



healthy futures coalition

PARTNERING TO REDUCE SUBSTANCE ABUSE

3482 Broadway St. Boulder, CO 80403-Sundquist Building-Baltic Room

September 12, 2018

12-2pm

Lunch is provided

### Opening: Introductions & Brief Announcements

- Attendees: Cameron Snow- BCPH Youth Advisory Team , Chris Nelson – Attention Homes, Colt Smith – Alternatives for Youth, Debbie Brinley - PEN, Jaime Feld – BCPH/OAG, Megan Noel- BCPH, Melissa Lowe – MAT provider, Danny San Filippo – Attention Homes, Elly Johnson – Attention Homes, Alice Henriques- BCPH SAIP, Ruthie Kolb - BCPH, Liz Blackwell - BVSD, Haley Thomas - YMCA, Olga Bermudez – Longmont Youth Center
- Monday, September 17, 9:00am-11:00am, Boulder Jewish Community Center, Boulder **Boulder County's Healthy Kids Colorado 2017 Data Presentation** - *If you love data, come here to learn more about the most recent prevention data from our Biostatistician at Boulder County Public Health*
- **PEN Kickoff**, September 17<sup>th</sup>, 6-8:30pm, Verde Restaurant in Louisville (\$25 cost).  
Presentation from Derek McCoy, former CU & NFL football player and Director of Violence Initiatives at Project PAVE.
- **PEN Opioid Awareness: Speaking from the Heart and Soul of Addiction**, September 26<sup>th</sup> , 6:30-8:30pm at Monarch High School. This is a free community event about how opioids are impacting Boulder County.
- Monday, September 17, 6:00-8:00pm, Trail Ridge Middle School, Longmont  
Town Hall: Addressing the Opioid Crisis – Hosted by Representative Singer.

### Strategic Planning Retreat updates

- October 12th from 8:30 am – 1 pm at the St. Vrain Community Hub in Longmont (515 Coffman St.) - Everyone is invited; community members (youth & adults) who haven't previously participated in HFC are invited too if they have an interest and level of familiarity with prevention.
- We are looking for youth participants that currently work with an organization, have an adult from their organization with them at the retreat to provide context/support during the

retreat. Youth will be compensated with a \$50 gift card. **RSVPs are needed from youth participants in order to be compensated in a timely manner!**

- **If you cannot attend the retreat on Oct. 12:** If you would like to provide input and ideas for the planning process, please sign up for an 90-minute retreat make-up meeting at this form in the google drive.
- **Before the retreat:** Please review the documents in the 2018 Planning retreat folder in the google drive and come with a general understanding of your own ability to commit to coalition activities from November 2018 – October 2019. **Think about the questions listed under the “Health Equity Overview”.**

#### **Vote on new meeting time (trial period until April 2019)**

- If you were not at the meeting, please vote on which meeting time you prefer going forward at this survey monkey survey.
- We will pilot rotating meeting times between mid-day and early evenings, and we can re-assess how the new meeting time rotation is working in the spring.

#### **Presentation from Youth Advisory Team**

- Cameron Snow led the coalition in an activity exploring society’s biases and stereotypes towards different substances.
- If you would like to have BCPH’s Youth Advisory Team present to an group that you are affiliated with, you can request a presentation at: [Bit.ly/BCPHYouth](http://Bit.ly/BCPHYouth)

#### **Health equity overview**

- We watched [this 5 minute video](#) about the “Cliff of Good Health” and had a brief discussion about HFC’s role in addressing biases related to different substances, health disparities, and health equity
- Group discussion:
  - Where does HFC fit along the “cliff of good health”? What is our role in prevention?
    - Higher up on the cliff – before people have negative impacts from substance use

- What is our role in slowing the hand pushing people towards the edge of the cliff?  
What is our role in addressing health disparities and promoting health equity?
  - Address the low perception of risk for substance use (very common in Boulder County)
  - Identify what is “pushing people toward the edge of the cliff”
  - Increase community awareness that there are things that impact people’s substance use that are outside their own decisions (i.e. make people aware of the hand)
  - Focus on what we feasibly can do as a coalition
  - Talk!
  - Peer-to-peer interventions
  - Parent education
  - Encourage healthy conversations

#### **Overview of grant goals, strategies, and activities**

- Reviewed where HFC’s funding comes from, our goals, strategies, and key activities as a coalition.
- We can modify our strategies and key activities at the planning retreat, but our goals need to stay the same
- Coalition members voted on which of our current selected prevention strategies that they feel they have either been most involved with, or would like to be most involved with (pink sticky notes) and then voted for the strategy that they were involved with second-most (blue sticky notes).
  - We will revisit this activity as part of the strategic planning retreat and deciding which of the current strategies should stay as priorities, and which have less coalition energy behind them.

#### **Next Meetings:**

- No regular meeting in October - Planning retreat on Oct. 12<sup>th</sup> will replace the meeting