing and items may be available
 - www.realchoicespcc.org
 - Lafayette (Main Office)
 - 303-665-2341
 - 1275 Centaur Village
 - Boulder
 - 303-494-3282
 - 3340 Arapahoe
 - CU Campus
 - 303-492-8778
 - 1669 Euclid, Room 441
 - UMC CB 207

St. Vrain Valley School District

Teen Parenting Program

- For teen parents, with infants to six months of age, and pregnant teenagers who haven't graduated from high school
- Augments the standard high school curriculum with parenting and work skills
- Child care provided
 - 720-494-3965

ADOPTIVE FAMILY RESOURCES

GENERAL RESOURCES

Boulder/Broomfield County Foster/Adoptive Family Association (BBFFA)

- BBFFA is available on a membership basis and open to all families who have been certified through the County Department of Housing and Human Services; associate memberships, with limited benefits, are also available to those who wish to support the BBFFA
- Regular membership includes Information, support, resources, access to family social and educational events
- Support also includes application for monies to reimburse social, educational and recreational activities not covered with the monthly foster care or adoptive stipend
- For further information or to download a membership application, visit the website
 - www.bbffa.org
 - 303-772-5780

Boulder County Department of Housing and Human Services

Family Outreach Program

Kinship Support

- Specialized resource and referral information to relative caregivers, including child care resources, counseling, legal services, financial assistance and medical care
- Special events for families, discussion groups and workshops
 - <http://www.bouldercounty.org/family/foster/pages/kinshippuppsvc.aspx>
 - 303-441-1028 or 303-441-1034

Post-Adoption Services

- Resources, referrals, financial assistance and general support for adoptive families
- Special events for families, discussion groups and workshops
 - <http://www.bouldercounty.org/family/foster/pages/postadoption.aspx>
 - 303-441-1533

Child Welfare Information Gateway

Adoptive Family Resource Center

- Resources and information on all aspects of domestic and international adoption, including: information for prospective and adoptive parents, searching for birth parents, recruitment of adoptive families (for professionals), supporting birth parents and post-adoption services
 - www.childwelfare.gov/adoption

Colorado Coalition of Adoptive Families (COCAF)

- Community resources, information, workshops and advocacy available to pre and post-adoptive and kinship families
 - www.cocaf.org
 - 303-562-9864

The Adoption Exchange

Colorado Post Adoption Resource Center (COPARC)

- A statewide community - based network to support adoptive families
- Post-adoption information and resources in the form of one-on-one support and advocacy, trainings, newsletters, networking, grants, respite care, group support, mentoring and lending library materials
 - www.adoptex.org
 - 303-755-4756
 - Aurora: 14232 E. Evans

COUNSELING AND SUPPORT GROUPS

CRISIS MANAGEMENT – PROGRAMS & SERVICES

CRISIS MANAGEMENT

Boulder County Department of Housing and Human Services

Child Abuse Hotline

- Assistance for the mistreatment of a child under the age of 18 by a parent, caretaker, someone living in their home, or someone who works with or around children
- Child abuse can be physical, sexual, or emotional and includes exposure to domestic violence, and drug or alcohol abuse
 - <http://www.bouldercounty.org/family/pregnancy/pages/childwelfare.aspx>
 - All emergencies call: 911
 - To make a child abuse report or for general child welfare information, call: 303-441-1000

Adult Protective Services/Elder Abuse

- Protective services for adults unable to protect their own interests and are in danger of abuse, exploitation or neglect
 - <http://www.bouldercounty.org/family/seniors/pages/hhsadultprotrsrserv.aspx>
 - 303-441-1441
 - Boulder: 3460 Broadway

Boulder County Sheriff's Department Victim's Advocate Program

- 24 Hr. on-call crisis intervention
- Emergency counseling and guidance offered for victims of fire, theft and other crimes
 - <http://www.bouldercounty.org/safety/victim/pages/victimassist.aspx>
 - 303-441-3656
 - Boulder: 5600 Flatiron Parkway

Love Is Respect/ National Teen Dating Abuse Helpline

- Support, information, advocacy and resources for seeking and maintaining healthy relationships and understanding dating abuse
- Online chats with peer advocates and phone assistance twenty four hours a day, seven days a week
 - www.loveisrespect.org
 - National Teen Dating Abuse Helpline 24 Hour Crisis Line: 1-866-331-9474

MESA TEAM (Moving to End Sexual Assault) Rape Crisis Assistance

- Crisis intervention, support and advocacy for sexual assault victims, their families and friends
- Individual and group therapy
 - www.movingtoendsexualassault.org/
 - Information and Administration: 303-443-0400
 - 24 Hour Crisis Line: 303-443-7300

Safehouse Progressive Alliance for Non-Violence

- Temporary shelter and support for women and children affected by domestic violence
 - www.safehousealliance.org
 - Information and Administration: 303-449-8623
 - 24 Hour Crisis Line: 303-444-2424
 - Boulder: 835 North St.

