



AAC members = 22  
Quorum = 12

*To deliver, fund, and advocate for services that promote well-being, independence, and dignity for older adults, people with disabilities, family caregivers, and veterans in Boulder County*

## **BOULDER COUNTY AREA AGENCY ON AGING ADVISORY COUNCIL (AAC)**

**Longmont Senior Center  
(910 Longs Peak Ave., Longmont, CO 80501)  
Friday, Dec. 6  
9 a.m. – Noon**

- |       |  |
|-------|--|
| 8:45  | Gather, Coffee, Visiting   |
| 9:00  | Welcome – Dale Porter<br>Comments from the Chair – Dale Porter<br>Public Comments and Correspondence<br>Additions to the Agenda<br><b>Approve October 2019 Minutes</b> |
| 9:15  | ADRC Quarterly Update – <i>Neal Waite</i>  |
| 10:00 | Advocacy Update – <i>Lindsay Parsons</i>   |
| 10:15 | BREAK  |
| 10:30 | Update from Longmont Senior Center – <i>Michele Waite</i>  |
| 10:45 | Strategic Planning Update – <i>Lindsay Parsons</i>   |
| 11:00 | Subcommittee Work Time   |
| 12:00 | Adjourn  |

Next meeting of AAC:  
Friday, Jan. 3  
9 a.m. – 12 p.m.  
Location: Louisville Senior Center

*Reasonable accommodations will be provided upon request for persons with disabilities. Please contact Julia Yager, ADA Coordinator or the Human Resources Division, at 303-441-3525 at least 48 hours prior to the scheduled event.*

# ADVOCACY UPDATE

**Lindsay Parsons**

*Aging Policy Advocate & Planner*

- ▶ Climate action
- ▶ Oil and gas authority
- ▶ Public lands
- ▶ Flood recovery
- ▶ Child welfare
- ▶ Behavioral and mental health
- ▶ Affordable housing
- ▶ Equity and justice

# 2020 STATE LEGISLATIVE AGENDA

## *LEGISLATIVE PRIORITIES*

- ▶ Child welfare
- ▶ Colorado Works and TANF Funds
- ▶ IMPACT Collaborative Management Partnership
- ▶ Home visitation
- ▶ Air quality and oil and gas enforcement
- ▶ Early childhood
- ▶ Behavioral health
- ▶ Wildfire mitigation
- ▶ Community justice
- ▶ Increase funding for transportation from new revenue

## 2020 STATE LEGISLATIVE AGENDA *BUDGET PRIORITIES*

“The population of those 60 and older in Colorado is expected to increase by over half a million and represent over 20 percent of the state’s total projected population by 2030, with the largest growth anticipated to be adults aged 80 and older. This unprecedented demographic shift will require an increased focus on healthspan: Providing older Coloradans with access to locally delivered preventive services that enable them to thrive. The Older Coloradans Program (OCP) aims to achieve this goal by financially supporting Colorado’s sixteen regional Area Agencies on Aging, whose programs provide basic resources for older Coloradans to age well in their communities – whether that be in their homes or in long-term care. Increased funding for the OCP will help Colorado’s AAA’s expand the broad arrays of programming and services that are relied upon by Colorado’s growing aging populations.”

INCREASE FUNDING FOR THE OLDER COLORADANS  
PROGRAM TO SUPPORT SERVICES FOR  
COLORADO’S GROWING AGING POPULATION



- ▶ Older Americans Act
- ▶ n4a Policy Briefing

FEDERAL  
ADVOCACY



- ▶ Monday, January 27<sup>th</sup>
- ▶ Information on 2020 session
- ▶ Citizen advocacy
- ▶ Legislative Priorities
- ▶ Meeting with legislators and legislative staff

COLORADO SENIOR LOBBY  
“A CAPITOL AFFAIR”

## Colorado Association of Area Agencies on Aging

Rich Mauro - 303-480-6778 | Lynda Meyer - 970-498-7755



### What is an Area Agency on Aging?

**Area Agencies on Aging (AAAs)** respond to the needs of older adults (60+) and their family caregivers in the communities they serve through advocacy, funding, direct service, planning, and education. AAAs work with public and private partners to respond to the unique needs in their communities. From supporting

people who can remain in their home with the right supportive services, to serving an older adult who benefits from the wellness and socialization opportunities provided at congregate meal sites, AAA services make a difference in the lives of older adults across the state.

