



## SAFER AT HOME Guidance

### Children's Day Camps and Youth Sports Camps

May 31, 2020

This guidance is intended for:

- Licensed day camps also known as mobile and outdoor based school aged child care programs (One overnight is allowed for licensed school age child care programs)
- Single skill-building camps that are exempt from child care licensing

This guidance is not intended for:

- Residential and other overnight youth camps
- Licensed [building-based](#) school age child care (refer to licensed childcare facilities guidance)
- [Licensed childcare facilities](#)
- [K-12 school district operations](#)
- Sports leagues
- School athletics and extracurricular activities
- Personal training
- [Higher education](#)

### For Camp Operators Prior to Camp

#### State Requirements

- Establish a plan that includes:
  - Capacity and registration of campers that accommodates required physical distancing (6 feet) and maximum group size (25 and fewer outdoors, 10 or fewer indoors per room with four walls and a door). Physical distancing and group-size requirements apply to all camp activities, including transportation, eating, and recreational activities.
  - Established groups of campers up to 25 outdoors and 10 indoors per room must not mix with other groups during any part of the day.
  - The availability of substitute staff if staff or volunteers become ill or are exposed.
  - The establishment of protocols for responding and reporting cases to health care staff, local public health authorities, and CDPHE.
- Ensure space is available to isolate ill staff and campers (cots, bedding, restrooms, and supervision).
- Provide adequate personal protective equipment (PPE) for staff who supervise and care for ill campers, staff, and volunteers.
- Ensure the on-call availability of a nurse or health care professional.
- Ensure access to public restrooms, drinkable water sources, and picnic or other eating areas during activities at outdoor locations.
- Train camp staff on current executive and public health orders in Colorado.
- Train camp health care staff on prevention, transmission, and care of COVID-19 illness.
- Prepare for closures following a case or outbreak of COVID-19.
- Require masks and physical distancing during transportation to and from the camp.
- Ensure sufficient handwashing/hand sanitizing locations and supplies are available.
- Ensure adequate cleaning and disinfecting supplies.
- Camps designated for children with special health care needs are strongly advised not to operate.



## Boulder County Guidance

Avoid any activity that could cause participants to be within 6 feet of each other and make a plan that would reduce contact such as:

- Filling water bottles at a water filling station, picking up individual equipment, drop-off or pick-up areas, athletic drills that have the potential for physical contact, games that could have physical contact, waiting in line for a bathroom or activity etc.
  - *Students should remain in their same cohort for lunch, transportation, and other activities*
  - *Required hygiene practices must be maintained during the activity/operation*
    - Hand washing and hand sanitizer use throughout the day by participants and staff.
    - Clean and disinfect equipment and frequently touched surfaces.
    - Equipment should not be shared among participants. Plan to avoid sharing equipment such as art supplies, craft materials, balls, bats, frisbees, ropes, paddles etc.
    - Equipment should be disinfected as often as is practical and between users.

### Transportation

- At least 6 feet distance must be kept between participants during transport, and all participants and staff must wear masks during transport.
- Close off the first two rows of seats closest to the bus driver.
- Children from the same home may share a seat on the bus.
- Clean and disinfect inside vehicle and commonly touched surfaces. See [additional guidance](#).
- Use an [EPA-approved disinfectant](#).
  - Identify an isolation room or area to separate anyone who exhibits COVID-like symptoms. Camp nurses and other healthcare providers should use [Standard and Transmission-Based Precautions](#) when caring for sick people. See: [What Healthcare Personnel Should Know About Caring for Patients with Confirmed or Possible COVID-19 Infection](#).
  - Identify a separate space for those with injuries/illnesses or daily routine health services, such as medication administration, with "non-COVID-19-like" symptoms.
  - Check local regulations to make sure public restrooms are available at your planned site. Create schedules and systems to reduce simultaneous and multiple users in restrooms and ensure handwashing.
  - Encourage campers to bring a full water bottle each day to minimize refills from a no-touch water filling station. Consider having individually-packaged bottle water and a process for disinfecting any faucets or touched surfaces regularly and between uses.
  - Ensure that eating areas can accommodate 6 feet of social distancing and consider marking eating areas for each child by using a towel, cones, or tape.
  - Require use of [masks](#) when in the camp and around other staff, parents, and children.
  - If the indoor space is large enough to allow for social distancing (6 feet between each camper and minimum of 36 square feet per camper), more than one stable group may be in an indoor space at the same time as long as there is adequate space between groups and safe egress is not compromised.



## For Camp Operators while Camp is in Session

### State Guidance

Outdoor camps may be held with up to 25 campers in a group. Indoor camps remain at 10 campers per room defined as four walls and a door. Cohorts must remain with their group and not mix with other groups during structured time or free time.