Safe Shelter of St. Vrain Valley

- Temporary shelter and support for women and children affected by domestic violence in Longmont
 - www.safeshelterofstvrain.org
 - Information and Administration: 303-772-0432
 - 24 Hour Crisis Line: 303-772-4422

Mental Health Partners Emergency Psychiatric Service

- Crisis and/or evaluative services for acute anxiety or loss reactions, suicidal or homicidal states, depressive or psychotic reactions
- Emergency staff are on duty 24 hours every day for phone assessment
- If face to face evaluation is indicated, client is seen within a brief period of time
 - www.mhpcolorado.org
 - 303-447-1665

PROGRAMS & SERVICES

Blue Sky Bridge Child & Family Advocacy Program

- Support services for child victims of physical and sexual abuse and non-offending family members
 - www.blueskybridge.org
 - 303-444-1388

Boulder County Alcoholics Anonymous

- Nonsectarian support for those who desire to stop drinking; no dues or fees
- Meeting schedules are available online, at meeting sites and at Boulder County Public Health drug and alcohol treatment programs locations (below) or in the Central Office Monday-Friday 11:00 a.m. – 1:00 p.m. (Call first to ensure staffing)
 - www.bouldercountyaa.com
 - 303-447-8201
 - Boulder: 5375 Western, Suite F

Boulder County Department of Housing and Human Services

Family Outreach Program

Kinship Support

- Specialized resource and referral information to relative caregivers, including child care resources, counseling, legal services, financial assistance and medical care
- Special events for families, discussion groups and workshops
 - <http://www.bouldercounty.org/family/foster/pages/kinshippuppsvc.aspx>
 - 303-441-1028 or 303-441-1034

Post-Adoption Services

- Resources, referrals, financial assistance and general support for adoptive families
- Special events for families, discussion groups and workshops
 - <http://www.bouldercounty.org/family/foster/pages/postadoption.aspx>
 - 303-441-1533

Boulder County Public Health Addiction Recovery Division

- Outpatient program for drug and alcohol treatment that promotes coping and life management skills
- Transitional outpatient program for people who have scheduled an outpatient or DUI intake or have been in Detox; also provides extra support for outpatient clients who need contact between weekly therapy groups
- Intensive teen outpatient substance abuse intervention and treatment program for teenagers 14–17 years and their families
- Specialized women’s services program for pregnant and parenting women in need of drug and alcohol treatment
- Inpatient detoxification program with referrals for ongoing care

Outpatient Services

Boulder

- 303–441–1275
- 3470 N. Broadway

Longmont

- 303–678–6166
- 529 Coffman, Ste. 200

Lafayette

- 303–666–0515
- 1345 Plaza Ct. North, #3A

Inpatient Program

- <http://www.bouldercounty.org/family/addiction/pages/detoxprogram.aspx>
- Inpatient Detox Program
- 303–441–1281
- Boulder: 3180 Airport Rd.

Boulder Men’s Center

- Group, individual and couples counseling for men who are abusive; sliding scale available
 - 303–444–8064
 - Boulder: 1900 13th St., Ste. 305A

City of Boulder Division of Children, Youth and Families

- Conflict resolution program on behalf of children, teens and seniors by trained volunteer adult and teen mediators
- Interactive communication and decision making classes for teens
- Mediation fees are \$20 per side within the city of Boulder, \$40 within the county
- Fees are waived in cases of financial hardship
 - www.bouldercolorado.gov
 - 303-441-4265
 - Boulder: 2160 Spruce St.

City of Longmont Division of Children and Youth Resources

- Short term individual, group and family counseling, assessment and follow up
- Free of charge
 - www.ci.longmont.co.us/youth_services
 - 303-651-8580
 - Longmont: 1050 Lashley

Colorado Al-Anon/Alateen

- Al-Anon is a mutual support group to help friends and families of alcoholics recover from the effects of living with the problem drinking of a relative or friend
- Alateen is part of the Al-Anon fellowship and is for young people, aged 12-20, who are affected by a problem drinker
- No dues or fees required
- Meeting schedules and information are available online or by calling the number below
 - www.al-anon-co.org
 - 1-888-425-2666

Families First

- Prevention and intervention services designed to help parents put their children's needs first
- Parent support groups, parent education classes and phone support
- Children's group free to parents attending classes or support groups
 - www.familiesfirstcolorado.org
 - Information and Administration: 303-745-0327
 - Family Support Line: 303-695-7996 (10:00 a.m. – 10:00 p.m. At other times leave message and call will be returned within 24 hours)

