

Boulder County Opioid Advisory Group Meeting

December 19, 2018

Wednesday, 9:30 – 11:30 AM

1750 33rd St, Boulder CO 80304

Boulder Clerk and Recorder's Office, Houston Room

Meeting Goals

- Support one another and network
- Review priority strategies, identify levels of success
- Identify possibility for new directions
- Provide anonymous feedback on group's efforts

9:30 Welcome and Introductions

- Introductions and welcome
- Intro of new OAG facilitator, Trina Faatz!
- Gratitude ice breaker
 - Honoring this time of year
 - Reminder that even though this is supposed to be a happy season, and is for many of us, others of us may struggle with being part of a family that accepts us
 - Recognizing this and making sure to watch/care for others as well as care for ourselves
 - Wish tree activity—hanging tags for things, people, places we are thankful for and/or those we want to keep in our thoughts

9:50 Data Update

Kristen Daly

- Poster presented by data group at Public Health in the Rockies and Colorado Consortium events
 - Information put together from data working groups
 - Looked for quality, feasibility, coherence with strategic initiatives
 - Came up with 20 data indicators
- Website compiled—opioid data for Boulder County
 - Goal is to see trends across sectors
 - Hope is for OAG workgroups to use this in work for strategies
- Data group would love input from OAG going forward

10:00 Work Group Review of Priority Goals, Activities, and Next Steps

- Presentation of priority goals by focus area
- Break out into work groups

10:40 Sharing 2018 Activities

- Led by Focus Area representatives

Priority Goals Activity Results:

Provider Education

Priority One: Inform best practices around provider education

- Provided trainings to the hospitals, medical society, primary care professionals,
- Linked treatment providers (BHG, DRG) with primary care professionals

Rating: *met and continue*

Treatment

Priority One: Ensure safe development of user-friendly directory of treatment providers

- Partial success, but need money to make this sustainable
- CDC Opioid Crisis Funding
- Possible OAG provider county-wide list to be distributed to connect providers to treatment

Rating: *did not meet (partially met) and continue*

Priority Two: Expand access to treatment

- STR to SOR expanding access
- CDC Opioid Crisis Funding
- Jail expanding access to MAT
- Housing opportunities for people on MAT/ sobriety
 - o Finding increased MAT/sober housing; not enough currently
- Withdrawal management assisting clients in successfully gaining access to vivitrol and suboxone

Rating: *met and continue*

Primary Prevention

Priority One: Education at schools and with the public

- 1500 students reached by Youth in Recovery (initial expansion to CU)
- 320 middle school students reached by Not Prescribed
- Parent Engagement Network (PEN) reached 125 community members (parents)
- 25 reached at PTO
- Healthy Future Coalition (HFC), Communities That Care (CTC) coalition building for prevention

Rating: *met and continue*

Priority Two: Reduce access to initial prescription drug misuse

- Developed online FAQs around opioid prescribing
- Worksheet distribution to hundreds of parents
- Out of Reach campaign
- Coaches training module for athletes/trainers

Rating: *did not meet, continue*

Community

Priority One: Cultivate community speakers

- 4-5 young people in recovery spoke to OAG

Rating: *met and continue*

Priority Two: Recognize Community businesses that's support people in recovery and/or carry Narcan

*new goal to address in 2019

Recovery

Priority One: Develop guidelines for accessing peer recovery specialists

- Trained peer recovery coaches

Rating: *did not meet, continue*

Priority Two: Support people in recovery to gain employment

Rating: *have not addressed, explore*

Harm Reduction

Priority One: Increase access to naloxone

- Naloxone to landlords/property managers
- CU-- increased access to student health
- Naloxone distribution in jail (around 175 kits)
- Naloxone in Boulder County AEDs; carried by security staff
- BCPH has increased capacity to do community trainings (e.g. narcan training for the MRC)
- All 8 law enforcement agencies carry naloxone

Rating: *met and continue*

Early Intervention

Priority One: Sustained united community-wide access to early intervention

Programs for under age 18

- Natural Highs-- drop in classes and events; peer mentoring
- SBIRT—1 meeting; BCPH Substance Abuse Intervention Program, SAIP
- Teen Intervene—3-4 one-on-one meetings (BVSD students only)
- iThrive—6 weekly meetings, parents and youth meeting in separate small groups
- Attention Homes—weekly substance abuse groups for shelter youth; drop in therapy