For over thirty years AAAs have maximized private and public resources to ensure that essential services are available to minority, frail, rural, and low-income older adults. Established under the Older Americans Act (OAA) in 1973, AAAs provide or fund services in five broad categories:

- **Community-Based Services**, such as adult day care, transportation, and senior meal programs
- **Elder Rights**, including assistance for persons 60+ with financial and legal concerns, and ombudsman services for residents of long-term care facilities
- **Information and Assistance** to access community resources and services
- **In-home Services**, such as Meals-on-Wheels, food shopping, housekeeping, home modifications, and personal care
- **Support for Family Caregivers**, including educational opportunities and offering respite (a short break from caregiving responsibility for family members)

The sixteen AAAs in Colorado play a pivotal role in assessing local needs, developing programs, and creating service plans that build upon local community strengths. In their local communities, AAAs maximize service potential and avoid duplication of effort by partnering with local agencies. The AAAs also advocate for improved services for older adults and their families. Colorado's changing demographics mean a quarter of our population will be 60+ by 2050, up from 18 percent in 2016. We have an opportunity

to make sure people can make the most of their longer, healthier lives through services and social policies to ensure older adults can remain active members of their community.

Flyers about the work of Area Agencies on Aging will be distributed every other week during the 2019 legislative session compliments of the Colorado Association of Area Agencies on Aging (c4a) and the Colorado Senior Lobby (CSL).

**Thank you for your funding support for aging services in the 2018 session!**

For more information please visit: [ColoradoSeniorLobby.org](http://ColoradoSeniorLobby.org) and [c4a-colorado.org](http://c4a-colorado.org)

# 2020 LEGISLATIVE FLYERS



**Aging and Disability  
Resources for Colorado**

- ▶ Aging & Disability Resource Line Call Center
- ▶ Staff Changes
- ▶ Changes to the Colorado Choice Transitions (CCT) program

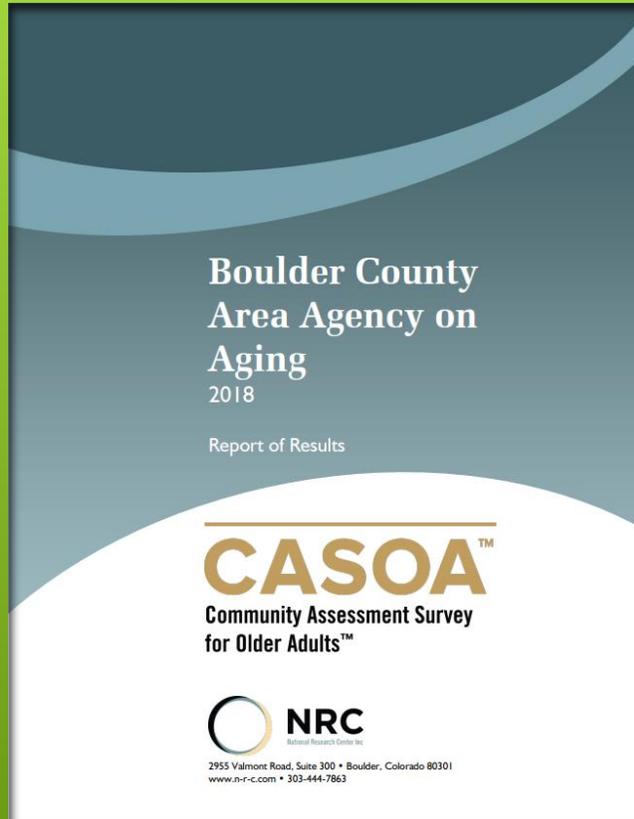
**UPDATES FOR AGING &  
DISABILITY RESOURCE  
CENTER (ADRC)**