HospiceCare of Boulder and Broomfield Counties Healing Circles

- Grief support services to children, teens and their family, at any point in the process of dealing with a death
- Support groups, anticipatory death consultations and trainings
 - www.hospicecareonline.org
 - Lafayette
 - 303-449-7740
 - 2594 Trailridge Drive East
 - Boulder
 - Grief and Education Center
 - 303-604-5300
 - 1585 Patton

Narcotics Anonymous

- A nonprofit fellowship of men and women, for whom drugs has become a major problem, that meet regularly to help each other stay clean
- No dues or fees required
- Communities served include Boulder, Longmont and Louisville
- Meeting schedules are available online
 - www.nacolorado.org
 - Boulder Help Line: 303-412-2884

Out Boulder

- Out Boulder provides gatherings, support, dialogue, advocacy and education for the LGBTQ community and their families
 - www.outboulder.org
 - 303-499-5777

Parenting Place

- Weekly parent/child activity groups to help parents find emotional support, connection to other families, and parenting information, while their children interact in a stimulating environment; language based playgroups available
- Support groups include new parent, single parent, working moms and post-partum
 - www.myparentingplace.org
 - 303-449-0177
 - Boulder: 1235 Pine Street

Parents, Families and Friends of Lesbians and Gays (PFLAG)

- Local chapters of a national support, education and advocacy organization, for gay, lesbian, bisexual and transgender people, their families and friends
- Confidential help lines, support group meetings, guidance and nationally produced resources

PFLAG Boulder County Chapter

- www.pflagboulder.org
- 303-444-8164

PFLAG Denver Chapter

- www.pflagdenver.org
- 303-333-0286

Peer Counseling for Seniors

- Trained senior volunteers provide private counseling visits, group interaction and/or telephone support for seniors 60 years or older

Boulder Senior Services

- www.bouldercolorado.gov
- Boulder: 909 Arapahoe
- 303-441-4388

Longmont Senior Services

- www.ci.longmont.co.us
- Longmont: 910 Longs Peak
- 303-651-8411

Raimy Psychology Clinic at University of Colorado–Boulder

- The Raimy Clinic offers psychological services at substantially reduced fees
- The Clinic provides services to those who are currently underserved, including the economically disadvantaged, ethnic and sexual minorities, and families graduate student therapists provide therapeutic services and are supervised by licensed psychologists and other experienced mental health professionals
 - 303-492-8805

Safehouse Progressive Alliance for Non-Violence

- Individual and group counseling, crisis line services and support for women and children impacted by domestic violence
 - www.safehousealliance.org
 - Boulder
 - 303-449-8623
 - 835 North
 - Lafayette
 - 303-673-9000
 - 655 Aspen Ridge Dr.
 - Nederland and mountain communities (call for availability)
 - 303-449-8623
 - 24 Hour Crisis Line: 303-444-2424

Safe Shelter of St. Vrain Valley

- Support, individual and group counseling for women and children who are victims of domestic violence in Longmont
- Case management, information and referrals. including transitional housing programs
 - www.safeshelterofstvrain.org
 - 303-772-0432
 - 24 Hour Crisis Line: 303-772-4422

Senior Reach

- A community program that identifies older adults who may need emotional or physical support and/or connection to community services
- Short term in-home counseling available
 - www.seniorreach.org
 - 1-866-217-5808

St. Vrain Family Center

- Parent resource center and lending library
- Playgroups for children and parents
- Parent education classes and on-going support groups
- S.A.F.E. Center (Safe Access Family Exchange) offering a neutral, secure site for children who are exchanged between separated or divorced parents, or others having the right to parenting time
 - www.stvrainfamilycenter.org
 - 303-776-5348
 - Meeker Neighborhood Center
 - Longmont: 839 Meeker St.

Mental Health Partners

- Counseling (by appointment)
- Family & group therapy, adolescent therapy, parenting classes, groups for children & teens
- Sliding scale; no fee for Medicaid recipients
 - www.mhpcolorado.org
 - All Intake Appointments: 303-413-6263
 - Adult Hotline: 303-447-1665
 - Children or Adolescent Hotline: 303-413-6388 (weekdays 8:00 a.m.–8:00 p.m.; all other times call adult hotline)

Boulder

- 303-443-8500
- 1333 Iris

Longmont

- 303-684-0555 or 303-247-8700
- 529 Coffman, Suite 300 or 834 S. Sherman

Broomfield

- 303-466-3007
- 899 Hwy 287

Veterans Outreach Center

- Clinical and support services for veterans
 - 303-440-7306
 - Boulder: 2636 Canyon Ste. 103

CULTURAL DIVERSITY

GENERAL RESOURCES

Alternatives for Youth, Inc.

