

LET'S EAT! BOULDER COUNTY

For more complete information,
about these and other valuable
resources, go to
www.BoulderCountyHelp.org or
please call the ADRC Information
and Assistance line: 303-441-1617.

FINANCIAL ASSISTANCE FOR FOOD

Supplemental Nutrition Assistance Program (SNAP) is a federally-funded program administered locally by the county that enables low-income households to obtain an electronic benefit transfer (EBT) card like a bank debit card which can be used in most grocery stores to purchase food.

Boulder County Department of Housing and Human Services
Phone Number: (303)-441-1000
Website:
<https://www.bouldercounty.org/families/food/food-assistance/>

EMERGENCY FOOD

Programs that provide a limited amount of food for individuals or families during times of personal crisis, or for people who have no food or cannot afford to purchase food at retail costs

County-wide

Community Food Share

(303) 652-3663
<https://communityfoodshare.org>

For a calendar of mobile pantries visit:
www.communityfoodshare.org/mobile
Please bring photo identification and proof of current address in Boulder or Broomfield County (car registration or a bill that includes your name and current address). Also, please bring reusable shopping bags.

Boulder

Emergency Family Assistance Association (EFAA)

(303) 442-3042
<https://www.efaa.org>

Boulder

Harvest of Hope

(720) 382-1971
<https://hopepantry.org>

Lafayette

Sister Carmen Community Center

(303) 665-4342
<https://sistercarmen.org/>

Longmont

OUR Center

(303) 772-5529
<https://www.ourcenter.org>

FOOD PANTRIES

Programs that acquire food products through donations, canned food drives, food bank programs or direct purchase and distribute the food to people who are in emergency situations. Some pantries deliver food to people whose disabilities or illnesses make it difficult for them to leave home.

County-wide

Community Food Share

(303) 652-3663

<https://communityfoodshare.org>

Allenspark

Community Cupboard Food Bank

(303)-747-9172

1st and 3rd Wednesdays of the month, 2-4 PM

Boulder

Emergency Family Assistance Association (EFAA)

(303) 442-3042

<https://www.efaa.org>

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Harvest of Hope

(720) 382-1971

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East Boulder County

Sister Carmen Community Center

Residents of East Boulder County residing in Lafayette, Louisville, Superior or Erie may qualify for services offered by SCCC.

(303) 665-4342

<https://sistercarmen.org/>

Longmont

OUR Center

Many services require you to set up a case plan with us. You must make an appointment with a Resource Specialist to do this. Monday through Friday 8:00 a.m. to 5:00 p.m. to make an appointment.

(303) 772-5529

<http://ourcenter.org>

Longmont

St. John the Baptist Catholic Church

(303) 678-1469

<https://johnthebaptist.org/food-bank/>

Longmont

Vinelife Church: Wellspring Food & Clothing Ministry

(303) 449-3330

Lyons

Leaf: Community Food Pantry at Lyons Community Church

<http://www.leaflyons.org>

(720) 864-4309

Wednesdays 3:30-5 PM

Nederland

Nederland Community Center

(720) 418-0892

<https://nederlandfoodpantry.org>

First and Last Thursday and every Saturday 10-2

FOOD RESCUES

Boulder Food Rescue

Boulder Food Rescue aims to create a more just and less wasteful food system. Donated food is redistributed throughout the community to those in need.

(720) 445-5273

www.boulderfoodrescue.org

Longmont Food Rescue Produce in the Park

Towards the end of each month, Longmont Food Rescue holds 'Produce in the Park' in different parks around town. This is a FREE pop-up 'Farmers Market' event where everyone is welcome to stop by and 'shop' for free! No questions asked, no forms required.

<http://longmontfoodrescue.org/produce-in-the-park/>

COMMUNITY LUNCH

Sites serve Mon-Fri unless otherwise noted.

Programs that provide hot meals on a regular basis for older adults, adults with disabilities or other targeted populations who may be at risk for nutritional deficits without assistance. Cost varies based on site, with some being donation only and some operating on a sliding scale basis. Reservations typically required 24 hours before mealtime.

Allenspark: Lunch Bunch

Thursdays 12 PM

Phone Number: (303) 747-2888

Suggested Donation.

Boulder Senior Center West: Café Classico:

Phone Number: (303) 441-3148

Sliding Scale

Lafayette (Coal Creek MOW)

Eat, Meet, 'N Greet Café

(303) 665-0566

Suggested Donation

Longmont Senior Center: Park View Café

(303) 772-0540

Sliding Scale

Our Center – Community Café

Warm, nutritious meals are created 364 days a year by our in-house cook and volunteers.

(303) 772-5527

www.ourcenter.org

Lunch 7 days a week 11:30am – 1pm.

Breakfast weekdays (except legal holidays)

8:00am – 9:00am.

