STAY HOME
WHEN YOU ARE SICK

COVID-19 SYMPTOMS? GET TESTED.
People who have COVID-19 symptoms should get tested right away and stay home except to get medical care.

PEOPLE WITH THESE SYMPTOMS MAY HAVE COVID-19

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

ISOLATION
Isolation is for sick people and people who test positive for COVID-19. It means staying away from others until:

- No fever for 24 hours (without medicine that lowers fevers)
- At least 10 days have passed since symptoms started or you tested positive
- Other symptoms are getting better

10 DAYS

QUARANTINE
Quarantine is for people who have been around someone who has symptoms or has tested positive for COVID-19. It means staying away from others for 14 days. If you get the virus, quarantine keeps you from spreading it to others. During quarantine, if you get sick or have a positive COVID-19 test, you should isolate.