

Support for Breastfeeding Employees

Our business provides a supportive environment to enable breastfeeding employees to nurse or express milk during work hours. *Our business* is committed to providing the following accommodations for breastfeeding employees:

- **Time to Breastfeed or Express Milk** - Breastfeeding employees will be permitted time to breastfeed or express milk during the workday, which typically will not exceed the normal time allowed for lunch and breaks. If additional time is needed, the supervisor and employee will agree upon a plan, which may include arriving at work earlier, leaving later, or using PTO.
- **A Place to Breastfeed or Express Milk** - A private room (the Parents' Room) is available for employees to breastfeed or express milk. If multiple employees are in need of the space, they should work together to establish a schedule for use of the room that will accommodate each employee's need to nurse or express milk.
- **A Place to Store Expressed Milk** - The Parents' Room has a refrigerator for temporary storage of expressed milk. Employees must clearly label each container with their name and the date the milk was collected, and they must remove their milk from the refrigerator at the end of each business day. Unlabeled containers and containers left overnight may be discarded without warning.
- **A Place to Clean Nursing Equipment** - Breastfeeding employees may wash or rinse nursing equipment in the staff lounge sink or any restroom sink.