LET’S EAT!
BOULDER COUNTY

For more complete information, about these and other valuable resources, go to www.BoulderCountyHelp.org or please call the ADRC Information and Assistance line: 303-441-1617.

FINANCIAL ASSISTANCE FOR FOOD

Supplemental Nutrition Assistance Program (SNAP) is a federally-funded program administered locally by the county that enables low-income households to obtain an electronic benefit transfer (EBT) card like a bank debit card which can be used in most grocery stores to purchase food.

Boulder County Department of Housing and Human Services
Phone Number: (303)-441-1000
Website: https://www.bouldercounty.org/families/food/food-assistance/

EMERGENCY FOOD

Programs that provide a limited amount of food for individuals or families during times of personal crisis, or for people who have no food or cannot afford to purchase food at retail costs

County-wide

Community Food Share
(303) 652-3663
https://communityfoodshare.org

For a calendar of mobile pantries visit: www.communityfoodshare.org/mobile

Please bring photo identification and proof of current address in Boulder or Broomfield County (car registration or a bill that includes your name and current address). Also, please bring reusable shopping bags.

Boulder
Emergency Family Assistance Association (EFAA)
(303) 442-3042
https://www.efaa.org

Boulder
Harvest of Hope
(720) 382-1971
https://hopepantry.org

Lafayette
Sister Carmen Community Center
(303) 665-4342
https://sistercarmen.org/

Longmont
OUR Center
(303) 772-5529
https://www.ourcenter.org
FOOD PANTRIES

Programs that acquire food products through donations, canned food drives, food bank programs or direct purchase and distribute the food to people who are in emergency situations. Some pantries deliver food to people whose disabilities or illnesses make it difficult for them to leave home.

**County-wide**
**Community Food Share**
(303) 652-3663
https://communityfoodshare.org

**Allenspark**
**Community Cupboard Food Bank**
(303) 747-9172
1st and 3rd Wednesdays of the month, 2-4 PM

**Boulder**
**Emergency Family Assistance Association (EFAA)**
(303) 442-3042
https://www.efaa.org

**Boulder**
**Harvest of Hope**
(720) 382-1971
https://hopepantry.org

**East Boulder County**
**Sister Carmen Community Center**
Residents of East Boulder County residing in Lafayette, Louisville, Superior or Erie may qualify for services offered by SCCC.
(303) 665-4342
https://sistercarmen.org/

**Longmont**
**St. John the Baptist Catholic Church**
(303) 678-1469
https://johnthebaptist.org/food-bank/

**Longmont**
**Vinelife Church: Wellspring Food & Clothing Ministry**
(303) 449-3330

**Lyons**
**Leaf: Community Food Pantry at Lyons Community Church**
http://www.leaflyons.org
(720) 864-4309
Wednesdays 3:30-5 PM

**Nederland**
**Nederland Community Center**
(720) 418-0892
https://nederlandfoodpantry.org
First and Last Thursday and every Saturday 10-2

FOOD RESCUES

**Boulder Food Rescue**
Boulder Food Rescue aims to create a more just and less wasteful food system. Donated food is redistributed throughout the community to those in need.
(720) 445-5273
www.boulderfoodrescue.org

**Longmont Food Rescue Produce in the Park**
Towards the end of each month, Longmont Food Rescue holds ‘Produce in the Park’ in different parks around town. This is a FREE pop-up ‘Farmers Market’ event where everyone is welcome to stop by and ‘shop’ for free! No questions asked, no forms required.
http://longmontfoodrescue.org/produce-in-the-park/
COMMUNITY LUNCH
Sites serve Mon-Fri unless otherwise noted.

Programs that provide hot meals on a regular basis for older adults, adults with disabilities or other targeted populations who may be at risk for nutritional deficits without assistance. Cost varies based on site, with some being donation only and some operating on a sliding scale basis. Reservations typically required 24 hours before mealtime.

Allenspark: Lunch Bunch
Thursdays 12 PM
Phone Number: (303) 747-2888
Suggested Donation.

Boulder Senior Center West: Café Classico:
Phone Number: (303) 441-3148
Sliding Scale

Lafayette (Coal Creek MOW)
Eat, Meet, 'N Greet Café
(303) 665-0566
Suggested Donation

Longmont Senior Center: Park View Café
(303) 772-0540
Sliding Scale

Our Center – Community Café
Warm, nutritious meals are created 364 days a year by our in-house cook and volunteers.
(303) 772-5527
www.ourcenter.org
Lunch 7 days a week 11:30am – 1pm.
Breakfast weekdays (except legal holidays) 8:00am – 9:00am.