Programs over age 18

- CU Collegiate Recovery Center/Sober Buffs—drop-in meetings and events; peer mentoring; CU students only
- Nicotine Cessation coaching—one-on-one meeting with Peer Health Educator; CU students only
- SBIRT (BCPH SAIP) or CU Health Promotion (CU students only)
- Exploring Substance Use Workshop—small group meeting; CU students only

- Alcohol Impact Circle—small group; CU students only
- BASICS 1—small group and one-on-one; BCPH SAIP
- BASICS 2—2 one-on-one meetings; BCPH SAIP
- DARMA—6 group meetings; BCPH SAIP
- Attention Homes—drop in therapy Monday through Friday

Rating: *met and continue*

Law Enforcement

Priority One: Support Angel Initiative and other interventions in local law enforcement

- Continue supporting diversion efforts across multiple diversion points

Rating: *met and continue *work to increase equity in the county; communication*

Priority Two: Coordinate efforts with newly developing LEAD and co-responder programs

- Public health grant for consultation for county-wide LEAD, \$78,000

Rating: *met and continue *expand to other drug diversions*

Criminal Justice

Priority One: Support jail-to-community programming (i.e. treatment continuity for substance use)

- Hiring opioid case manager at jail with grant and rewarded
- CBT substance abuse treatment collaboration in jail (JET), MHP, C4C, probation
- Jail recently staffed JET, JBBS
- Involvement with MAT access in jails, will continue in 2019
- BJA opioid grant \$860,000 for case management and navigation
- BJA Mental Health Diversion grant

Rating: *partially met, continue*

11:00 Open and Honest Feedback

11:05 Final Announcements

Announcements from the group:

BCPH:

- Opioid Specialist Lead position being hired for
- RFP based on opioid crisis funding
 - Money coming in to CJS, Longmont, and DA's office
 - Will be a term position; money needs to be spent by August
 - Request for proposals has been written; as soon as we get the money, will be put out for bid
 - Contractor (person or group)
 - Intent: feeding info to consultant for building best system in our county using the information we have
 - Information collected will then be shared with group
 - Themes to be covered by consultant work:
 - To expand LEAD to county-- costs, human resources, feasibility

- Lit review of all evidence-based programs associated with treating behavioral health and Substance Use Disorders (SUD)
- Data description of SUDs
- Assess feasibility of having coordinated referral system
- Harm reduction/Early intervention in addition to treatment
- Possibility of having them work on list of providers
- Incorporating meth into OAG
 - Sounds like something the group approves of
 - How to leverage conversation—think about for January meeting

CU Early Intervention Programs:

- New hire at CU posted, working with early intervention among college students (contact Chris Lord if interested)
 - CAC/MA not required
 - BA minimum, or high school degree with CAC
 - 40 hours a week, will work only when school is in session

Life the Label campaign

- Opioid wall
 - Inquire into whether hospitals in Boulder County will host opioid wall
 - Other locations where wall could be placed?
 - College campuses, hospital lobbies, at community event?

Jeff Satur:

- 4 Narcan saves all referred to LEAD

AmeriCorps CORP:

- Not Prescribed, youth substance use education
 - Reached 300 students in that time
 - Expand reach into Boulder schools for middle and high school aged students
- CORP Narcan training in community
 - Expand into business community? Increased support to people in recovery
- 12 members doing youth education, Narcan education, capacity building for organizations with Substance Use Disorder
 - Make use of AmeriCorps connections

Boulder County jail:

- Medical director is certified physician, so patients can get inducted in jail

Treatment:

- Suboxone program opened
 - Need for building a model helpful to clientele that are seen
 - Most clientele homeless, no job
 - Come in and stay at detox during induction time
 - Create safe environment for folks to enter
 - High retention rate with clients
 - Last month 45 shots (40-45 shot retention for about a year)
 - On Medicaid; can be accommodated even without insurance

- Suboxone and vivitrol; injectable suboxone in future
 - MHP- TRT, Warner House; moving to Warner building on Jan 15th
 - A blend of crisis and treatment/SU folks; platform to build substance use awareness
- Survey coming out to look at 2019 meeting dates
 - Next meeting: **January 16, 9:30-11:30**, 1750 33rd St. Boulder, CO

11:30 Optional Networking Time

Next meeting:

- Priority Goals for 2019
- Discussion on inclusion of addressing methamphetamines in strategies
- Highlight new staff and roles of each