

## Boulder County Opioid Advisory Board Meeting Notes

Wednesday, July 26, 2017

9:30 – 11:00 AM

1333 Iris Ave, Boulder CO 80304

Norton Rooms (East and West)

### Meeting Goals

- Continue to build momentum for this work
- Propose a shared measurement framework for this collective impact approach
- Identify key strategies by focus area
- Gather input for potential policy recommendations
- Share important updates related to advancing this work
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### Agenda

#### 9:30 Welcome and Introductions

#### 9:40 Next Steps in Moving Toward Collective Impact—The Buffet is Open!

- Revisit Vision/Strategic Planning and decision to move toward collective impact
- Shared Measurement
- Moving Toward Action – Identify Strategies that are high impact

#### Workgroups Divided By Sector

##### **Prevention:**

- Target adult influencer campaign
- Align prevention messaging across coalitions and other stakeholders/sector
- Include safe disposal campaigns (i.e. include info with the Rx is filled.)

##### **Treatment:**

- Wrap around case management for high need MAT clients with housing, benefits etc.
- Simple, low threshold access to MAT from Emergency Departments and criminal justice diversion
- Hotline for the Emergency Department to hand a client off to in order to connect the client with a provider hub of resources

##### **Data:**

- Work with other counties to identify new data sources
- Reach out to local and state partners to access data
- Prioritize useful indicators which characterize this issue

##### **Law Enforcement:**

- Develop a 'funnel' that connects all organizations (District Attorney's office, police department, emergency medicine transportation, fire) that come in contact with person to case

management. These diversion pathways will help the person get connected with housing, peer recovery, treatment, needle exchange, detox, or whatever resources they made need.

### 10:15 Policy Update

- [Interim Legislative Committee](#) update  
Legislative committee to have 6 bills passed in next session. Please include policy ideas [here](#).  
Dates of meetings are listed on [website](#).  
July 10  
August 1  
August 22  
September 12  
September 14  
October 31
- At the July 10 meeting, presenters gave high level overview on what is happening with opioid dependence. Next meeting is August 1<sup>st</sup>. Open meeting with 15 minutes at the end for public to ask questions and speak. (Update by Michele Ryan, Behavioral Health Group)
- All organizations have some linkage to lobbyists so ideas can be funneled there as well.

### 10:30 Successes and Brief Updates

#### Melanie Dreiling, Boulder County Sheriff's Office:

- Working to continue methadone treatment in Boulder County jail while individual is still in custody. Working with MHP to start vivitrol for inmates and then hand off to MHP after they are released from jail.
- Boulder County Sheriff's Office looking into how to partner with Angel Initiative and LEAD to bring diversion to all of Boulder County.
- Saturday, September 16<sup>th</sup> Longmont angel initiative event.

#### Ann Noonan, Mental Health Partners:

- MHP suboxone clinic in Boulder has opened. They are working with a higher threshold than other suboxone centers. They are treating dual diagnosis folks who need wrap around services
- Formalizing vivitrol program (35 clients). Formalizing outpatient program in Longmont and Boulder. Prescribing vivitrol injections and providing support groups (primarily alcohol but also working for opiates).
- Mental Health Partners trying to sponsor a forum and create a large event to do overview education surrounding opioids. Ann Noonan will send out more information.

#### 21<sup>st</sup> Century Cures Grant update, Ann Noonan, Mental Health Partners:

- 8 million dollars opiate grant in Colorado; 4 million is distributed to manage service organization (Ann Noonan working with MHP). State has not yet released grant, all drafts, still going back and forth. The state wants the Managed Service Organizations (MSOs) to start spending by August.
- **Five areas of grant:**
  - 1) Providing cash to support services (MHP) for indigent clients (non-medicaid, uninsured, people who don't have access to methadone, suboxone, or vivitrol). Working with suboxone providers

and vivitrol providers. Working with population in highest need. Largest chunk of money going towards this program function.

- 2) Each of 7 regions will have funding to have a recovery support coach, helping connect folks to get MAT and other services that they need. Will be free floating throughout the county.
- 3) Family support program. Most challenging to launch. 2 different curriculums: CRAFT program and celebrating families. Focusing on family members of clients that are receiving MAT (psychoeducation support, mental health support).
- 4) Should be getting 400 new naloxone kits in Boulder County.
- 5) Working with clients that are engaging in MAT to have a residential stay. Will be in residential program at Valmont location (Transitional Residential Treatment program). Program pays for 30 day stay as people are getting stabilized on MAT. This is also for indigent clients (preferably homeless opiate users).

**Christine O'Neil, Mental Health Partners, Carol Helwig, Boulder County Public Health, Lee Scriggins, Boulder County Public Health**

- Working with BCPH to hire Works Program specialist that will be at Valmont detox location to help provide all syringe access services.
- Case manager at Boulder County Public Health hired for counselling for Works Program and providing early evaluation and intervention for low acuity users. Law enforcement should refer clients who are injecting to Boulder County Public Health.