Louisville Senior Center: Brooks Café

(303) 335-4931

Suggested Donation

Lyons: Lyons Bistro

(303) 441-1415

Wednesdays and Fridays 12 PM

Suggested Donation

Nederland

Mountain Peak Life: Lunch Program

(303) 258-0799

Mondays and Wednesdays 12 PM

Suggested Donation

Boulder: Heartfelt Café

Sunday 12-1

Provides a hot lunch to anyone in need of a meal. Location rotates between five churches in downtown Boulder.

1st Sunday:

St. John's Episcopal Church

1419 Pine St. (303)442-5246

2nd Sunday:

Trinity Lutheran Church

2200 Broadway, (303)442-3200

3rd Sunday:

First United Methodist Church

1421 Spruce St. (303)442-3770

4th Sunday:

First Congregational UCC

1128 Pine St. (303) 442-1787

5th Sunday:

First Presbyterian Church

16th and Walnut (Annex), Downtown

(303)402-6400

MEALS ON WHEELS

Programs that prepare and deliver regular meals to older adults and people with disabilities who are unable to shop and/or prepare the food for themselves or travel to a site where a meal is being served.

Meals on Wheels Boulder

(303) 441-3908

<https://mowboulder.org>

Sliding Scale

Coal Creek Meals on Wheels (Erie, Louisville, Superior, Lafayette)

(303) 665-0566

<https://www.coalcreekmow.org/>

Suggested Donation

Meals on Wheels of Longmont

(303) 772-0540

<http://longmontmeals.org/>

Sliding Scale

Lyons Meals on Wheels

(720)507-5480

<https://www.leaflyons.org/meals-on-wheels.html>

Sliding Scale

Nederland Area: Mountain Peak Life

(303) 258-3068

<http://www.mountainpeaklife.org/NutritionMeals.html>

Suggested Donation

GROCERY DELIVERY

Cultivate Carry-Out-Caravan

Provides reliable grocery delivery—and a friendly, familiar presence—from people in your community who love to serve.

(303) 443-1933

<https://cultivate.ngo/programs/carry-out-caravan>

Community Food Share: ElderShare Program

Elder Share provides groceries, free of charge, to low-income seniors in Boulder and Broomfield Counties twice per month. Every senior receives fresh produce, cheese, and a variety of pantry items. Some of the food provided through Elder Share comes from the Commodity Supplemental Food Program (CSFP), a government program that supports seniors nationally.

(303) 652-3663

<https://communityfoodshare.org/>

King Soopers

Pick up available where your groceries are brought to your car at no charge. Grocery delivery available for \$9.95.

(1-800-576-4377)

<https://www.kingsoopers.com/i/ways-to-shop>

Safeway

Grocery Delivery available for \$9.99

(877) 505-4040

<https://www.safeway.com/shop>

Alfalfas

Offers personal shopper, delivery services, and in-store pickup.

Personal shopping fee of \$7 - all orders.

Delivery fee of \$8 applies to all deliveries within a 10 mile radius. \$50 minimum order

303.335.4200 (Louisville)

720.420.8400 (Boulder)

Whole Foods

Grocery delivery available via Prime now., amazonprime membership is required. Delivery is free for orders \$35 and over, otherwise is 4.99.

1-844-936-8255

www.Amazon.com/WholeFoods

Community Supported Agriculture (CSA)

A CSA is a way for consumers to support local farms while getting a variety of locally grown produce throughout the growing season.

Vegetable shares are the most common type, but shares including fruits, eggs, and other farm products are also available.

The websites below can help you find a local CSA that may fit your needs.

<https://www.localharvest.org/csa/>

<https://farmshares.info/csas/pickupCity/>

Farmer's Markets

Farmer's Markets allow you to purchase produce and a variety of other goods straight from the producer. SNAP is accepted at all the Farmer's Markets listed below and a program called Double Up Food Bucks, sponsored by Livewell Colorado, allows you to double your SNAP dollars when shopping at the Farmer's Markets.

Boulder 13th Street between Canyon and Arapahoe
Saturday 8-2 April 4-Nov 21
Wednesday 4-8 May 6-Oct 7
<https://bcfm.org/>

Longmont At the Fairgrounds, 9595 Nelson Road
Saturday 8-1

Lafayette 400 E. Simpson Street
Thursday 4-8 June 4-Sep 24

Louisville 824 Front Street
Saturday 9-1 May 23-Oct 10
<http://www.realfarmersmarketco.com/>

Erie Briggs Street between Wells and Moffatt
Thursday 5-8 May 21-Sep 10

Nederland 85 E. First Street
Sundays 2nd and 4th weeks of the month
10-2 May 10- Oct 4
<https://www.nederlandfarmersmarket.org/>