Louisville Senior Center: Brooks Café
(303) 335-4931
Suggested Donation

Lyons: Lyons Bistro
(303) 441-1415
Wednesdays and Fridays 12 PM
Suggested Donation

Nederland
Mountain Peak Life: Lunch Program
(303) 258-0799
Mondays and Wednesdays 12 PM
Suggested Donation

Boulder: Heartfelt Café
Sunday 12-1
Provides a hot lunch to anyone in need of a meal. Location rotates between five churches in downtown Boulder.
1st Sunday:
St. John's Episcopal Church
1419 Pine St.  (303)442-5246

2nd Sunday:
Trinity Lutheran Church
2200 Broadway, (303)442-3200

3rd Sunday:
First United Methodist Church
1421 Spruce St.   (303)442-3770

4th Sunday:
First Congregational UCC
1128 Pine St. (303) 442-1787

5th Sunday:
First Presbyterian Church
16th and Walnut (Annex), Downtown
(303)402-6400
MEALS ON WHEELS

Programs that prepare and deliver regular meals to older adults and people with disabilities who are unable to shop and/or prepare the food for themselves or travel to a site where a meal is being served.

Meals on Wheels Boulder
(303) 441-3908
https://mowboulder.org
Sliding Scale

Coal Creek Meals on Wheels (Erie, Louisville, Superior, Lafayette)
(303) 665-0566
https://www.coalcreekmow.org/
Suggested Donation

Meals on Wheels of Longmont
(303) 772-0540
http://longmontmeals.org/
Sliding Scale

Lyons Meals on Wheels
(720) 507-5480
https://www.leaflyons.org/meals-on-wheels.html
Sliding Scale

Nederland Area: Mountain Peak Life
(303) 258-3068
http://www.mountainpeaklife.org/NutritionMeals.html
Suggested Donation
**GROCERY DELIVERY**

**Cultivate Carry-Out-Caravan**
Provides reliable grocery delivery—and a friendly, familiar presence—from people in your community who love to serve.
(303) 443-1933
https://cultivate.ngo/programs/carry-out-caravan

**Community Food Share: ElderShare Program**
Elder Share provides groceries, free of charge, to low-income seniors in Boulder and Broomfield Counties twice per month. Every senior receives fresh produce, cheese, and a variety of pantry items. Some of the food provided through Elder Share comes from the Commodity Supplemental Food Program (CSFP), a government program that supports seniors nationally.
(303) 652-3663
https://communityfoodshare.org/

**King Soopers**
Pick up available where your groceries are brought to your car at no charge. Grocery delivery available for $9.95.
(1-800-576-4377)
https://www.kingsoopers.com/i/ways-to-shop

**Safeway**
Grocery Delivery available for $9.99
(877) 505-4040
https://www.safeway.com/shop

**Alfalfas**
Offers personal shopper, delivery services, and in-store pickup. Personal shopping fee of $7 - all orders. Delivery fee of $8 applies to all deliveries within a 10 mile radius. $50 minimum order
303.335.4200 (Louisville)
720.420.8400 (Boulder)

**Whole Foods**
Grocery delivery available via Prime now., amazonprime membership is required. Delivery is free for orders $35 and over, otherwise is 4.99.
1-844-936-8255
www.Amazon.com/WholeFoods

**Community Supported Agriculture (CSA)**
A CSA is a way for consumers to support local farms while getting a variety of locally grown produce throughout the growing season. Vegetable shares are the most common type, but shares including fruits, eggs, and other farm products are also available. The websites below can help you find a local CSA that may fit your needs.
https://www.localharvest.org/csa/
https://farmshares.info/csas/pickupCity/
Farmer's Markets
Farmer’s Markets allow you to purchase produce and a variety of other goods straight from the producer. SNAP is accepted at all the Farmer’s Markets listed below and a program called Double Up Food Bucks, sponsored by Livewell Colorado, allows you to double your SNAP dollars when shopping at the Farmer’s Markets.

**Boulder** 13th Street between Canyon and Arapahoe
Saturday 8-2 April 4-Nov 21
Wednesday 4-8 May 6-Oct 7
[https://bcfm.org/](https://bcfm.org/)

**Longmont** At the Fairgrounds, 9595 Nelson Road
Saturday 8-1

**Lafayette** 400 E. Simpson Street
Thursday 4-8 June 4-Sep 24

**Louisville** 824 Front Street
Saturday 9-1 May 23-Oct 10

**Erie** Briggs Street between Wells and Moffatt
Thursday 5-8 May 21-Sep 10

**Nederland** 85 E. First Street
Sundays 2nd and 4th weeks of the month
10-2 May 10- Oct 4
[https://www.nederlandfarmersmarket.org/](https://www.nederlandfarmersmarket.org/)