**Overdose Awareness Day – Thursday, August 31, 2017**

- 3-5pm Lafayette Public Library
- 5:30-7:30pm Longmont (6<sup>th</sup> and Main)

**CU Overdose Prevention Activities**

- Email newsletter to faculty, staff, messaging on the CU Collegiate Recovery Center (CUCRC) and CU Health social media channels on August 31.
- Health Promotion will be doing peer-to-peer outreach Aug 31 that night teaching the Recovery Position and protective behavioral strategies to students as they head to the Hill.
- Larger overdose awareness event in mid-October, date TBD - collaboration between Health Promotion, the CUCRC, and Counseling and Psychiatric Services to share stories of those affected by an overdose, teach the Recovery Position and overdose response skills, and share campus resources. Bring in Faculty and Staff Assistance Program to discuss faculty and staff resources as well. May do a larger piece on opioid use and overdose prevention in CU Boulder Today.
- Health Promotion is launching a new training series called How to Save a Life: Overdose Prevention and Response starting Sept. 19. Will six open sessions throughout the fall semester open to students, faculty and staff. This training teaches how to recognize signs of alcohol poisoning and an opioid overdose and response skills (including information about naloxone

**Marnie Copeland, Boulder County Public Health** shared the two additional prevention opportunities:

- Shifting to Environmental Prevention Strategies – August 10
- Presentation by Harvey Milkman – September 13

**Course Registration Link:**

<https://counterdrugtraining.com/EBForms.aspx?EBID=12085>

# **Midwest Counterdrug Training Center**

## **Shifting to Environmental Prevention Strategies**

**Thursday, August 10, 2017**

**8:00 AM - 4:30 PM**

**Location: Boulder County Justice Center**

**Directions: [1777 6th Street Jury Assembly Room Boulder, CO 80302](#)**

### **Purpose**

The purpose of this training is to move Colorado communities to a broader and more comprehensive approach to prevention that includes environmental strategies. It means to inspire participants while developing specific action steps for choosing, implementing, and evaluating environmental prevention efforts. It is a full day, interactive training for 30 to 50 people.

### **Learning Objectives**

1. To increase knowledge of an environmental prevention approach
2. To understand the major differences between individual-based prevention and environmental-based prevention
3. To develop necessary skills to choose, implement, and evaluate environmental prevention strategies
4. To create a plan for moving local coordinators and coalitions toward environmental prevention strategies

### **Outline**

#### **1. What do communities need to know?**

The training opens with an introduction to a public health approach to prevention that targets population level rather than individual level change using environmental strategies. It challenges participants to think differently about prevention practice, and it discusses fundamental elements to this model of change.

## **2. Identifying and selecting realistic strategies**

The second part of the training introduces different sources of information around effective environmental strategies, and it provides material on how to select appropriate strategies for specific communities. Participants will work in small groups to choose appropriate strategies for their community. Colorado-specific context (i.e local control state, leans libertarian, etc)

## **3. Implementing strategies**

The third part of the training helps participants understand how to implement their chosen strategies effectively by looking at the “short” and “long” game of policy change. It also discusses steps in a policy change model. In addition, it helps participants understand how other strategies support and pair with policy change. Finally, it illustrates the important roles that capacity and readiness play in implementing environmental strategies. Again, participant will work in small groups to outline action steps for their community.

## **4. Evaluating an environmental approach**

The final section focuses upon how the evaluation of environmental strategies differs from more typical program evaluation. This includes a changing unit of analysis, different ways to think about documenting processes, and varying research designs. It will challenge communities to create an evaluation plan for the environmental strategies chosen earlier in the training.

# Save the Date

for a presentation by

## Harvey B. Milkman, PhD

*Author and professor of Psychology at Metropolitan State College of Denver*

Dr. Milkman will discuss his evidence-based 'Iceland Model' which has demonstrated significant reductions in teen substance use/abuse.

*"This is the most remarkably intense and profound study of stress in the lives of teenagers that I have ever seen. I'm just so impressed by how well it is working."*

*~ Harvey Milkman*

**Wednesday, September 13, 2017**

11:00 a.m. – 12:00 p.m. Lunch and Networking

12:00 – 2:00 p.m. Presentation

Houston Room

Clerk and Recorder's Office

1750 33rd St., in Boulder

The presentation will inform future work of the Healthy Futures Coalition and how the model can potentially be used throughout Boulder County.

City officials, Boulder County Commissioners' and other community stakeholders are welcome to attend.

Registration information coming soon.

For more information, contact Marnie Copeland at [mcopeland@bouldercounty.org](mailto:mcopeland@bouldercounty.org)



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