# STRATEGIC PLANNING UPDATE

**Lindsay Parsons**

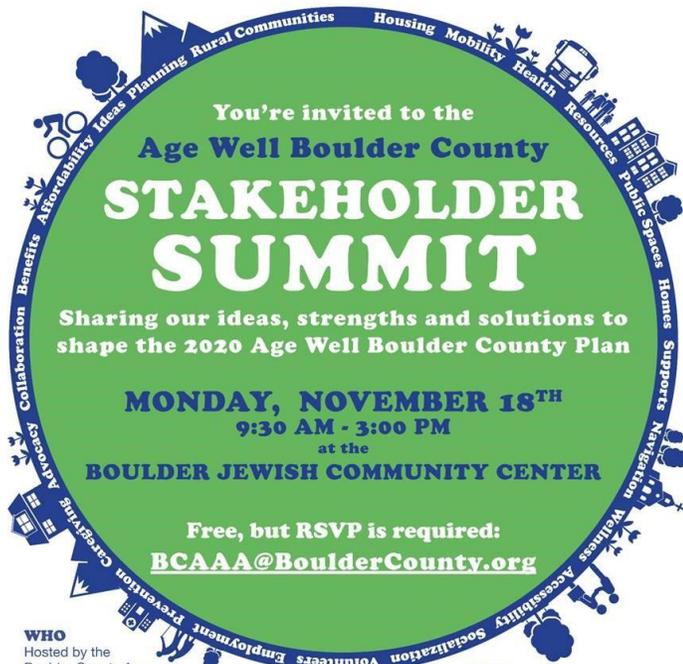
*Aging Policy Advocate & Planner*





- ▶ CASOA
- ▶ Community Conversations
- ▶ Key Informant Survey
- ▶ Past, Present, Future Report

STRATEGIC PLANNING TO DATE



**WHO**

Hosted by the Boulder County Area Agency on Aging and Boulder, Longmont, Louisville, Lafayette, Nederland and Erie Senior Services.

Facilitated by Joining Vision and Action, and open to professionals and advocates who influence the lives of older adults in our communities.

**WHY**

A unique opportunity for the people, organizations and systems that influence older adults to come together to dialogue and brainstorm ideas and solutions for our future.

**HOW**

Reserve your spot through the email above. Come for all or part of the day. Bring your perspectives, energy and ideas. Registration is free and food and beverages will be provided.

Learn more at 303-441-1583.



- ▶ Housing
- ▶ Mobility
- ▶ Community Living
- ▶ Support Services
- ▶ Health Services

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- A woman in a brown top and dark pants stands at the front of a meeting room, holding papers and addressing a group of people seated at tables. The room is filled with whiteboards and sticky notes. One prominent whiteboard on the right has the word "HOUSING" written in large red letters. Other whiteboards have labels like "Assets", "Challenges", "Relationships", "Policies", and "Resources". The audience members are engaged, with some looking at laptops and others at the presenter.
- ▶ Key Informant Interviews
  - ▶ Stakeholder Meetings
  - ▶ Writing, writing, writing!
  - ▶ Continued engagement with the AAA and municipalities
  - ▶ Presentation to BOCC
    - ▶ Approval of strategic plan
  - ▶ Implementation!

WHAT'S NEXT?



Assistance. Advocacy. Answers on Aging.



