

Boulder County Opioid Advisory Group Meeting

Wednesday, October 17th, 2018

9:30-11:30 AM

1333 Iris Ave, Boulder CO Norton Rooms

Meeting Goals

Highlight new educational topic (family impact)

Connect with fellow OAG members and new partners

Update on legislative and grant activities

Welcome, Review Agenda, Intros

- Jamie announced new position acceptance at the Colorado Consortium
 - o Still plans to stay involved with OAG in this new capacity
- BCPH will be looking to fill two new positions, growing out of Jamie's responsibilities
 - o Keep an eye out for job descriptions, Indira will post soon
 - o Would like to have someone already involved with the OAG to take on these jobs (especially hourly position)
 - One full-time, PS3 (SAIP, other division deliverables)
 - One hourly (planning, coordinating, working in organizational capacities for OAG)

Update on Federal Legislation

- More need for community support/advocacy for the bills
- Ask Rep. Singer to take on some of these bills
- Can we get commissioners to support the bill?
 - o Acquire formal support of bill from commissioner's office (has been done in the past)

Panel Speakers: How the Opioid Crisis Impacts Families

Ann Baldwin

- Overview of stats in past year's court cases
 - o 53 family court cases this year
 - Regular Cases: 29
 - DANSR Cases: 17
 - FITC Cases: 7
 - o 41 out of the 53 cases received this year have substance abuse as the presenting safety issue as to why the family came into system
- DANSR, Dependency And Neglect System Reform
- Guiding principles of DANSR:
 - o Universal screening for substance abuse
 - o Shortened time frame between screenings and assessments for treatment
 - o Use of multidisciplinary team (MDT) to improve communication and treatment planning
 - o Monthly court hearings to respond to treatment needs
 - o Measurable data
 - o State and local team collaboration

- Mission of DANSR:
 - o To improve outcomes for children and families in all Dependency and Neglect cases with substance use or co-occurring mental health disorders through system reform
- Emergency hearing changes: (involuntary)
 - o Parents oriented to process
 - o Monitoring through SENTRY set up
 - o UA completed after court hearing to provide baseline of the parents substance abuse
 - o Parents screened for treatment and are provided with assessment appointment
 - o MDT scheduled
- Program components: (voluntary)
 - o Regular court reviews
 - o Intensive care management by DHHS
 - o Participation in substance abuse/MHP treatment
 - o Random drug screens

Jeff Jones, Family Recovery Solutions

- Shifting framework to seeing addiction as disease, illness
 - o Something deep-seated, requiring treatment; not just a behavioral choice
- Structural approach to addiction in the family
 - o Addiction now plays out in a spotlight diagram model-- wanting to transition to a matrix of health (with matrix of health no hiding aspects of addiction; strong interconnectedness)
 - o Goal: trying to create a more integrated network of relationships
- Goal: healing for 'whole family'—2 or 3 generations deep
- Help families stay connected with what's happening in front of them; establishing connections to resources around them
 - o Can start doing even before loved one has started reaching out for help
- Habitual patterns; supporting ongoing change
- Separating "personhood from problem," or recognizing the individual as separate from the impairment of addiction
- www.Thefamilyrecoveryresolution.com
 - o Webpage where resources Jeff discussed are able to be accessed
 - o Services are privately paid (around \$50/month)
 - o All help delivered online through website/portal
 - o Easily accessible
 - o Don't have to schedule physical visits/meetings

Trina Faatz, Parent Engagement Network

- Shared personal testimony of her experiences being a mother of a child in recovery
- Cultural pressure in Boulder—for children to be bright, successful, everything seemingly fine
 - o External façade of "togetherness" made it difficult to reach out to others