- Works with Boulder County youth ages 6–17 and their parents; extensive experience with families using English as a second language
- Promotes academic persistence and positive life skills and choices by encouraging social, cultural and self-development and improving communication with parents
- Programs are offered on a low cost or no cost basis for youth and families
- Services include Celebrando la Familia, a family and activity centered preventative program to help youth succeed in school and avoid drugs and alcohol; Community Advocates, services for targeted, truant students; Northstar, classes for students at risk of being suspended or expelled; Clearview Educational Center, an alternative school for St. Vrain Valley students, 11–18 years old, who have been suspended or expelled
 - www.alternativesforyouth.org
 - 303-776-8184
 - Longmont: 24 9th St.

Asian – Pacific Development Center

- Outpatient counseling to Pacific and Asian populations
- Interpreter bank and victim advocates
- Sliding scale for counseling and interpreters
 - www.apdc.org
 - 303-355-0710
 - 24 Hr. Answering Service: 303-393-0304
 - Denver: 1825 York

Boulder County Community Services Program

Community Action Program (CAP)

- Opportunities for education, self-sufficiency and community involvement through citizenship classes, parent leadership training for Latino parents, and Latino/Latina life skills training for students
 - <http://www.bouldercounty.org/family/getinvolved/pages/commactpro.aspx>
 - 303-441-3976

Boulder Public Library

- Offers weekly conversational classes in English and Spanish for non-native speakers, citizenship classes and a reading club for ESL students
 - www.boulderlibrary.org/services/multicultural
 - 303-441-4941

Boulder Valley Family Literacy Program

- Provides educational services for entire families with children in the Boulder Valley School District, including ESL and GED preparation and testing
 - www.bvflp.org
 - 303-245-5826
 - Boulder: 6500 Arapahoe

Catholic Immigration Services

- Services for status adjustments, registry, naturalization, visa processing, court representation, appeals and translation of documents
- Low fees vary by service
- Spanish assistance available
 - 303-742-4971
 - Denver: 2525 W. Alameda

Consulate General of Mexico

- General information and support for Mexican citizens residing in US
 - www.consulmex-denver.com
 - 303-331-1110
 - Denver: 5350 Leetsdale Dr., Ste. 100

Denver Indian Center

- Community resources, referrals, employment and training services to American Indian individuals and their families
- Programs include youth activities, native dance classes, basic computer and job search classes, as well as vocational training
 - www.denverindiancenter.org
 - 303-936-2688
 - Denver: 4407 Morrison Road

Denver Indian Family Resource Center

- DIFRC aims to help families avoid involvement with the child welfare system, with a focus on family preservation, skill development and culturally-sensitive resource referrals for families
- Programs include parenting education, legal assistance, advocacy, case management and family reunification services
 - www.difrc.org
 - 303-871-8035
 - Lakewood: 393 S. Harlan Street, #100

El Centro AMISTAD

- Services and referrals for the Latino/Immigrant community of Boulder County
- Information about human, civil and worker's rights
 - www.elcentroamistad.org
 - 303-443-3790
 - Boulder: 205 Canyon

El Comite

- Dedicated to serving the basic needs of the Latino Community
- Bilingual/bicultural services include case management, consultations, outreach, immigration information, advocacy and conflict resolution in the Longmont area
 - www.elcomitedelongmont.org/en/
 - 303-651-6125
 - Longmont: 455 Kimbark

Family Learning Center

- ESL, literacy and computer technology courses for adults of all cultural backgrounds
 - www.flcboulder.org
 - 303-442-8979
 - Boulder: 3164 34th St.

Hmong American Association of Colorado

- A nonprofit organization dedicated to advocating the rights and social, cultural, economic and educational interests of the Hmong community in Colorado
- Programs include elderly services, special needs for children with disabilities, youth and leadership, cultural events and ESL
 - www.hmongcolorado.org
 - 303-430-0680
 - Westminster: 3489 W. 72, Ste. 107

Immigrant Legal Center of Boulder County

- A non-profit organization providing legal consultation and representation on immigration matters, to low-income immigrants in Boulder County (primarily in Spanish)
- Reduced fees for services are income based
 - www.boulderayuda.org
 - 303-444-1667
 - Boulder: 948 North, Ste. 8

Intercambio de Comunidades

- Affordable and flexible English classes at homes and agencies
- Community resource information and workshops on such issues as health care, housing laws and finances
- Intercultural events and social opportunities
 - www.intercambioweb.org
 - Boulder–Main Office
 - 303-996-0275
 - 4735 Walnut, Ste B
 - Longmont Office
 - 303-776-7070
 - 515 Kimbark, Ste 103

St. Vrain Valley Adult Education Center

- Offers ESL, literacy, academic and basic skills development courses to adults residing in the St. Vrain Valley School District
 - <http://ae.stvrain.k12.co.us/>
 - 303-678-5662
 - Longmont: 619 Bowen