AAC members = 12  
Quorum = 12

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**BOULDER COUNTY AREA AGENCY ON AGING ADVISORY COUNCIL  
(AAC)**

MINUTES: December 6, 2019  
Longmont Senior Center  
910 Longs Peak Ave, Longmont, CO

**AAC Members Present:** Sara Beery, Judith Brush, Pamela Christensen, Stephanie Dunn, Patrick Egan, Jeff Foster, Tom Genovese, Kellie Hudson, Judy Mares-Dixon, Rebecca Paskind, Dale Porter, Carren Williams, Dave Pinkow

**Staff Present:** Guio Bravo, Ali Hasert, Lindsay Parsons, Neal Waite

**Excused:** Dena Boutwell, Patricia Feeser, Amelia Groves, Michele Hurliman, Mary Jo Manydeeds, Bill Marine, Jessica O’Leary, Dave Pinkow, Chuck Stout

**Welcome and Comments from the Chair – Dale Porter, Co-Chair:**

Dale announced the elections for the new AAC Co-Chair positions will happen in February 2020. Dale asked council members to send nominations to Lindsay now and she will announce the candidates in January 2020.

Dale restated Lindsay’s statistics on older adults who experience loneliness in Boulder County. He shared research and possible solutions from other sources. Lastly, he encouraged council members to bring loneliness back into their subcommittee discussions today.

**Public Comments and Correspondence:**

Lindsay announced applications for the AAC have opened today. She mentioned she will send applications to the council via email, so members can share within their network. She mentioned five positions will open next year and two people have already expressed interest.

**Additions to the Agenda:**

None.

**Approve October 2019 Minutes:**

Jeff Foster moved that the council accept the October 2019 meeting minutes. Rebecca Paskind seconded, and the motion passed unanimously.

### **ADRC Quarterly Update – Neal Waite:**

Neal Waite presented the 2019 Aging and Disability Resource Center's (ADRC) statistics, from January 2019 to present day. He shared ADRC's plan to address the increase in calls by hiring a staff member who is dedicated to answering the phones fulltime, Monday-Friday. The following questions and topics were presented...

Judy asked Neal if there is a time of day that has a higher volume.

Neal replied that it depends on the time of year and that calls are more frequent on Wednesdays and Thursdays.

Judith asked Neal if there are common kinds of calls.

Neal replied that some demographics are recorded during calls and he has added some data to the handout. He mentioned the state requires them to report referrals during calls.

Carren asked for clarification on the monetary definition of low-income.

Neal replied low-income is anyone making less than \$900 a month.

Guio mentioned these low-income individuals take advantage of other funding and referral programs to maintain a living in the community.

Lindsay asked Neal if they connect people to additional income sources.

Neal replied that they help people navigate next steps, outside programs, and sometimes connect them with other community agencies that may provide more hands-on assistance.

Sara asked which referral category city programs would fall under.

Neal replied that city programs typically fall under the Older Americans Act Program or Other Referrals.

Pat asked how individuals get the ADRC phone number and if this data has been tracked.

Neal mentioned the ADRC phone number is on almost every promotional material the AAA produces and that Options Counselors do track where the caller heard about ADRC. He mentioned that most people find the ADRC number from the BCAAA website.

Lindsay mentioned that the ADRC is also using the Next Door App.

Guio added that Boulder County Housing & Human Services also refers many people to ADRC.

Lindsay asked Neal how many resources exist and how much time, on average, do Options Counselors spend on the phone with each client.

Neal replied there are over 1,000 resource listings and the Options Counselors will spend an average of five to seven minutes per phone call.

Stephanie asked if there is a menu to help defer calls and if the ADRC has an email address.

Neal replied there is an email address, which is [infoADRC@bouldercounty.org](mailto:infoADRC@bouldercounty.org). He also replied that when a person calls the main phone line there is an option for English or Spanish. This is the only menu set in place right now.

Pat asked if they have frequently asked questions and if they are posted anywhere.

Neal shared they could come up with frequently asked questions and hope to add them somewhere online in the future.

Neal shared information about the Colorado Choice Transitions (CCT) program. The program has been renamed to Transition Services. He mentioned this program is a benefit through a long term care Medicaid waiver for home and community based services. He mentioned this program targets people who are long term care Medicaid eligible and reside

in a skilled nursing facility with an interest in returning to the community. He mentioned that 14 people took advantage of this transition program this year.

