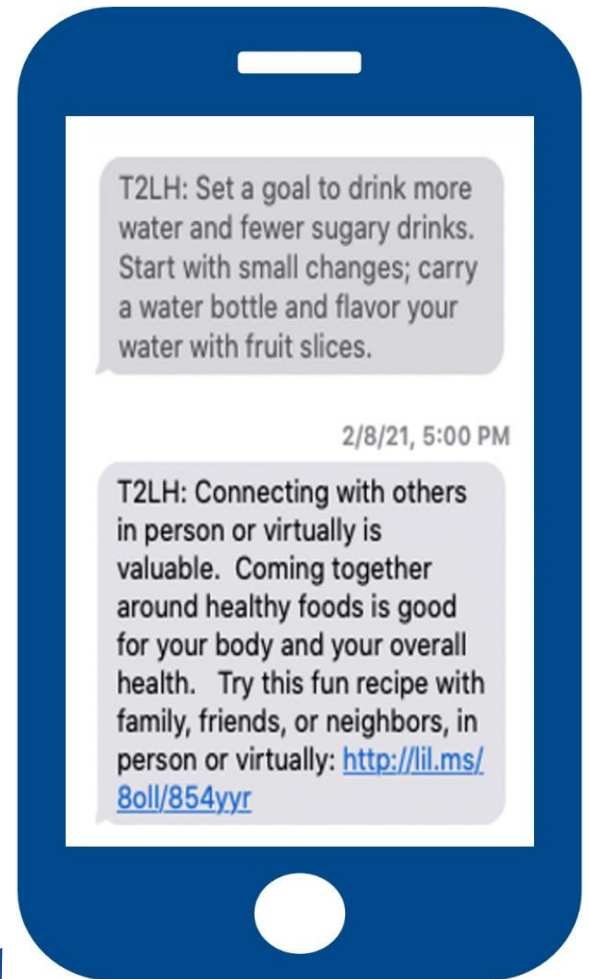


Text2LiveHealthy®

Fun tips to keep you active and healthy



COLORADO
Office of Adult, Aging &
Disability Services
Division of Aging & Adult Services



Join the FREE Text2LiveHealthy (T2LH) Program!

Are you looking for
easy low-cost ideas
to eat healthy?

Get connected with
local community
wellness events

Looking for new ideas
to stay active &
independent?

Text **FRUIT** to **21333**



Or scan **this code** with your
phone's camera and fill out the
T2LH form to register

You can also register by visiting: <http://redcap.link/T2LH> InGoodHealth
303-441-4583 InfoHealthyAging@bouldercounty.org

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