University of Colorado BUENO–HEP Program

- Services include: GED preparation and testing, tutoring for students in English and Spanish, and ESL classes for all levels. Cost is \$80/course and placement exams help determine each student's need and level
 - www.colorado.edu/education/BUENO
 - 303-678-3805
 - Longmont: 2121 Miller

EMPLOYMENT, TRAINING AND CAREER DEVELOPMENT

GENERAL RESOURCES – ESPECIALLY FOR YOUTH

GENERAL RESOURCES

Workforce Boulder County

- Free job search resources, including computerized job skill matching, internet access to job listings, resume software, assessment and career information software programs, newspapers, books, periodicals and magazines
- Workshops on job seeking skills, such as networking, interviewing, applications and resumes
- Employment registration open to anyone looking for work, and includes limited career counseling, individual computer assisted training and referrals to employers
- Some scholarships and tuition assistance available for training programs through college or technical schools
- Open 8:00–4:30 Monday–Friday
 - www.wfbc.org
 - Boulder Office
 - 303–301–2900
 - 2520 55th, Suite 100
 - Longmont Office
 - 303–651–1510
 - 1500 Kansas, Suite 4D

YWCA

Career Services Program

- Job search assistance and personalized career counseling, available to both men and women; fees apply
- Career Resource Center linked to employment related websites, resume evaluation and assistance and career workshops
- Mid-Career Transition Series for those with many years of career experience
 - www.ywcaboulder.org
 - 303-443-0419
 - Boulder: 2222 14th St.

ESPECIALLY FOR YOUTH

Boulder County Youth Corps

- Opportunities for Boulder County youth to develop a sense of community involvement, personal accomplishment, teamwork and service to the county
- Teens learn strong work habits, new skills and the value of environmental and civic responsibility
- Participants, aged 14-17, are paid for eight weeks of public service during the summer and work collaboratively on teams supervised by Youth Corps Team Leaders, as well as mentors from sponsoring agencies
- Dates may fluctuate slightly, but generally applications are available the first Monday in February until the last Friday in March
- Applications can be downloaded at the website
 - <http://www.bouldercounty.org/jobs/yc/pages/default.aspx>
 - 303-441-4960
 - 303-441-1625

Career Development Center (St. Vrain Valley School District)

- Educational programs emphasizing core academic content, workplace competencies, and technical skills to further education or employment opportunities for SVVSD students
 - www.stvrain.k12.co.us/academicsPrograms/cdc
 - 303-772-3333
 - Longmont: 1200 South Sunset

City of Boulder Summer Jobs Programs

- Full time and part time seasonal employment with the Parks and Recreation Department
- Applications are accepted February – April 1 and must be submitted online
- For questions regarding specific positions, please call the number below
 - www.bouldercolorado.gov
 - 303-413-7200

Teens, Inc.

- Youth employment and training, geared to teaching marketable skills, filling a community need and personal growth
- Youth employees are required to be in school or working toward their GED
 - www.teensinc.org
 - 303-258-3821
 - Nederland: 151 E. 1st St.

Workforce Boulder County

- Youth programs designed to help teenagers develop and improve employability, gain basic skills comprehension and encourage school retention and completion.
 - www.wfbc.org

Governor's Summer Job Hunt

- Serves ages 16–21 through job referrals and building confidence by teaching job readiness skills and providing career coaching through workshops and computer based labs
 - 303-301-2900

S.E.E.D. (Summer Employment and Enterprise Development) Program

- Targets ages 16–21 for four to six weeks of summer work opportunities and exposure, enabling them to experience real business settings and roles, not usually typical in the summer employment market
 - 303-827-7421

Workforce Community Corps

- Work experience for ages 18–21 doing projects for Parks and Open Space and various Boulder County agencies, as well as providing workshops and support for career development
 - 303-301-2913

LEGAL ASSISTANCE

GENERAL RESOURCES

Boulder County Bar Association

- Mediators and arbitrators provide an alternative to resolving disputes through a judge with a variety of problem-solving processes called Alternative Dispute Resolution (ADR)
- ADR offers cost effective, fast and less formal methods than Court hearings and allows greater individual influence on the outcome
- ADR options include matters pertaining to civil, commercial, environmental, labor, government, community and family
- The Association also provides presentations to the community at no charge
- Although the organization does not refer lawyers or give legal advice, it does have a Find A Lawyer section on their website
 - www.boulder-bar.org
 - 303-470-4758
 - Boulder: 1942 Broadway, Ste. 205