- Stagger activities as much as possible to avoid any mixing of groups.
- Stagger drop-off and pickup times to avoid large groups and allow for screening.
- Require staff and campers with suspected exposures, such as ill household contacts, to be sent home with a recommendation to get tested immediately ([Testing for COVID-19](#)) and adhere to requirements for isolation and exclusion. ([How to Isolate](#))
- Stagger meal times and prohibit self-serve foods, including buffet and family-style meal service.
- Provide guidance and signs to maintain required physical distancing, respiratory etiquette, and hygiene.
- Post signs or mark spaces to ensure 6-foot minimum distancing.
- Post relevant information from federal, state, and local health agencies about behaviors that mitigate the spread of disease.
- Ensure sufficient cleaning and disinfecting of commonly touched surfaces, equipment, and vehicles throughout the camp, especially in areas used for the temporary isolation or quarantine of ill or exposed staff, volunteers, and campers.
- Whenever possible, limit activities that are not conducive to the required 6 feet of physical distancing or that could pose a safety hazard when campers and staff are physical distancing.
- Single-night overnight excursions are permitted as long as campers and staff remain strictly cohorted.

### Boulder County Guidance

- Provide guidance on correct and frequent hand washing. See [additional guidance](#).
- Eliminate activities, games, or actions that involve close contact or physical touching between participants or staff.
- Implement curbside or staggered drop-off to avoid parents or participants coming within 6 feet of each other.

## For Employees

### State Requirements

- Screen staff and volunteers for symptoms and close-contact exposures upon arrival to camp to ensure they are symptom-free before they are cleared to work. See [additional guidance](#). Encourage sick employees to use the [CDPHE Symptom Tracker](#).
- Consider testing and temperature checks for staff and volunteers who show symptoms. See [additional guidance](#).
- Send staff and volunteers with symptoms consistent with COVID-19 or other communicable illnesses home, and recommend testing.
- Require staff or volunteers sent home to adhere to [isolation](#) and exclusion requirements.
- Establish protocols for staff and volunteers to alert health care staff of symptoms in themselves or campers.
- Determine if any staff or volunteers are at a higher risk for COVID-19 and consider whether job duties that don't involve interaction with others are advisable.
- Staff and volunteers should remain with the same group of campers and maintain physical distancing of at least 6 feet whenever possible, including during meals and recreation.



- Require handwashing upon arrival, before eating, and at regular intervals throughout the day.
- Require masks or face coverings whenever possible.

**If there is a confirmed case of covid-19 among campers or camp staff:**

- The camp must notify and cooperate with Boulder County Public Health by emailing [HealthECEcovid@bouldercounty.org](mailto:HealthECEcovid@bouldercounty.org) about next steps.
- Review [outbreak guidance for non-healthcare facilities](#).

**Boulder County Guidance**

- Staff and volunteers should remain with the same group of campers (up to 10 for indoor camps with 36 square feet for each person or up to 25 for outdoor camps) and maintain physical distancing of at least 6 feet, including during meals and recreation.
- Staff should wear [masks](#) when in the program and around other staff, parents and children.
- Review [Protecting Staff and Children During the COVID-19 Pandemic](#)

**For Campers**

**State Requirements**

- Screen campers for symptoms and close-contact exposures at drop off, pick up, to ensure they are symptom-free before they are deemed able to attend.
- Consider testing and conducting temperature checks for campers who show symptoms. See [additional guidance](#).
- Send home campers with symptoms consistent with COVID-19 or other communicable illnesses with a recommendation to get tested immediately ([Testing for COVID-19](#)) and adhere to isolation and exclusion requirements. ([How to Isolate](#)) Provide frequent communication with all families of enrolled campers related to the occurrences of COVID-19 at the camp, the camp’s responses, and all issues in the public health order.
- Educate campers about COVID-19 and the related protocols and address their concern and questions.
- Establish protocols for campers to self-report symptoms to staff, volunteers or health care staff.
- Campers, to the extent possible, should be kept in stable groups of 25 and fewer outdoors (but must stay at 10 and fewer indoors per room) with the same staff and counselors and maintain physical distancing of at least 6 feet during eating and recreation.
- Require handwashing upon arrival, before eating, and at regular intervals throughout the day.
- Require masks or face coverings whenever possible.

**Boulder County Guidance**

- Campers over age 3 are recommended to wear [face coverings](#) throughout the day, campers over 12 are required to wear face coverings throughout the day.
- See [Protecting Staff and Children During the COVID-19 Pandemic](#).

**Playgrounds**

Pursuant to Colorado Public Health Order, all playgrounds and playground equipment is closed to the public. Playgrounds and playground equipment that are part of a licensed Children’s Day Camp or Youth Sports Camp may only be used by campers/children in the facility during operational hours. The general public is not allowed to use the playgrounds and playground when the camp is closed. Camp staff must supervise playgrounds/playground equipment in Children’s Day Camps and Youth Sports camps limiting the number of children and assuring that social distancing and hand washing is taking place before and after use.



*Resources*

- COVID-19 Guidance for [Children's Day Camps and Youth Sports Camps](#)
- Additional Boulder County [COVID-19 resources for child care](#)