- Shame (as a result of not achieving this mold) also was a factor which prevented from talking to other people about it
- The whole family starts to revolve around the addiction; “everything becomes a crisis”
- Questions we need to start asking ourselves and having conversations about:
 - What are ways we can deal with trauma?
 - What are ways we can have these conversations (productively) about coping?
 - How can we serve as a resource to a struggling family member?
- Seeing substance abuse as “disease” not a “behavior”
 - Recognition that addiction is not a choice
- Teens and/or siblings of users need support and resources specifically catered to them
 - A lack of attention being paid to this demographic
- Question asked to Trina: “What are resources that helped in the beginning? Or ones that you found most beneficial?”
 - Parents support groups—seeing the sheer, real amount of families that are affected by this issue
 - Support groups provided other people to talk to going through the same experiences/struggles

New mother in early recovery

- Shared personal testimony about experiences of substance abuse
 - Effect on her relationships; pregnancy
- “Mentally not wanting addiction, but physically stuck”
- Didn’t face stigma from hospital during delivery; grateful for support of hospital staff
- Was in treatment at an opioid treatment program when found out that had become pregnant
- Medication assisted treatment helped her and her baby
- Was able to have a happy, healthy baby as a result of consistent and safe use of medication assisted treatment
- Has decreased dosage of medication assisted treatment (methadone) considerably

Updates

Marco Prospero, Community Justice Services:

- 3 position offerings through a new grant; diversion and access to treatment
 - Would like to have people apply who are already involved in OAG
 - Plan; pretrial phase at jail; providing services at jail (people who can’t get out on bond); access in community
 - Funding in 2019

Scot Williams, Boulder County Drug task Force (through Jamie):

- Identification of illicit substances training for law enforcement
- Louisville PD summit for law enforcement
 - Compassion fatigue, Narcan, fentanyl are topics that will be discussed

Michele Ryan, Behavioral Health Group:

- Hub for outreach to other entities
- AFR-advocates for recovery¹

Denise Vincioni, Denver Recovery Group:

- Provider education pilot
 - o MAT

Chris Urbina, Boulder County Public Health (through Jamie):

- Boulder Community Health provider opioid prescriber trainings on October 24th and 31st

Audrey Schroer, Healthy Futures Coalition:

- Healthy Futures Coalition (HFC)—implementing strategic planning initiatives for this coming year
 - o One of two main foci is on youth leadership and development
 - If you know youth wanting to get involved in leadership capacity, reach out to HFC

Trina Faatz, Parent Engagement Network:

- Parent Engagement Network (PEN)
 - o Parent panel
 - o Panel of individuals in recovery
- Panels of individuals in recovery brought to Fairview HS
 - o Very successful and impactful turn out
 - o Lots of personal questions asked by students
 - o answers put together by Trina's team and distributed to students

Michelle Webb, Longmont Public Safety:

- CORE
 - o In Q3, CORE, co-responder team, had 607 Contacts representing work with 473 individuals. This included:
 - o 30 M1 diversions
 - o 34 ER diversions (including 30 M1 Diversions)
 - o 12 arrests/charges diverted
- LEAD
 - o Since launching July 9 LEAD has had 33 total LEAD referrals
 - o 5 LEAD participants who were previously homeless are now housed
- Angel Initiative
 - o 127 participants since launch; 70 so far this year

- Experiencing a 50% increase YOY in participants with referrals coming from partners such as the OUR Center, HOPE, hospitals and MHP's detox & walk-in clinic
- Awarded a Department of Justice (DOJ) grant in the amount of \$500K which will allow for:
 - A second paramedic position to the CORE team resulting in 7 day a week coverage
 - 2 new case managers
 - A part-time program coordinator
 - Provide funding for treatment options
- Scholarship from Front Range to individual in early recovery: to finish his Associate's and go into his Bachelor's

Ken Kupfner, District Attorney's office:

- Pilot project—mental health diversion locations
- Expansion into diversion for drug cases
 - Hope is to expand this county-wide

Meeting Summary

- No meeting on Wednesday, November 21st 2018
 - Cancelled, being close to Thanksgiving
 - OAG will move to more of a bi-monthly meeting structure in the new year
- Next meeting: Wednesday, December 19th 2018, 9:30-11:30 am , 1333 Iris Ave, Norton Rooms (East and West)—Celebrate the Year End!