Boulder County Department of Housing and Human Services

Child Support Services

- CSEU locates parents, establishes paternity, establishes child support orders and enforces child support orders
- Services are available to Boulder County residents who are custodial parents or legal guardians and want assistance in locating a non-custodial parent or are in need of establishing paternity to obtain a child support order or need assistance in establishing or enforcing a child support order
- Initial application requires a moderate fee (TANF recipients are exempt); in special cases, the administrator may wave that fee.
- Applications may be requested by mail, by phone or downloaded at the website
 - <http://www.bouldercounty.org/family/pregnancy/pages/childsupport.aspx>
 - 303-441-1000
 - Longmont: 529 Coffman, Suite 190

Boulder County District Attorney's Office

Boulder County Community Protection Division

- Consumer protection issues and advice pertaining to alerts, complaints, fraud, identity theft and landlord/tenant concerns
- Assistance is available by phone or online
- The website contains links to online consumer complaint forms and emails to the Boulder DA Consumer Affairs' office
 - <http://www.bouldercounty.org/safety/victim/pages/dacpd.aspx>
 - 303-441-3700
 - District Attorney Justice Center
 - Boulder: 1777 6th St.

Boulder County Legal Services

- Legal advice, information, referrals and representation for seniors 60 years and older and low income clients involved in civil cases
- Areas include family law, consumer issues, health law, employment, civil rights, housing, elder law, government benefits and taxes
- Legal assistance is occasionally given to grandparents seeking custody or permanent orders for grandchildren, if the children are already living with them and Housing and Human Services has deemed the grandparents' home is suitable
- Pro se (represent yourself) assistance for financially eligible persons in limited family law issues (predominantly marriage dissolution)
- No fee service for those meeting federal income guidelines
 - www.coloradolegalservices.org
 - 303-449-7575
 - Louisville: 315 W. South Boulder Rd, Ste 205

Boulder County Public Defender

- The Public Defender's office may be contacted for possible representation in those cases when a pretrial date has been set after pleading not guilty
- Clients must be able to show proof of low income eligibility
 - http://coloradodefenders.us/index.php?option=com_content&view=section&layout=blog&id=11&Itemid=70
 - 303-444-2322
 - Boulder: 2555 55th St, Ste. 200

Boulder Family Mediation Alliance

- A male and female mediator help families work through a variety of issues, such as divorce, custody arrangements and other interfamilial issues
- Services offered in Spanish and on a sliding fee scale
 - www.boulderfamilymediation.com
 - 303-552-0470

Call A Lawyer Lines

- Free legal information and resource referrals from attorneys by phone
- Available Wednesdays 4:00-6:30 p.m.
 - www.coloradolegalservices.org
 - 303-698-0999
 - Dial: Law-line 9 (sponsored by Channel 9 and the Denver Bar Association)

City of Boulder

Children, Youth and Family Mediation Program

- Trained volunteer adult, teen and senior mediators help to resolve conflicts between grandparents/children, grandparents/grandchildren, parents/teens teen/teen and other disputes involving seniors
- Conducts parent/teen interactive communication class and provides resources and referral who help children, youth and families
- No cost for initial appointment with free referrals; moderate mediation fees
 - www.bouldercolorado.gov
 - 303-441-4364
 - Boulder: 2160 Spruce St.

Community Mediation Service

- Promotes understanding and civility in the resolution of public and private disputes through mediation, facilitation, referral to community resources and consumer education
- Confidential mediation services are provided by professionally trained volunteer mediators to resolve disputes, primarily in the areas of landlord/tenant, roommates, neighbors, victim/offender and community
- No cost for initial appointment with free referrals; moderate mediation fees
 - www.bouldercolorado.gov
 - 303-441-4364
 - Boulder: 2160 Spruce St.

Office of Human Rights

- Supports issues relating to the Human Rights Ordinance within the City of Boulder
- Protects against illegal discrimination in housing, employment and public accommodation under the provisions of the Ordinance
 - www.bouldercolorado.gov
 - 303-441-3140
 - Boulder: 1101 Arapahoe, 2nd floor

City of Longmont/Community and Neighborhood Resources

Mediation Program

- Conflict resolution service for Longmont residents in the areas of neighborhood, housing, family, youth, community and cross-cultural issues
- Available at no cost to Longmont residents
 - www.ci.longmont.co.us/cnr/conflict/
 - 303-651-8444
 - Longmont Civic Center: 350 Kimbark

Colorado Judicial Branch

Self - Help Center (Pro Se)

- Online site to learn about Colorado Rules & Laws, case filing requirements, available services in Colorado and general information to assist you in representing yourself in court matters
- Forms and instructions areas include family law, criminal, juvenile, probate, appeals, protection orders, civil, small claims
- Representing Yourself in Court Brochure and Court Fees also available
 - www.courts.state.co.us/Forms/Index.cfm

