HOW TO HAVE A RESTORATIVE CONVERSATION

1. OPEN THE LINES OF COMMUNICATION.
   - Choose a good time and a comfortable place free of distractions.
   - Obtain agreement about having a conversation – not about blaming, punishing, or judging.

2. ALLOW EVERYONE TO EXPLAIN THE SITUATION FROM THEIR PERSPECTIVE.
   - What happened? What was going on for you at the time? What thoughts/feelings were you having?
   - It sounds like you felt ___________. Is that right?
   - What choices did you make that led up to this happening?
   - What role do you think you played in this situation? What part was your responsibility?
   - If you could go back and do something differently, what would you do?

3. IDENTIFY THE IMPACT.
   - What have you been thinking about since this happened? How have you been feeling since?
   - How did this affect you?
   - Who else do you think has been affected/upset/ hurt by your actions? In what way?
   - When I heard/saw ___________, I felt ___________ because I ___________.
   - When you look back, how do you feel about the situation now?

4. ADDRESS NEEDS AND REPAIR HARM.
   - What can you do to help make things better/fix this/make things right?
   - If you were ___________, what do you think you would need?
   - What do you need to help you do that?
   - What end result would you like to see?
   - What could you do to make sure this doesn't happen again?
   - How could you have approached the situation differently? What would you do differently in the future?

5. CREATE A VERBAL OR WRITTEN AGREEMENT.
   - Based on our conversation, I heard that you will ___________. I will also ___________.
   - Does that seem like something you can agree on?
   - Let’s check in again in ___________ to see how everything is going.

-Adapted from Chicago Public Schools Restorative Guide and Toolkit, [www.cps.edu](http://www.cps.edu)
Write or draw your answers to the questions below:

<table>
<thead>
<tr>
<th>1. What happened?</th>
<th>2. Who was affected? How did they feel?</th>
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<tr>
<th>3. What could I have done differently?</th>
<th>4. What can I do to make things right?</th>
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