



# Social Emotional Development Toolkit

One of the guiding principles for the Boulder County ABCD Partnership is to emphasize whole child development, including social emotional development. This toolkit aims to support early childhood social emotional development and strengthen the capacity of staff, early learning teachers, providers, and parents to meet the relational needs of infants, toddlers, and young children. The earlier in a child's life we focus on social emotional development, the better.

## Content

- How to Talk About SE When Providing Outreach / Technical Assistance : Talking Points for Outreach / Technical Assistance for Boulder County ABCD Partnership Internal Use
- Key Messages for Staff and Providers (adopted from Project Launch of Early Childhood Partnership of Adams County)
  - General Messages about Social-emotional Development and Mental Health in Early Childhood
  - Targeted Messages for Child Care Providers and Home Visitors
  - Targeted Messages for Parents and Caregivers
- Mental Health Promotional Materials
  - 3 Reasons Good Infant Mental Health Matters Infographic (adopted from Colorado Association for Infant Mental Health & Alliance for the Advancement of Infant Mental Health)
  - It's Time to Change How We View a Child's Growth Poster (adopted from Centers for Disease Control and Prevention)
- Educational Materials for Staff, Teachers and Providers
  - Early Childhood Mental Health overview (adopted from Georgetown University Center for Child and Human Development)
- Educational Materials for Parents
  - What to Expect: Social and Emotional Skills stages (adopted from Vanderbilt University Center on the Social and Emotional Foundations for Early Learning)
  - How Children Can Cope with Emotions: Tips for Parents (adopted from Vanderbilt University Center on the Social and Emotional Foundations for Early Learning)
  - Positive Solutions For Families: 8 Practical Tips for Parents of Young Children with Challenging Behavior (adopted from "Strategies That Help" Regional Intervention Program)