Kinship Adoption

- Forms and instructions on petitioner requirements, legal availability for adoption, criminal background checks, petitions, proceeding, consents and hearings can be obtained by accessing the main category of “Adoptions” followed by the sub-category of “Kinship”
 - www.courts.state.co.us/Forms/Index.cfm

Family Court Facilitator and Divorce Forms

- Many of the forms that are required to file for and obtain a divorce are available from the Judicial Department of the State of Colorado. These forms are available on the web page
- The Twentieth Judicial District (Boulder County) also has a Family Court Facilitator who can help people who cannot afford a lawyer prepare and file the necessary paperwork
 - www.courts.state.co.us/Forms/Index.cfm
 - 303-441-3739

Guardianship Forms

- Representatives from the Boulder County Bar Association are available on a monthly basis to assist with filing for guardianship; call for hours
- Appointments are offered on a first come, first serve basis; be sure to bring your packet
- Questions regarding Probate forms and the process (including guardianship and wills) are answered
- Guardianship Packets can be picked up at the Boulder County Court House Probate office or are available on-line
- Filing fees apply; If you have a family situation that requires you to file a guardianship for more than one child, only one filing fee is required, if the Petitions are filed on the same day.
 - www.courts.state.co.us/Forms/Index.cfm
Boulder County Courthouse
 - 303-441-3750
 - Boulder: 1777 6th St. (6th and Canyon)
 - Boulder County Bar Association
 - 303-440-4758

Immigrant Legal Center of Boulder County

- A non-profit organization providing legal consultation and representation on immigration matters, to low-income immigrants in Boulder County (primarily in Spanish)
- Reduced fees for services are income based
 - www.boulderayuda.org
 - 303-444-1522
 - Boulder: 948 North St., Ste. 8

Metropolitan Lawyer Referral Service

- A nonprofit public service providing appointments with a private attorney
- Moderate referral fee for the first one-half hour conference; if further service is needed, fee arrangements are made
 - www.mlronline.org
 - 303-831-8000
 - Denver: 899 Logan

Restraining Orders

- A civil protection order may be sought for protection of you and your minor children in order to prevent stalking, sexual assault, physical assault and threatened bodily harm and/or to prevent domestic violence and abuse and/or to prevent emotional abuse of the elderly or at risk adults
- An order can be issued to restrain someone who is now or was in the past a relative and/or someone who lives or has lived at your residence and/or someone with whom you are or were intimately involved
- The packet is available at the Court Clerk's Office at the Justice Center in Boulder for a minimal fee; you may get the same packet for free by going online
- Boulder Safehouse Progressive Alliance for Nonviolence and Safe Shelter of St. Vrain Valley in Longmont have legal advocates available to assist victims of domestic violence throughout the restraining order process, including assistance in filling out paperwork at no charge
- To obtain packets for filing:
 - www.courts.state.co.us/Forms/Index.cfm
Court Clerk's Office at the Boulder County Justice Center
 - Boulder: 1777 Canyon
 - 303-441-3775 (Recorded detailed information in Spanish or English)
Safehouse Restraining Order Assistance
 - 303-444-2424 or 303-449-8623
Safe Shelter of St. Vrain Valley Restraining Order Assistance
 - 303-449-8623

Rocky Mountain Legal Center

- Non-profit offering legal services
- free consultation and sliding scale fees for all services
- Specialize in Family Law, Bankruptcy and Grandparents Rights
 - www.rmlegal.org
 - 720-242-8642
 - Lafayette: 705 S. Public Rd

The Legal Center for People with Disabilities and Older People

- Protects the human, civil and legal rights of people with mental and physical disabilities, people with HIV and older people throughout Colorado through direct legal representation informally, in courts and administrative hearings
- Services for adults and children with disabilities include investigating allegations of abuse and neglect, work assistance; housing rights, appropriate school services, accessible voting and assistive technology
- The HIV Legal Project provides advocacy in employment, housing, education or public services and claims of abuse, neglect, or breaches of confidentiality
- Older Americans Program provides legal advice and representation to any person age 60 or older with economic or social needs; case priorities are targeted to low income seniors
 - www.thelegalcenter.org
 - 303-772-0300
 - Denver: 455 Sherman, Suite 130

University of Colorado/Legal Aid and Defender Program

- Student attorneys, under the supervision of professor/attorneys, represent indigent and low income clients in civil and less serious criminal matters
- New clients accepted by appointment only September–October and January–February; minimal registration fee
 - www.colorado.edu/law/clinics/legalaid/clinic.htm
 - 303-492-8126
 - Fleming Law Building
 - University of Colorado
 - Campus Box 404

LESBIAN, GAY, BISEXUAL AND TRANSGENDER RESOURCES

TEEN GROUPS – FAMILY & FRIENDS SUPPORT– ELDER SUPPORT

TEEN GROUPS

Boulder County Public Health

Outreach and Advocacy Program

Open and Affirming Sexual Orientation/Gender Identity Support (OASOS)