**Advocacy Update – Lindsay Parsons:**

Lindsay shared that the Boulder County policy analysts have presented the legislative priorities to the Boulder County Commissioners on December 3, 2019 and was approved. She mentioned the legislative and budget priorities. She shared that they reworked the AAA's main priority, which is to increase funding for the Older Coloradans Program and update it to be more age friendly. Lindsay works with the Boulder County Policy Analysts and Colorado Senior Lobbyists to keep an eye on bills during the legislative session to see how they can increase that funding.

Lindsay shared that the Older Americans Act (OOA) is supposed to be reauthorized every 4 years. She mentioned this was supposed to happen on September 30 this year, but it has been stalled.

Lindsay shared that she will be going to Washington D.C. again in 2020 with n4a to talk about 2020 policy priorities.

Lindsay announced that Senior Law Day will be on Monday, January 7, 2020. She mentioned the Colorado Senior Lobby is taking a different approach for 2020. Lindsay will send an email to AAC members with this information. She shared that she will pay for registration costs and will coordinate the visit, which includes transportation, schedule and the main message the group is presenting. She would like to bring 20 people and needs a final head count by next Friday, December 13.

**Update from Longmont Senior Center – Michele Waite:**

Michele Waite is the director of the Longmont Senior Center. Michele gave the council an update on what is going on at the Longmont Senior Center, as well as information about the local Senior Advisory Board. She shared information regarding the Meals on Wheels event happening this weekend. She announced Longmont Senior Center's new partnership with the Longs Peak Hospital. She mentioned the Longmont Senior Center has also had a partnership with Longmont United for over 20 years and will continue to have a relationship with them. In January, the Longmont Senior Center will have three fulltime resource specialists with the third position being filled in January. The third position will be mandatory bilingual. From January to September of 2019, the two resource specialists served more than 700 clients. She shared that they have recently open a new location called Lashley Street Station. The AAC will look into having a meeting at this location in 2020. Michele mentioned that the Senior Advisory Board is concerned about transportation and it will be a major topic of discussion in 2020.

Pat asked what programs or classes they have for technology.

Michele replied that the current technology program consists of one on one personal coaching for teaching individuals how to work their own devices. She shared that they offer labs twice a week at the Longmont Senior Center and Lashley Street location, and once a week at Front Range. More information can be found in the Quarterly Go Catalog.

**Strategic Planning Update – Lindsay Parsons:**

Lindsay presented a brief overview of the following things that have already happened: the CASOA, Community Conversations, the Key Informant Survey, the Past Present Future report, and the Stakeholder Summit. Lindsay presented a summary of the Age Well Stakeholder Summit, which was on November 18, 2019 at the Boulder Jewish Community Center. She provided an update on the BCAA's next steps, which are to hold key informant interviews and stakeholder meetings with parties they want to hear more from, such as first responders, police, fire departments, transportation organizations, Uber, Lyft and Via. Meetings will be going on from now through January 15, 2020. Lindsay will be writing the strategic plan over the next three months and the agency is hoping to present the plan to the commissioners' in May of 2020.

Judy asked for examples of system changes that could happen.

Lindsay presented an example for clarification.

Rebecca Paskind asked if they have the funding to implement changes.

Lindsay is looking into grant options.

Pat asked for a review on the Age Well Conference in November.

Lindsay shared a summary on the Age Well Conference and the topics which were presented. She will email AAC members a link to the videos, which are also posted on the BCAA Youtube page.

### **Subcommittee Work Time**

Lindsay requested council members to think about what organizations they want to hear from and what questions they want answered. She has also requested that each subcommittee designate a notetaker who will submit the notes after the discussion.

Lindsay will facilitate an exercise at the AAA All Staff meeting next week in hopes of identifying ways the AAA can bring the AAC into their work.

Meeting adjourned at 12:00 p.m.

Submitted by Ali Hasert

Next meeting of AAC:  
Friday, January 3, 2019  
9 a.m. – 12 p.m.  
Location: Louisville Senior Center