SAFER AT HOME Checklist for Limited Healthcare Settings

This checklist is intended to help businesses comply with the Colorado Safer at Home Order and other applicable orders.

- Compliance with all public health orders is mandatory.
- Use of this checklist is voluntary.
- Completion of this checklist does not assure compliance but may be asked for as supporting documentation in cases of compliance investigations.
- Businesses are encouraged to share the completed version of this checklist with employees and post it for the public.


This checklist is for the services of the following, provided they are being offered in a healthcare setting and capacity (not for personal services):

- Acupuncture (not related to personal services)
- Athletic training (not related to personal services)
- Audiology services
- Services by hearing aid providers
- Chiropractic care
- Massage therapy (not related to personal services)
- Naturopathic care
- Occupational therapy services
- Optometry services
- Podiatry services
- Physical therapy
- Speech language pathology services

This checklist is not for: Medical, dental, and veterinary services.

Resources for administrative functions related to these services are included in the Office-Based Business checklist.
Colorado Safer at Home Guidance for Limited Healthcare Settings

Workplace Requirements
- Employ strict hygiene guidelines and sanitization procedures for all contact surfaces and tools
- Ensure a minimum of 6 feet of separation between clients/customers when not directly performing service
- Post signage for employees and customers on good hygiene and safety measures being taken. See additional resources.
- Sanitize all financial transaction equipment after each use. See additional Guidance.
- Minimize in-home services with remote alternatives where possible (e.g. drive-by, telehealth)

Employee Requirements
- Conduct symptom and temperature checks and refer symptomatic employees or families to the CDPHE Symptom Tracker. See additional guidance.
- Wear medical grade mask and gloves
- Change gloves between customers and wash hands
- Clean and sanitize work space between each appointment

Patient Protection Requirements
- Continue to conduct telehealth appointments whenever possible
- Provide service by appointment only (no walk-ins or waiting)
- Require patients to wear face coverings or masks
- Conduct symptoms check for customers of high contact services before they enter for their appointment and do not serve symptomatic clients
- Provide contactless payment options whenever possible
- Provide virtual waiting rooms - patients wait in their vehicle until their appointment begins

Additional Resources and Guidelines
- Tips for Home Health and Personal Care Providers
- Tips for People Who Use Personal Care Assistants or Caregivers
- Guidance for Community Health Centers
- OSHA guidance for PPE
General Business Requirements

Workplace Requirements
- Deputize workplace coordinator(s) charged with addressing COVID-19 issues
- Maintain 6-foot distancing when possible, and discourage shared spaces
- Frequently sanitize all high-touch areas. See additional guidance.
- Post signage for employees and customers on good hygiene. See additional resources.
- Ensure proper ventilation. See OSHA guidance.  
  - Higher than normal ventilation levels are encouraged
- Avoid gatherings (meetings, waiting rooms, etc.) of more than 10 people
- Implement symptom monitoring protocols (including workplace temperature monitoring and symptom screening questions) where possible. See additional guidance.
- Eliminate or regularly sanitize any items in common spaces (i.e., break rooms) that are shared between individuals (i.e., condiments, coffee makers, vending machines). See additional guidance.
- Provide appropriate protective gear like gloves, masks, and face coverings and encourage appropriate use. See additional guidance.

Employee Requirements
- Require employees showing any symptoms or signs of sickness, or who have been in contact with known positive cases to stay home. Connect employees to company or state benefits providers
- Provide flexible or remote scheduling for employees who need to continue to observe Stay-at-Home, who may have child or elder care obligations, or who live with a person who still needs to observe Stay-at-Home due to underlying condition, age, or other factors
- Encourage and enable remote work whenever possible
- Minimize all in-person meetings
- Provide hand washing facilities/stations and hand sanitizer
- Encourage breaks to wash hands or use hand sanitizer
- Phase shifts and breaks to reduce employee density
- Wear appropriate protective gear like gloves, masks, and face coverings and encourage appropriate use. See additional guidance.
- Additional guidance to keep employees & customers safe

Customer Requirements
- Create special hours for people at higher risk of severe illness from COVID-19
- Encourage and facilitate 6-foot distancing inside of the business for all patrons
- Encourage use of protection like gloves, masks, and face coverings
- Provide hand sanitizer at entrance
- Install shields or barriers where possible between customers and employees
- Use contactless payment solutions, no touch trash cans, etc. whenever possible
- Additional guidance to keep employees and customers safe

Additional Resources and Guidelines
- CDC Printable Signage Resources
- CDC Signage on How to Remove Gloves
- Commuting Solutions Telework Resource