- Free and confidential support and resources for lesbian, gay, bisexual transgender or questioning youth, ages 20 and under
- Support groups, crisis counseling, on-site HIV testing and community events and activities
- For more information or for directions to OASOS groups, call the number below:
 - <http://www.bouldercounty.org/family/lgbtiq/pages/oasos.aspx>
 - 303-678-6259

FAMILY AND FRIENDS SUPPORT

Out Boulder

- Out Boulder provides gatherings, support, dialogue, advocacy and education for the LGBTQ community and their families
 - www.outboulder.org
 - 303-499-5777

Parents, Families and Friends of Lesbians and Gays (PFLAG)

- Local chapters of a national support, education and advocacy organization, for gay, lesbian, bisexual and transgender people, their families and friends
- Confidential help lines, support group meetings, guidance and nationally produced resources

PFLAG Boulder County Chapter

- www.pflagboulder.org
- 303-444-8164

PFLAG Denver Chapter

- www.pflagdenver.org
- 303-333-0286

ELDER SUPPORT

Boulder County Aging Services Division/City of Longmont Senior Services

Project Visibility

- Lesbian, gay, bisexual and transgendered elders who meet for social support and senior resource information
- Monthly support groups, educational events, newsletters and social gatherings
 - <http://www.bouldercounty.org/family/seniors/pages/projvis.aspx>
 - 303-441-4995

SENIOR PROGRAMS

GENERAL RESOURCES

Boulder County Aging Services

- Supports adults 60 years old and over
- Promotes the health and well-being of older adults by building on individual, family, and community strengths
 - www.bouldercountyaging.org
 - 303-441-3750
 - Boulder: 3482 Broadway

Senior Property Tax Exemption Program

- Colorado's Senior Homestead Exemption Program is designed to provide property tax relief for seniors 65 years or older who have owned and lived in their homes for ten years
- It is determined whether or not this exemption will be funded by the legislature on a yearly basis and the application must be filed by July 15 of the year for which exemption is requested
- If you have applied and qualified in previous years, you do not need to re-apply
- Applications and status of funding can be downloaded at the website or requested by phone
 - www.boulderassessor.org
 - 303-441-4830

Senior Reach

- A community program that identifies older adults who may need emotional or physical support and/or connection to community services
- Short term in-home counseling available
 - www.seniorreach.org
 - 1-866-217-5808

Senior Resource Specialists

- Resource Specialists and Community Care Coordinators provide consultation, information, referrals, education, and support for older adults (50+) and families
- Activities, support groups and lunch may also be available at senior centers

City of Boulder Senior Services

- www.bouldercolorado.gov

West Boulder Senior Center

- 303-441-3148

- 909 Arapahoe

East Boulder Senior Center

- 303-441-4150

- 5660 Sioux Drive

Lafayette Senior Citizens Center

- www.cityoflafayette.com

- 303-665-9052

- 103 S. Iowa

Longmont Senior Services

- www.ci.longmont.co.us/Sen_Ctr/

- 303-651-8716

- 910 Longs Peak

Louisville Senior Center

- www.louisvillerecreation.com

- 303-335-4919

- 900 West Via Appia

Lyons Area Senior Resources

- 303-823-9016

- 335 Railroad, Lyons

Nederland Area Senior Resources

- 303-258-3068

- Nederland Community Center Town Hall

Niwot Area Senior Resources

- www.bouldercounty.org/treas/seniors/seniors.htm

- 303-652-3850

Senior Tax Work-Off Program

- Designed for people 60 years or older who own property in Boulder County and live at the location where taxes are due
- Through this program, homeowners can be reimbursed for the County portion of their taxes, by working applicable hours as temporary employees of the County
- Jobs are given on a first come, first serve basis, and wages are paid directly to the senior; the senior is still responsible for paying property taxes by the due date
- Applications may be downloaded at the website and questions may be addressed to the number below
 - <http://www.bouldercounty.org/jobs/opp/pages/seniortaxworkoff.aspx>
 - 303-441-3500

WEBSITES

GENERAL KINSHIP RESOURCES

Colorado Kinship Connection

- www.cokinship.org

Colorado State University Extension–Grandparents Raising Grandchildren

- www.ext.colostate.edu/grg

Generations United

- www.gu.org

American Association of Retired Persons

- www.aarp.org

Boulder County Family Outreach Program

- <http://www.bouldercounty.org/family/foster/pages/kinshippuppsvc.aspx>



Boulder County Department of Housing and Human Services

Family Outreach Program

3400 Broadway

Boulder, Colorado 80304

303-441-1512 or 303-441-1034 (Spanish)